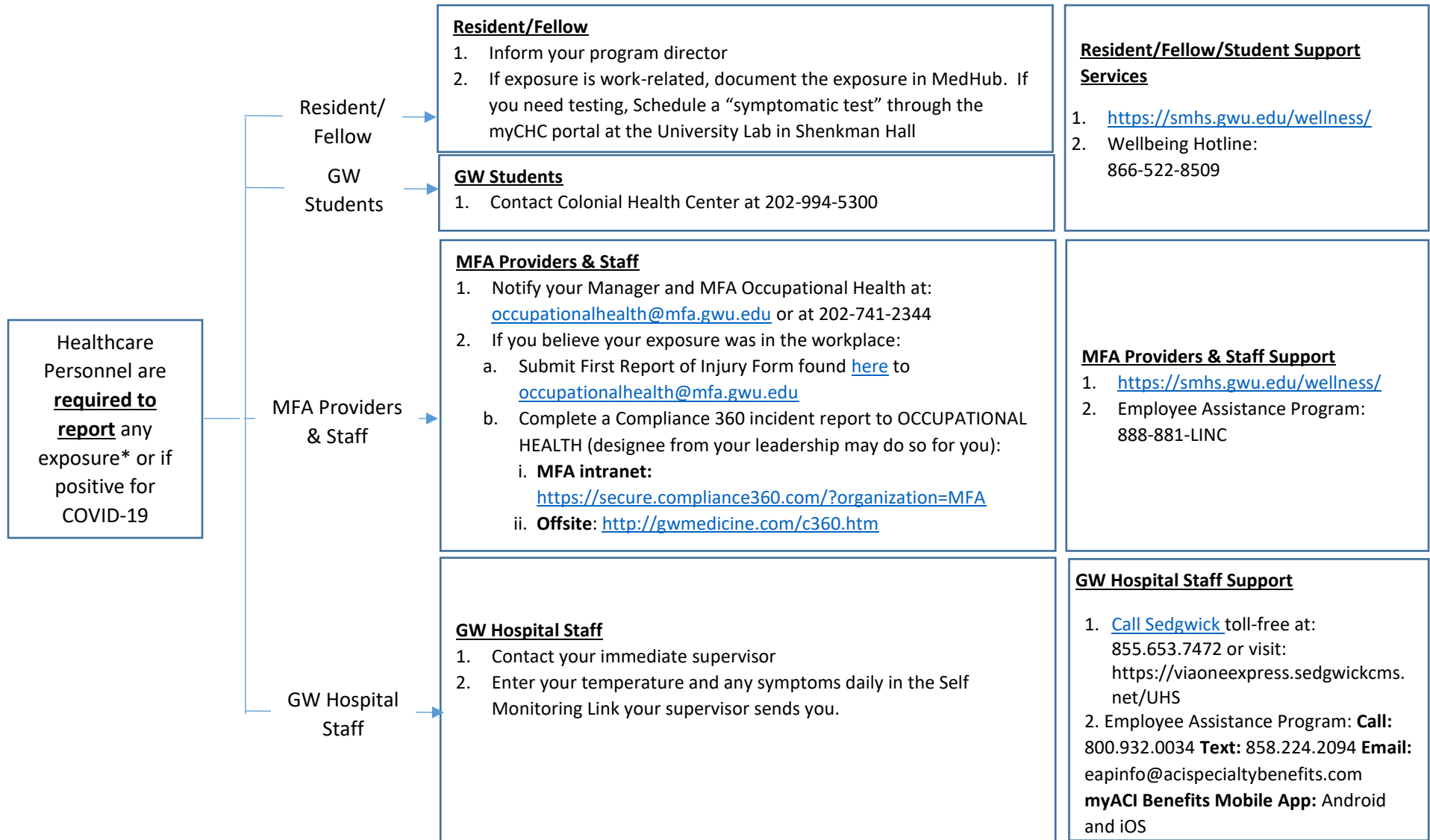


**Healthcare Personnel COVID-19  
Exposure or Positive Notification**

Updated: March 5, 2021  
Page | 1



\***Exposure** = contact in a healthcare setting with a COVID-19 positive person (source) within 6 feet for **≥15 minutes** and all community exposures (see page 2). Vendors, contractors and visitors may also be involved in an exposure.

Note: Contractors should immediately contact their employer, as well as notify their GW contact and provide ongoing information on response to exposure.

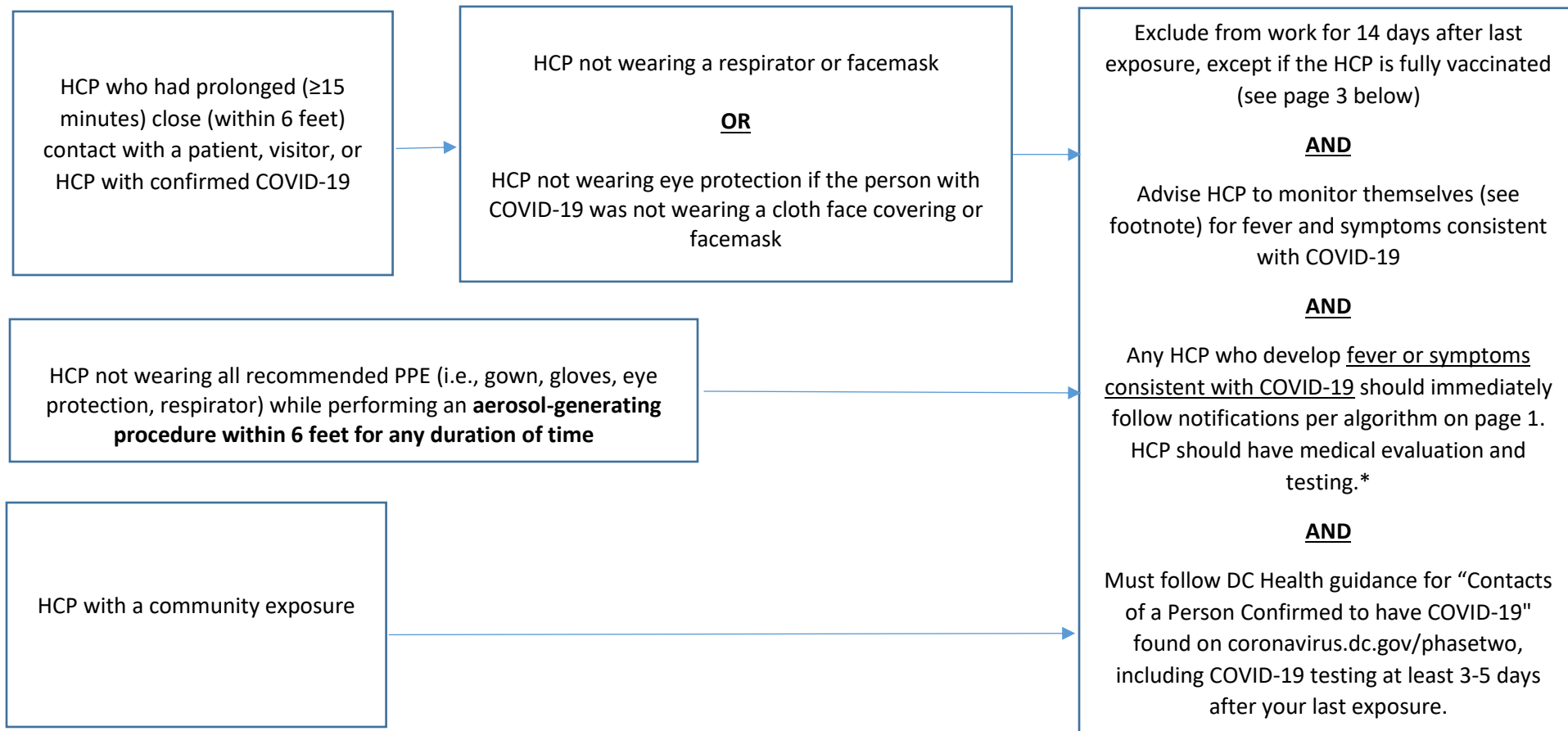
For questions or advice, contact your Occupation or Employee Health, or send a TigerConnect message to “MFA COVID-19 Consult”

## Healthcare Personnel COVID-19 Exposure Protocol

Updated: March 5, 2021  
Page | 2

GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document:

HCP working in Maryland or Virginia should follow local regulations and consult with their organization (see page 1)



\*Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the Hospital for Hospital employees (for work-related exposures).

**HCP** = Healthcare personnel

**Facemask** = Medical facemask worn at all times to include break-times with co-workers

**Eye protection** = HCP must wear eye protection (i.e. goggles or face shields) in: 1) patient care areas and 2) any staff areas where 6 feet of distance is unable to be maintained, while in the healthcare facility or any alternative setting where patient care services are provided. Safety glasses are not recommended as adequate.

**Self-monitoring** = Checking temperature twice daily, monitoring for respiratory symptoms (e.g., cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking system.

**Healthcare Personnel COVID-19 Exposure Protocol for Fully Vaccinated HCP**

The work restriction is not required for HCP with exposure to a confirmed COVID-19 case in a healthcare or community setting provided that the exposed HCP:

- Has been fully vaccinated against COVID-19 (fully vaccinated in this context is defined as 14 days or more after receipt of the second dose of a two-dose series or after one dose of a single-dose vaccine)
- Is within 90 days following receipt of the last dose in the COVID-19 vaccine series
- Remains asymptomatic

Staff must still follow the notification algorithm (see page 1, above) to have the work restrictions waived after being fully vaccinated, and must still monitor themselves for symptoms of COVID-19 for 14 days from the date of their exposure. Please note, exposed healthcare personnel would not be required to quarantine outside of work, unless so directed by state contact tracers. If symptoms consistent with COVID-19 develop, they should immediately begin isolation, seek medical attention, notify their organization (page 1, above) and get tested for COVID-19.

## Healthcare Personnel COVID-19 Positive Result Protocol

Updated: March 5, 2021

Page | 4

1. Contact your healthcare provider for management of COVID-19 illness
2. Follow CDC self-quarantine guidance, with your specific instructions coming from your employer's Occupational or Employee Health:
  - Stay home except to get medical care & notify doctor in advance that you have COVID-19
  - Separate from other people and pets in home
  - Wear a facemask & cover coughs and sneezes
  - Clean commonly touched surfaces
  - Seek medical attention right away if illness worsens (SOB)
  - Do not return to work until you receive clearance from your employer's Occupational or Employee Health

### **When cleared for return to work:**

- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek reevaluation for any symptoms

### **Symptomatic:**

Healthcare Personnel are excluded from work and need to self-quarantine until:

#### **HCP with mild to moderate illness who are not severely immunocompromised:**

At least 10 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g., cough, shortness of breath) have improved.

#### **HCP with severe to critical illness or who are severely immunocompromised:**

At least 10 days and up to 20 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g., cough, shortness of breath) have improved. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer's Occupational or Employee Health.

### **Asymptomatic:**

Healthcare Personnel are excluded from work and need to self-quarantine until:

#### **HCP who are not severely immunocompromised and were asymptomatic throughout their infection:**

At least 10 days have passed since the date of the specimen collection of their first positive SARS-CoV-2 RNA test.

#### **For severely immunocompromised HCP who were asymptomatic throughout their infection:**

At least 10 days and up to 20 days have passed since the date of the specimen collection of their first positive SARS-CoV-2 RNA test.

Then return to work WITH clearance from your employer's Occupational or Employee Health.

**GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document:** [https://coronavirus.dc.gov/sites/default/files/dc/sites/coronavirus/page\\_content/attachments/COVID-19\\_DC\\_Health\\_HCP\\_PPE\\_Monitor\\_RTW\\_JIC%20REVIEWED%202.23.21.pdf](https://coronavirus.dc.gov/sites/default/files/dc/sites/coronavirus/page_content/attachments/COVID-19_DC_Health_HCP_PPE_Monitor_RTW_JIC%20REVIEWED%202.23.21.pdf)

**HCP working in Maryland or Virginia should follow local regulations and consult with their organization (see page 1)**