Healthcare Personnel COVID-19 Exposure or Positive Notification

**Resident/Fellow**

1. Inform your program director
2. Send TigerConnect to “MFA COVID-19 Consult” for guidance
3. If exposure is work-related, document the exposure in MedHub, and if you need testing, you should go to the MFA Testing Clinic and you may submit bills for worker’s comp.

**MFA Providers & Staff**

1. Send TigerConnect to “MFA COVID-19 Consult” for guidance
2. Notify your Manager and MFA Occupational Health at: occupationalhealth@mfa.gwu.edu or at 202-741-2344
3. If you believe your exposure was in the workplace, please:
   a. Please complete a Compliance 360 incident report to OCCUPATIONAL HEALTH (a designee from your leadership may do so on your behalf):
      i. **MFA intranet:**
         https://secure.compliance360.com/?organization=MFA
      ii. **Offsite:** http://gwmedicine.com/c360.htm
   b. Submit First Report of Injury Form found here to occupationalhealth@mfa.gwu.edu

**GW Hospital Staff**

1. Contact your Manager

**Resident/Fellow Support Services**

1. [https://smhs.gwu.edu/wellness/](https://smhs.gwu.edu/wellness/)
2. Wellbeing Hotline: 866-522-8509

**MFA Providers & Staff Support**

1. [https://smhs.gwu.edu/wellness/](https://smhs.gwu.edu/wellness/)
2. Employee Assistance Program: 888-881-LINC

**GW Hospital Staff Support**

1. [https://smhs.gwu.edu/wellness/](https://smhs.gwu.edu/wellness/)
2. Employee Assistance Program: 800-932-0034

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*Exposure to COVID-19 positive person (source) within 6 feet for >10 minutes. Includes Community exposures.

Note: Contractors should contact their employer, as well as notify their GW contact.
Exposure to COVID-19 positive person (source) within 6 feet for >10 minutes. Includes Community exposures.

For all exposures not covered by this algorithm:
1. Continue working
2. Wear facemask at all times
3. Self-monitor symptoms for 14 days

Note that all HCP must wear facemasks at all times per COVID 19 Guidance while at work.

Note that a HCP may have a COVID 19 Community exposure while not wearing a mask.

**HCP** = Healthcare personnel

**Facemask** = Surgical facemask or non-fit tested N95. Wearing at all times includes break-times with co-workers.

**Self-monitoring** = Checking temperature twice daily, monitoring for respiratory symptoms (e.g., cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking system.

*Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the Hospital for Hospital employees.
1. Contact your healthcare provider for management of COVID-19 illness

2. Follow CDC self-quarantine guidance, with your specific instructions coming from your employer’s Occupational or Employee Health:
   - Stay home except to get medical care & notify doctor in advance that you have COVID-19
   - Separate from other people and pets in home
   - Wear a facemask & cover coughs and sneezes
   - Clean commonly touched surfaces
   - Seek medical attention right away if illness worsens (SOB)
   - Do not return to work until you receive clearance from your employer’s Occupational or Employee Health

When cleared for return to work:
- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek reevaluation for any symptoms

Symptoms:
Healthcare Personnel are excluded from work and need to self-quarantine until:
- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in symptoms (e.g., cough, shortness of breath, diarrhea); **AND**
- At least 10 days have passed since symptoms first appeared (at least 20 days have passed since symptoms first appeared if hospitalized in critical care for COVID-19 illness)

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

No Symptoms:
Healthcare Personnel are excluded from work and need to self-quarantine until:
- 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based strategy (noted above) should be used.

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

Reference: CDC, August 10, 2020