### Last Updated: February 6, 2023

## Healthcare Personnel COVID-19 Exposure or Positive Notification

	Resident/ Fellow GW Students	Resident/Fellow:         1. Inform your program director         2. If exposure is work-related, document the exposure in MedHub. If you need testing, schedule a "symptomatic test" at the University Lab through the myCHC portal         GW Students:         1. Contact the Colonial Health Center at 202-994-5300	<ul> <li><u>Resident/Fellow/Student Support Services:</u></li> <li><u>https://smhs.gwu.edu/about/gw-resilency-well-being-center</u></li> <li>Wellbeing Hotline: 866-522-8509</li> </ul>
Healthcare Personnel are <u>required to</u> <u>report</u> any exposure* or if positive for COVID-19	MFA Providers & Staff	MFA Providers & Staff:         1. Notify your Manager and MFA Occupational Health at:         occupationalhealth@mfa.gwu.edu         or at 202-741-2344         2. If you believe the exposure was in the workplace:         a. Submit First Report of Injury Form found here to         occupationalhealth@mfa.gwu.edu         b. Complete a Compliance 360 Incident report to         OCCUPATIONAL HEALTH (designee from your leadership may do so for you):         i. MFA Intranet:         https://secure.compliance360.com/?organization=MFA         ii. Offsite: https://gwdocs.com/c360	<ul> <li><u>MFA Provider &amp; Staff Support:</u></li> <li><u>https://smhs.gwu.edu/about/gw-resilency-well-being-center</u></li> <li>Employee Assistance Program: 888-881-LINC</li> </ul>
*See page 2 for exposure definition	GW Hospital Staff	<ul> <li><u>GW Hospital Staff:</u></li> <li>1. Contact your immediate supervisor</li> <li>2. Enter your temperature and any symptoms in the Self-Monitoring Link your supervisor sends you</li> </ul>	GW Hospital Staff Support:1. Call Sedgwick toll-free at: 855-653-7472 or visithttps://viaoneexpress.sedgwickcms.net/UHS2. Employee Assistance Program: Call: 800-932-0034; Text: 858-224-2094; Email:eapinfo@acispecialtybenefits.com; Android andiOS: myACI Benefits Mobile App

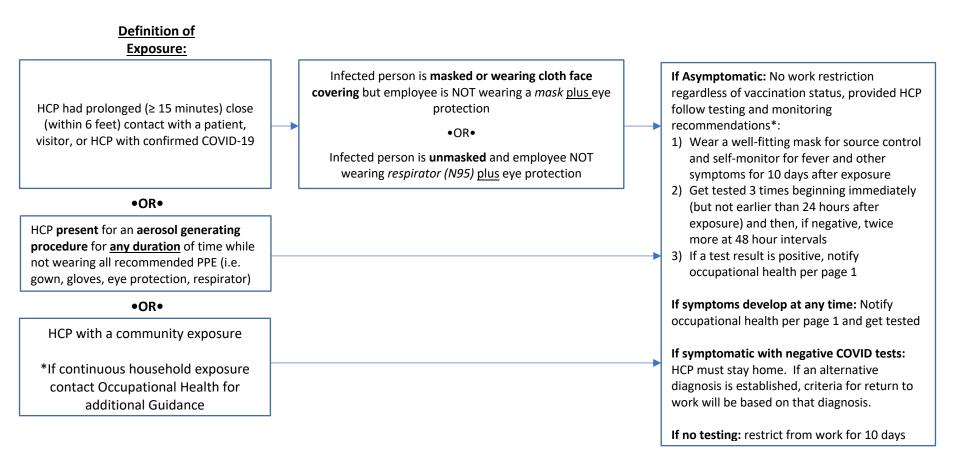
Note: Contractors should immediately contact their employer, as well as notify their GW contact and provide ongoing information on response to exposure.

For questions or advice, contact your Occupational or Employee Health, or send a TigerConnect message to "MFA COVID-19 Consult"

# Healthcare Personnel COVID-19 Exposure Protocol

GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document: https://coronavirus.dc.gov/sites/default/files/dc/sites/coronavirus/page\_content/attachments/COVID-19\_DC\_Health\_HCP\_RTW\_11.4.22.pdf

HCP working Maryland or Virginia should follow local regulations and consult with their organization (see page 1)



Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the hospital for hospital employees (for work related exposures).

HCP = Healthcare Personnel

Facemask = Medical facemask worn at all times to include break-times with co-workers. We recommend taking breaks outside or staggering eating for safety

**Respirator** = N95 maks, PAPR, or equivalent

**Eye Protection** = HCP must wear eye protection (i.e. goggles or face shield) when (1) close proximity to patient's head/neck region for >5 minutes is expected, (2) exposure to secretions or aerosolization is expected, or (3) patient is COVID-19+ or under investigation (including performing COVID-19 testing).

Self-monitoring = Checking temperature twice daily, monitoring for respiratory symptoms (e.g. cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking

#### If NOT moderately to severely immunocompromised:

Healthcare personnel are excluded from work and need to isolate until:

#### HCP with mild to moderate illness or if asymptomatic:

At least 10 days have passed since symptoms first appeared <u>AND</u> at least 24 hours have passed since last fever without the use of fever-reducing medications <u>AND</u> symptoms (e.g. cough, shortness of breath) have IMPROVED.

#### OR

At least 7 days have passed since symptoms first appeared <u>AND</u> at least 24 hours have passed since last fever without the use of fever-reducing medications <u>AND</u> symptoms have MOSTLY RESOLVED and COVID antigen test is negative within 24 hours of ending isolation

#### HCP with severe to critical illness:

At least 10 days and up to 20 days have passed since symptoms first appeared <u>AND</u> at least 24 hours have passed since last fever without the use of fever-reducing medications <u>AND</u> symptoms (e.g. cough, shortness of breath) ARE IMPROVING. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer's Occupational or Employee Health.

If moderately to severely immunocompromised with or without symptoms: Healthcare personnel are excluded from work and need to isolate until:

At least 10 days have passed since symptoms first appeared OR since the date of the specimen collection of the first positive SARS-CoV-2 RNA test, <u>AND</u> resolution of fever without the use of fever-reducing medications <u>AND</u> symptoms (e.g. cough, shortness of breath) have IMPROVED <u>AND</u> results of two consecutive COVID antigen tests collected at least 24 hours apart are negative. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer's Occupational or Employee Health.

1) Contact your healthcare provider for management of COVID-19 illness

- Follow CDC self-quarantine guidance, with your specific instructions coming from your employer's Occupational or Employee Health:
  - Stay home except to get medical care & notify doctor in advance that you have COVID-19
  - Separate from other people and pets in the home
  - Wear a facemask & cover coughs and sneezes
  - Clean commonly touched surfaces
  - Seek medical attention right away if illness worsens (SOB)
  - Do not return to work until you receive clearance from your employer's occupational or Employee Health

### When cleared for return to work

- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek reevaluation for any new or worsening symptoms