Healthcare Personnel COVID-19 Exposure or Positive Notification

**Resident/Fellow:**
1. Inform your program director
2. If exposure is work-related, document the exposure in MedHub. If you need testing, schedule a “symptomatic test” at the University Lab through the myCHC portal

**GW Students:**
1. Contact the Colonial Health Center at 202-994-5300

**MFA Providers & Staff:**
1. Notify your Manager and MFA Occupational Health at: occupationalhealth@mfa.gwu.edu or at 202-741-2344
2. If you believe the exposure was in the workplace:
   a. Submit First Report of Injury Form found here to occupationalhealth@mfa.gwu.edu
   b. Complete a Compliance 360 Incident report to OCCUPATIONAL HEALTH (designee from your leadership may do so for you):
      i. MFA Intranet: https://secure.compliance360.com/?organization=MFA
      ii. Offsite: https://gwdocs.com/c360

**GW Hospital Staff:**
1. Contact your immediate supervisor
2. Enter your temperature and any symptoms in the Self-Monitoring Link your supervisor sends you

**Resident/Fellow/Student Support Services:**
1. [https://smhs.gwu.edu/about/gw-resiliency-well-being-center](https://smhs.gwu.edu/about/gw-resiliency-well-being-center)
2. Wellbeing Hotline: 866-522-8509

**MFA Provider & Staff Support:**
1. [https://smhs.gwu.edu/about/gw-resiliency-well-being-center](https://smhs.gwu.edu/about/gw-resiliency-well-being-center)
2. Employee Assistance Program: 888-881-LINC

**GW Hospital Staff Support:**
1. Call Sedgwick toll-free at: 855-653-7472 or visit [https://viaoneexpress.sedgwickcms.net/UHS](https://viaoneexpress.sedgwickcms.net/UHS)
2. Employee Assistance Program: **Call:** 800-932-0034; **Text:** 858-224-2094; **Email:** eapinfo@acispecialtybenefits.com; Android and iOS: [myACI Benefits Mobile App](#)

*See page 2 for exposure definition*

Note: Contractors should immediately contact their employer, as well as notify their GW contact and provide ongoing information on response to exposure.

For questions or advice, contact your Occupational or Employee Health, or send a TigerConnect message to “MFA COVID-19 Consult”
GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document: https://coronavirus.dc.gov/sites/default/files/dc/sites/coronavirus/page_content/attachments/COVID-19_DC_Health_HCP_RTW_11.4.22.pdf

HCP working Maryland or Virginia should follow local regulations and consult with their organization (see page 1)

Definition of Exposure:

- HCP had prolonged (≥ 15 minutes) close (within 6 feet) contact with a patient, visitor, or HCP with confirmed COVID-19

•OR•

- HCP presented for an aerosol generating procedure for any duration of time while not wearing all recommended PPE (i.e. gown, gloves, eye protection, respirator)

•OR•

- HCP with a community exposure

  *If continuous household exposure contact Occupational Health for additional Guidance*

- Infected person is masked or wearing cloth face covering but employee is NOT wearing a mask plus eye protection

  •OR•

- Infected person is unmasked and employee NOT wearing a respirator (N95) plus eye protection

If Asymptomatic: No work restriction regardless of vaccination status, provided HCP follow testing and monitoring recommendations*:

1) Wear a well-fitting mask for source control and self-monitor for fever and other symptoms for 10 days after exposure
2) Get tested 3 times beginning immediately (but not earlier than 24 hours after exposure) and then, if negative, twice more at 48 hour intervals
3) If a test result is positive, notify occupational health per page 1

If symptoms develop at any time: Notify occupational health per page 1 and get tested

If symptomatic with negative COVID tests: HCP must stay home. If an alternative diagnosis is established, criteria for return to work will be based on that diagnosis.

If no testing: restrict from work for 10 days

---

Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the hospital for hospital employees (for work related exposures).

- HCP = Healthcare Personnel
- Facemask = Medical facemask worn at all times to include break-times with co-workers. We recommend taking breaks outside or staggering eating for safety
- Respirator = N95 maks, PAPR, or equivalent
- Eye Protection = HCP must wear eye protection (i.e. goggles or face shield) when (1) close proximity to patient’s head/neck region for >5 minutes is expected, (2) exposure to secretions or aerosolization is expected, or (3) patient is COVID-19+ or under investigation (including performing COVID-19 testing).
- Self-monitoring = Checking temperature twice daily, monitoring for respiratory symptoms (e.g. cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking
If NOT moderately to severely immunocompromised:
Healthcare personnel are excluded from work and need to isolate until:

HCP with mild to moderate illness or if asymptomatic:
At least 10 days have passed since symptoms first appeared AND at least 24 hours have passed since last fever without the use of fever-reducing medications AND symptoms (e.g. cough, shortness of breath) have IMPROVED.

OR
At least 7 days have passed since symptoms first appeared AND at least 24 hours have passed since last fever without the use of fever-reducing medications AND symptoms have MOSTLY RESOLVED and COVID antigen test is negative within 24 hours of ending isolation

HCP with severe to critical illness:
At least 10 days and up to 20 days have passed since symptoms first appeared AND at least 24 hours have passed since last fever without the use of fever-reducing medications AND symptoms (e.g. cough, shortness of breath) ARE IMPROVING.
Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

If moderately to severely immunocompromised with or without symptoms:
Healthcare personnel are excluded from work and need to isolate until:

At least 10 days have passed since symptoms first appeared OR since the date of the specimen collection of the first positive SARS-CoV-2 RNA test, AND resolution of fever without the use of fever-reducing medications AND symptoms (e.g. cough, shortness of breath) have IMPROVED AND results of two consecutive COVID antigen tests collected at least 24 hours apart are negative. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

When cleared for return to work
- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek re-evaluation for any new or worsening symptoms