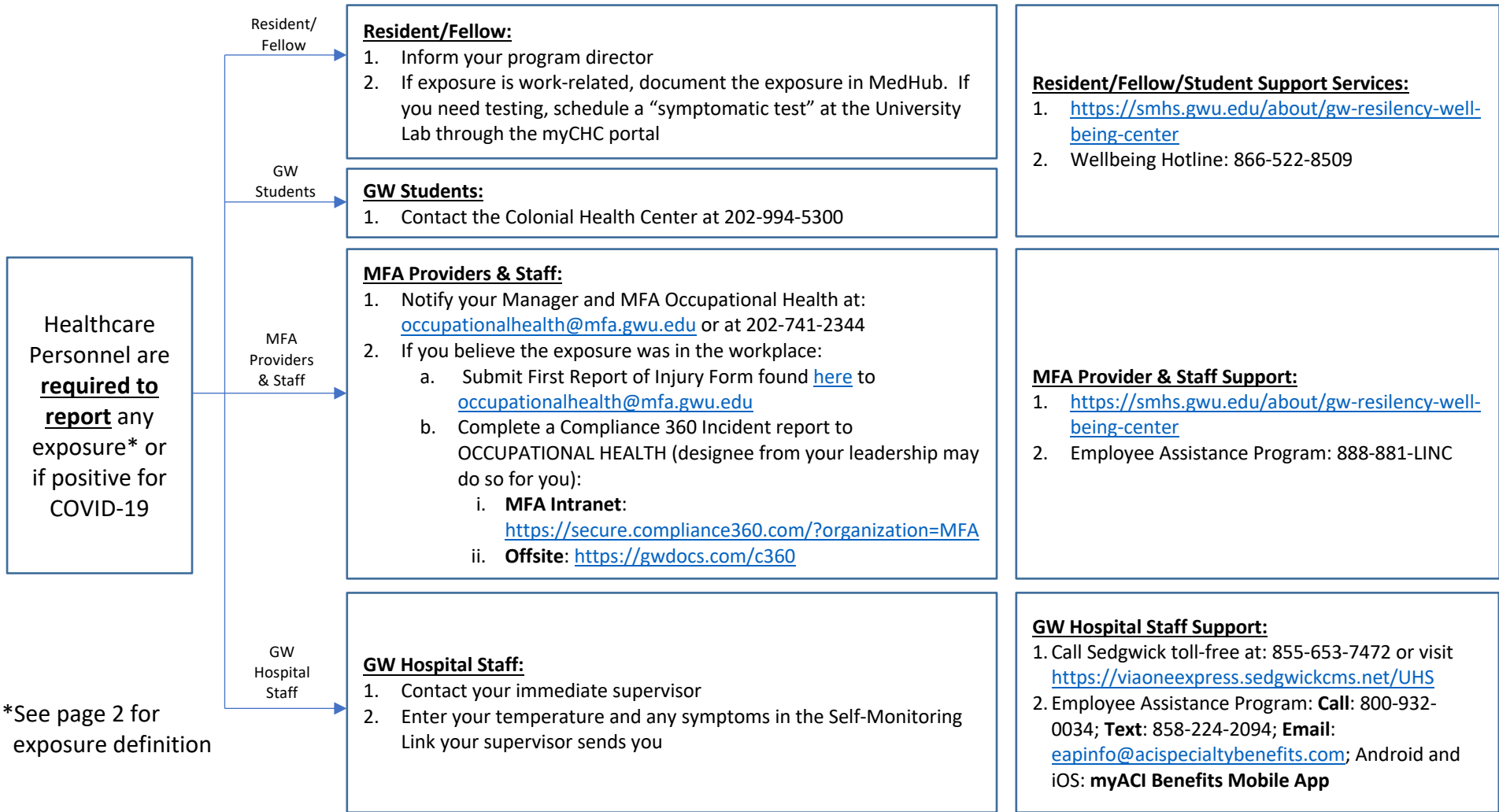


Healthcare Personnel COVID-19 Exposure or Positive Notification



Note: Contractors should immediately contact their employer, as well as notify their GW contact and provide ongoing information on response to exposure.

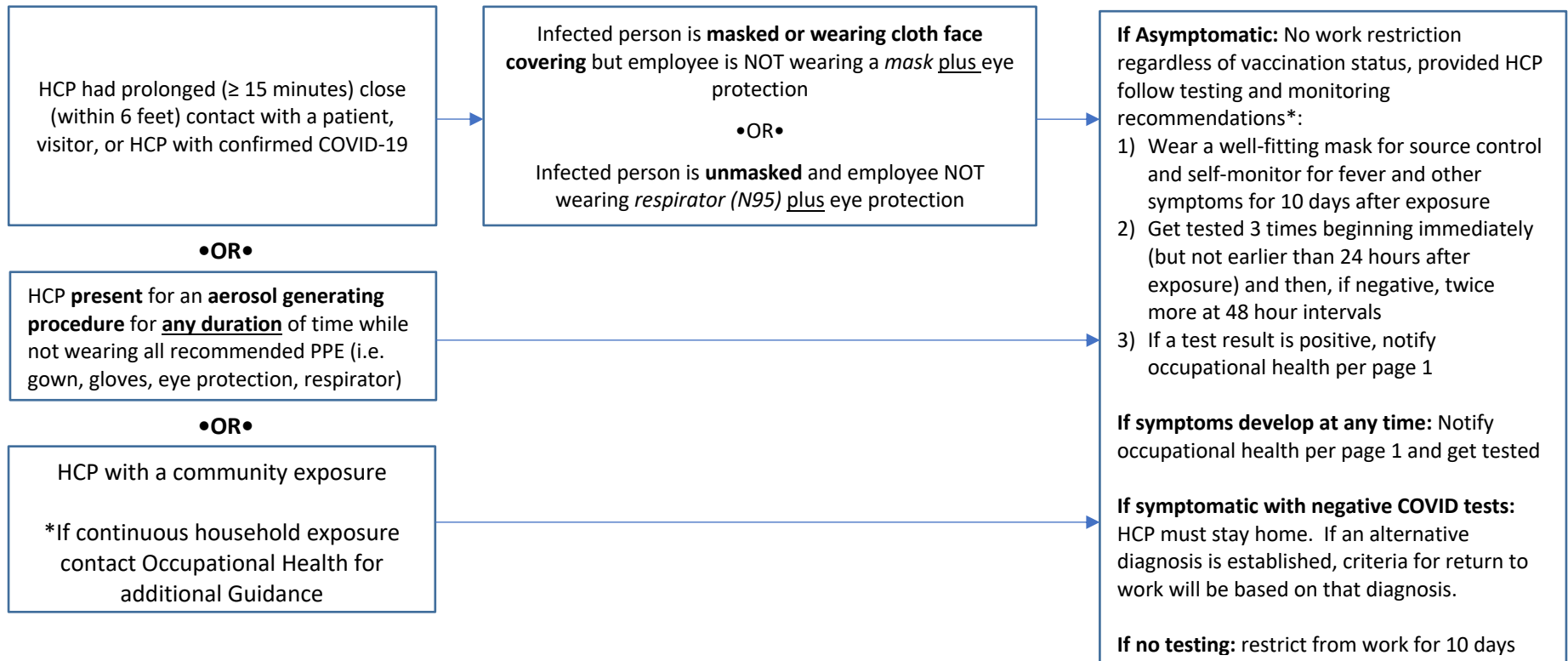
For questions or advice, contact your Occupational or Employee Health, or send a TigerConnect message to “MFA COVID-19 Consult”

Healthcare Personnel COVID-19 Exposure Protocol

GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document: https://coronavirus.dc.gov/sites/default/files/dc/sites/coronavirus/page_content/attachments/COVID-19_DC_Health_HCP_RTW_11.4.22.pdf

HCP working Maryland or Virginia should follow local regulations and consult with their organization (see page 1)

Definition of Exposure:



Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the hospital for hospital employees (for work related exposures).

HCP = Healthcare Personnel

Facemask = Medical facemask worn at all times to include break-times with co-workers. We recommend taking breaks outside or staggering eating for safety

Respirator = N95 maks, PAPR, or equivalent

Eye Protection = HCP must wear eye protection (i.e. goggles or face shield) when (1) close proximity to patient's head/neck region for >5 minutes is expected, (2) exposure to secretions or aerosolization is expected, or (3) patient is COVID-19+ or under investigation (including performing COVID-19 testing).

Self-monitoring = Checking temperature twice daily, monitoring for respiratory symptoms (e.g. cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking

Healthcare Personnel COVID-19 Exposure Protocol

- 1) Contact your healthcare provider for management of COVID-19 illness
- 2) Follow CDC self-quarantine guidance, with your specific instructions coming from your employer's Occupational or Employee Health:
 - Stay home except to get medical care & notify doctor in advance that you have COVID-19
 - Separate from other people and pets in the home
 - Wear a facemask & cover coughs and sneezes
 - Clean commonly touched surfaces
 - Seek medical attention right away if illness worsens (SOB)
 - Do not return to work until you receive clearance from your employer's occupational or Employee Health

When cleared for return to work

- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek re-evaluation for any new or worsening symptoms

If NOT moderately to severely immunocompromised:

Healthcare personnel are excluded from work and need to isolate until:

HCP with mild to moderate illness or if asymptomatic:

At least 10 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g. cough, shortness of breath) have IMPROVED.

OR

At least 7 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms have MOSTLY RESOLVED and COVID antigen test is negative within 24 hours of ending isolation

HCP with severe to critical illness:

At least 10 days and up to 20 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g. cough, shortness of breath) ARE IMPROVING. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer's Occupational or Employee Health.

If moderately to severely immunocompromised with or without symptoms:

Healthcare personnel are excluded from work and need to isolate until:

At least 10 days have passed since symptoms first appeared OR since the date of the specimen collection of the first positive SARS-CoV-2 RNA test, **AND** resolution of fever without the use of fever-reducing medications **AND** symptoms (e.g. cough, shortness of breath) have IMPROVED **AND** results of two consecutive COVID antigen tests collected at least 24 hours apart are negative. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer's Occupational or Employee Health.