UPDATED TRAVEL GUIDELINES

This summer, Mayor Muriel Bowser issued an order requiring individuals to self-quarantine when arriving to DC after non-essential travel to one of the "high risk" states in the nation. The Mayor has posted an update to this order so that essential workers, such as our staff, do not need to automatically self-quarantine for 14 days upon return from non-essential travel to one of the identified states or high-risk countries. The below process applies to non-essential travel to any Level 3 high-risk country (identified by the CDC) as well as all states EXCEPT Maryland and Virginia.

What To Do If Traveling for Non-Essential Reasons

In the interest of your safety, we strongly discourage travel to states and countries identified as "high risk." If you choose to proceed with non-essential travel to one of these "high risk" areas, you must do the following:

- Inform your supervisor regarding travel to the "high risk" state or country
- Upon return, healthcare workers can do their essential healthcare work without the need for quarantine if they are going to work.
- Outside of work in DC, they must limit activities and either self-monitor for 14 days or get a COVID-19 PCR test 3-5 days after return while limiting activities until a negative test result.
- If your test is positive, self-quarantine and inform your supervisor for next steps.
- You must continue to self-monitor for the full 14 days.
- Complete the self-monitoring tool:
  https://docs.google.com/forms/d/e/1FAIpQLSfJSJYsHtOekm9mSHKiEbcny3NCzoAHUzVpheuZUUCY9O78_g/viewform

If you develop any symptoms or are exposed to someone with COVID-19, you should immediately self-quarantine and contact Occupational Health. Please see below regarding essential versus non-essential travel. If you travel for essential reasons, you do not need to follow the above process.

Essential Vs. Non-Essential Travel

Examples of Essential Travel:

Essential government functions

Essential business

Travel to care for minors, elderly or dependents

Travel required by law enforcement or court order

Examples of Non-Essential Travel

Vacations

Beach trips

Work conferences

Thank you for your attention to this change and your flexibility as we continue to respond to the evolving pandemic and City's orders. If you have questions, please speak to your supervisor.