Healthcare Personnel COVID-19 Exposure or Positive Notification

**Resident/Fellow**
1. Inform your program director
2. If exposure is work-related, document the exposure in MedHub. If you need testing, schedule a “symptomatic test” at the University Lab through the myCHC portal

**GW Students**
1. Contact Colonial Health Center at 202-994-5300

**MFA Providers & Staff**
1. Notify your Manager and MFA Occupational Health at: occupationalhealth@mfa.gwu.edu or at 202-741-2344
2. If you believe your exposure was in the workplace:
   a. Submit First Report of Injury Form found [here](#) to occupationalhealth@mfa.gwu.edu
   b. Complete a Compliance 360 incident report to OCCUPATIONAL HEALTH (designee from your leadership may do so for you):
      i. **MFA intranet:**
         [https://secure.compliance360.com/?organization=MFA](#)
      ii. **Offsite:** [http://gwmedicine.com/c360.htm](#)

**GW Hospital Staff**
1. Contact your immediate supervisor
2. Enter your temperature and any symptoms daily in the Self Monitoring Link your supervisor sends you.

*Exposure* = contact in a healthcare setting with a COVID-19 positive person (source) within 6 feet for ≥15 minutes and all community exposures (see page 2). Vendors, contractors and visitors may also be involved in an exposure.

Note: Contractors should immediately contact their employer, as well as notify their GW contact and provide ongoing information on response to exposure.

For questions or advice, contact your Occupation or Employee Health, or send a TigerConnect message to “MFA COVID-19 Consult”
GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document:

HCP working in Maryland or Virginia should follow local regulations and consult with their organization (see page 1)

HCP who had prolonged (≥15 minutes) close (within 6 feet) contact with a patient, visitor, or HCP with confirmed COVID-19

HCP not wearing a respirator or facemask

OR

HCP not wearing eye protection if the person with COVID-19 was not wearing a cloth face covering or facemask

Exclude from work for 14 days after last exposure, except if the HCP is fully vaccinated (see page 3 below)

AND

Advise HCP to monitor themselves (see footnote) for fever and symptoms consistent with COVID-19

AND

Any HCP who develop fever or symptoms consistent with COVID-19 should immediately follow notifications per algorithm on page 1. HCP should have medical evaluation and testing.*

AND

Must follow DC Health guidance for “Contacts of a Person Confirmed to have COVID-19” found on coronavirus.dc.gov/phasetwo, including COVID-19 testing at least 3-5 days after your last exposure.

*Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the Hospital for Hospital employees (for work-related exposures).

HCP = Healthcare personnel

Facemask = Medical facemask worn at all times to include break-times with co-workers

Eye protection = HCP must wear eye protection (i.e. goggles or face shields) when (1) close proximity to patient’s head/neck region for >5 minutes is expected, (2) exposure to secretions or aerosolization is expected, or (3) patient is COVID-19+ or under investigation (including performing COVID-19 testing).

Self-monitoring = Checking temperature twice daily, monitoring for respiratory symptoms (e.g., cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking system.
The work restriction is not required for HCP with exposure to a confirmed COVID-19 case in a healthcare or community setting provided that the exposed HCP:

- Has been fully vaccinated against COVID-19 (fully vaccinated in this context is defined as 14 days or more after receipt of the second dose of a two-dose series or after one dose of a single-dose vaccine)
- Remains asymptomatic

Staff must still follow the notification algorithm (see page 1, above) to have the work restrictions waived after being fully vaccinated, and must still monitor themselves for symptoms of COVID-19 for 14 days from the date of their exposure. Please note, exposed healthcare personnel would not be required to quarantine outside of work, unless so directed by state contact tracers. If symptoms consistent with COVID-19 develop, they should immediately begin isolation, seek medical attention, notify their organization (page 1, above) and get tested for COVID-19.
1. Contact your healthcare provider for management of COVID-19 illness

2. Follow CDC self-quarantine guidance, with your specific instructions coming from your employer’s Occupational or Employee Health:
   - Stay home except to get medical care & notify doctor in advance that you have COVID-19
   - Separate from other people and pets in home
   - Wear a facemask & cover coughs and sneezes
   - Clean commonly touched surfaces
   - Seek medical attention right away if illness worsens (SOB)
   - Do not return to work until you receive clearance from your employer’s Occupational or Employee Health

When cleared for return to work:
   - Wear facemask at all times
   - Strict adherence to hand hygiene, respiratory hygiene
   - Self-monitor for symptoms and seek reevaluation for any symptoms

Symptomatic:
Healthcare Personnel are excluded from work and need to self-quarantine until:

HCP with mild to moderate illness who are not severely immunocompromised:
At least 10 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g., cough, shortness of breath) have improved.

HCP with severe to critical illness or who are severely immunocompromised:
At least 10 days and up to 20 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g., cough, shortness of breath) have improved. Consider consultation with infectious disease experts.

Then return to work **WITH** clearance from your employer’s Occupational or Employee Health.

Asymptomatic:
Healthcare Personnel are excluded from work and need to self-quarantine until:

HCP who are not severely immunocompromised and were asymptomatic throughout their infection:
At least 10 days have passed since the date of the specimen collection of their first positive SARS-CoV-2 RNA test.

For severely immunocompromised HCP who were asymptomatic throughout their infection:
At least 10 days and up to 20 days have passed since the date of the specimen collection of their first positive SARS-CoV-2 RNA test.

Then return to work **WITH** clearance from your employer’s Occupational or Employee Health.


HCP working in Maryland or Virginia should follow local regulations and consult with their organization (see page 1)