# "Who is to blame when students kill themselves on campus?" The Debate of Institutional Liability in Campus Suicides

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#### Outline

- Campus suicide numbers
- Cases that brought forth the question of institutional liability in suicide
  - ▶ Tort law and the debate
- Changes to college mental health delivery after those cases
- Ongoing issues
- Role of psychiatrists
- Proposals to fix the campus mental health systems

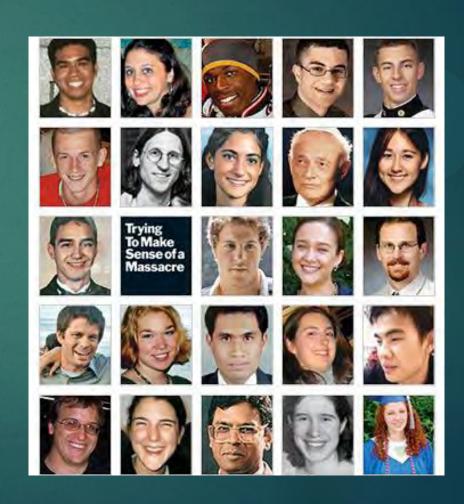
#### April 16, 2007

- ▶ 32 people shot and killed on a college campus
- ▶ 17 others were wounded
- There were two separate attacks two hours apart
- ► The killer committed suicide shortly after
- Deadliest school shooting by a single gunman in US history

#### Virginia Tech Massacre

- ▶ Seung-Hui Cho long mental health history, warning signs
- First high-profile case





#### Statistics

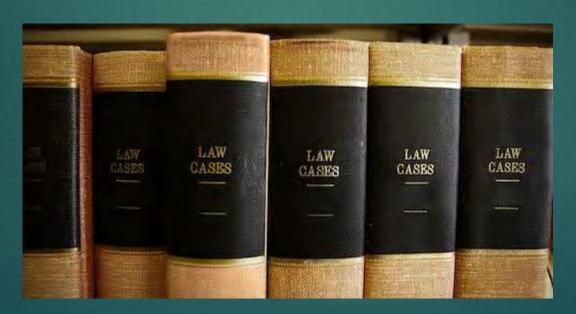
- Suicide is the second leading cause of death in college students
- Estimated 1,100 students commit suicide each year.
  - ▶ 3 students per day
- American College Health Association's National College Health Assessment, 2006
  - ▶ Out of 95,000 students on 117 campuses, 9% had seriously considered suicide, and 1:100 had attempted suicide in the previous year.

## Who do we blame for these tragic numbers?



#### Liability Case Law

- Schieszler v Ferrum College
- Shin v MIT



#### Schieszler v Ferrum College

#### ► FACTS

- Michael Frentzel, on-campus freshman
- ▶ Self-inflicted bruises first noted by RA and campus police on 2/20/00
- ▶ Dean of Student Affairs was notified → Frentzel required to sign a "No-Harm Agreement" that he would not kill himself.
- ► Two "goodbye notes" written by Frentzel and reported to the RA and Dean that same night.
- Frentzel found in his room after hanging himself with a belt; pronounced dead on 2/23/00

#### ► Court Ruling:

College had a duty to prevent suicide because of the formation of a special relationship.

#### Shin v MIT

#### ► FACTS:

- ► Elizabeth Shin, on-campus freshman
- Multiple episodes of concerning behaviors:
  - ► Hospitalized for an overdose on Tylenol #3
  - Exhibited cutting behavior
  - ▶ On 4/8/00, assessed in the hospital after threatening to stab herself
- ▶ Met with MIT psychiatrist vs off campus psychiatrist, on antidepressants
- ► Family was notified on several occasions
- Hospital psychiatrist was consulted twice
- Monitored closely by the Dean and Hall director
- On 4/10/00, students discovered a fire in Shin's room. She died of selfinflicted thermal burns.

#### ► Court Ruling:

College had a duty to prevent suicide because of the formation of a special relationship.



### The Debate

- WHAT DOES THE LAW SAY?
- 2. INTERPRETATION OF THE LAW PRIOR TO SHIN/SCHIESZLER
- 3. INTERPRETATION OF SHIN/SCHIESZLER AND WHY IT WAS WRONG!

# Do institutions have a duty to prevent suicide?

#### Restatement of Torts

- Restatement Section 314, Duty to Act for Protection of Others
  - ▶ Baseline rule that a person DOES NOT have an affirmative duty to protect another person from harm or aid another person in danger.

- Restatement Section 314A, Special Relations Giving Rise to Duty to Aid or Protect
  - Some special relationships will give rise to an affirmative duty to aid or protect.

#### What is a "special relationship?"

- Extent of intended harm
- 2. Foreseeability
- Degree of certainty for injury
- Closeness of connection between defendant's conduct and the injury
- 5. Moral blame to defendant's conduct
- Policy for prevention
- 7. Administrative factors
- 8. Relationship of the parties



#### LEGAL INTERPRETATION

#### Pre – Shin/Schieszler Case

- ▶ Jain v Iowa, 2000
- Extent of intended harm
- Foreseeability
- 3. Degree of certainty for injury
- Closeness of connection between defendant's conduct and the injury
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# What happened in Shin v MIT and Schieszler v Ferrum College then??

- Extent of intended harm
- 2. Foreseeability
- 3. Degree of certainty for injury
- 4. Closeness of connection between defendant's conduct and the injury
- 5. Moral blame to defendant's conduct
- 6. Policy for prevention
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#### Why is this interpretation incorrect?

- Contrary to well-established principles
- Decisions were based on a prior case, Mullins v Pine Manor College, where the university was found liable.
- Not an assessment of all elements of the "special relationship"
- ▶ Loco parentis → students are adults

# Changes to Mental Health on Campuses

- ▶ The Good:
  - ► Training students, staff, and educators
  - Anonymous surveys
  - New campus programs
  - Victim foundations
- ▶ The "Not so good":
  - ▶ "Blanket" policies





#### ...ONGOING ISSUES...



#### 1. Administration Dilemma

- Student Safety v Reducing Risk of Liability
  - Blanket policies
    - ▶ Violating ADA of 1990 and Section 504
    - ▶ Department of Education
  - ► Minimal programing and intervention
    - ▶ Not helping at-risk students
  - Including parents
    - ▶ Violating FERPA
    - ▶ Violate student privacy and civil liberties

#### 2. Stigma

- Students fear seeking help due to potential consequence
  - Suicidal/Depressed students less likely to be helped
- ▶ Fighting stigma on campus
  - Using neutral language for screening workshops





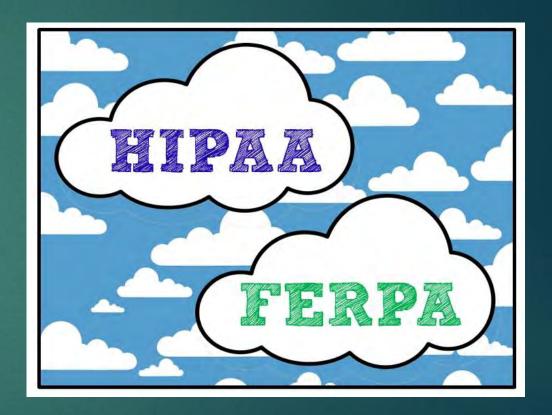
Applebaum, 2006; Smith, 2007; Pavela, 2010; Lester, 2013

#### 3. Stricter laws

- For:
  - ▶ Better definitions of the law
  - ▶ More guidance for colleges
- Against:
  - ▶ There is not a trend to hold schools liable since the Shin/Shieszler cases
  - Suicide on college campuses is not as bad as we think

#### Where do psychiatrists fit in?

- Obligation to the patient
  - ▶ Treating relationship
  - ▶ Don't violate HIPAA
- VS
- Obligation to the university
  - ► Evaluating relationship
  - You are not the treating psychiatrist



### SOLUTIONS



#### Proposals to fix the problem

- Standard for duty
- FERPA emergency exception/SAFE legislation
  - Limited substance of disclosure
- Require students to report mental illness as part of the application process
- Adopt the "Illinois Plan"
- Educate students with the "Marine Corps Model"

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