Healthcare Personnel COVID-19 Exposure or Positive Notification

**Resident/Fellow**
1. Inform your program director
2. Send TigerConnect to “MFA COVID-19 Consult” for guidance
3. If exposure is work-related, document the exposure in MedHub, and if you need testing, you should go to the MFA Testing Tent and you may submit bills for worker’s comp.

**MFA Providers & Staff**
1. Send TigerConnect to “MFA COVID-19 Consult” for guidance
2. Notify your Manager and MFA Occupational Health at: occupationalhealth@mfa.gwu.edu or at 202-741-2344
3. If you believe your exposure was in the workplace, please:
   a. Please complete a Compliance 360 incident report to OCCUPATIONAL HEALTH (a designee from your leadership may do so on your behalf):
      i. MFA intranet: https://secure.compliance360.com/?organization=MFA
      ii. Offsite: http://gwmedicine.com/c360.htm
   b. Submit First Report of Injury Form found here to occupationalhealth@mfa.gwu.edu

**GW Hospital Staff**
1. Contact your Manager

**Resident/Fellow Support Services**
1. [https://smhs.gwu.edu/wellness/](https://smhs.gwu.edu/wellness/)
2. Wellbeing Hotline: 866-522-8509

**MFA Providers & Staff Support**
1. [https://smhs.gwu.edu/wellness/](https://smhs.gwu.edu/wellness/)
2. Employee Assistance Program: 888-881-LINC

**GW Hospital Staff Support**
1. [https://smhs.gwu.edu/wellness/](https://smhs.gwu.edu/wellness/)
2. Employee Assistance Program: 800-932-0034

*Exposure to COVID-19 positive person (source) within 6 feet for >10 minutes. Includes Community exposures.*

*Note: Contractors should contact their employer, as well as notify their GW contact*
**Healthcare Personnel COVID-19 Exposure Protocol**

Updated: May 4, 2020

**Exposure to COVID-19 positive person (source) within 6 feet for >10 minutes. Includes Community exposures.**

- **Was the source wearing a facemask while having contact with the HCP?**
  - **No**
  - **Was the HCP wearing a facemask?**
    - **No**
    - **Did the exposure involve close interaction with respiratory secretions or involve aerosolization (e.g., intubation, NG tube placement, suctioning)?**
      - **Yes**
      - 1. Perform notifications using guidance on Page 1
      - 2. Continue working
      - 3. Wear facemask at all times
      - 4. Self-monitor symptoms for 14 days
      - 5. Obtain COVID-19 testing at Day 7*
      - **No**
    - **Yes**
    - 1. Continue working
    - 2. Wear facemask at all times
    - 3. Self-monitor symptoms for 14 days
  - **Yes**
  - 1. Continue working
  - 2. Wear facemask at all times
  - 3. Self-monitor symptoms for 14 days

**HCP = Healthcare personnel**

**Facemask** = Surgical facemask or non-fit tested N95. Wearing at all times includes break-times with co-workers.

**Self-monitoring** = Checking temperature twice daily, monitoring for respiratory symptoms (e.g., cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking system.

*Testing is done at the MFA Tent for MFA and University HCP. Testing is done at the Hospital for Hospital employees.*
Healthcare Personnel COVID-19 Positive Result Protocol

1. Contact your healthcare provider for management of COVID-19 illness

2. Follow CDC self-quarantine guidance, with your specific instructions coming from your employer’s Occupational or Employee Health:
   - Stay home except to get medical care & notify doctor in advance that you have COVID-19
   - Separate from other people and pets in home
   - Wear a facemask & cover coughs and sneezes
   - Clean commonly touched surfaces
   - Seek medical attention right away if illness worsens (SOB)
   - Do not return to work until you receive clearance from your employer’s Occupational or Employee Health

Symptoms:
Healthcare Personnel are excluded from work and need to self-quarantine until:
- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); AND
- At least 10 days have passed since symptoms first appeared

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

No Symptoms:
Healthcare Personnel are excluded from work and need to self-quarantine until:
- 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based strategy (noted above) should be used.

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

When cleared for return to work:
- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek reevaluation for any symptoms

Reference: CDC, April 30, 2020