Healthcare Personnel COVID-19 Exposure or Positive Notification

Resident/Fellow
1. Inform your program director
2. Send TigerConnect to “MFA COVID-19 Consult” for guidance
3. If exposure is work-related, document the exposure in MedHub, and if you need testing, you should go to the MFA Testing Tent and you may submit bills for worker’s comp.

MFA Providers & Staff
1. Send TigerConnect to “MFA COVID-19 Consult” for guidance
2. Notify your Manager and MFA Occupational Health at: occupationalhealth@mfa.gwu.edu or at 202-741-2344
3. If you believe your exposure was in the workplace, please:
   a. Please complete a Compliance 360 incident report to OCCUPATIONAL HEALTH (a designee from your leadership may do so on your behalf):
      i. MFA intranet: https://secure.compliance360.com/?organization=MFA
      ii. Offsite: http://gwmedicine.com/c360.htm
   b. Submit First Report of Injury Form found here to occupationalhealth@mfa.gwu.edu

GW Hospital Staff
1. Contact your Manager

Resident/Fellow Support Services
1. https://smhs.gwu.edu/wellness/
2. Wellbeing Hotline: 866-522-8509

MFA Providers & Staff Support
1. https://smhs.gwu.edu/wellness/
2. Employee Assistance Program: 888-881-LINC

GW Hospital Staff Support
1. https://smhs.gwu.edu/wellness/
2. Employee Assistance Program: 800-932-0034

*Exposure to COVID-19 positive person (source) within 6 feet for >10 minutes. Includes Community exposures.

Note: Contractors should contact their employer, as well as notify their GW contact
**Healthcare Personnel COVID-19 Exposure Protocol**

Updated: May 4, 2020

**Exposure to COVID-19 positive person (source) within 6 feet for >10 minutes. Includes Community exposures.**

Was the source wearing a facemask while having contact with the HCP?  

No

Was the HCP wearing a facemask?  

No

For all exposures not covered by this algorithm:

1. Continue working  
2. Wear facemask at all times  
3. Self-monitor symptoms for 14 days

Note that all HCP must wear facemasks at all times per COVID 19 Guidance while at work.

Note that a HCP may have a COVID 19 Community exposure while not wearing a mask.

Yes

Did the exposure involve close interaction with respiratory secretions or involve aerosolization (e.g. intubation, NG tube placement, suctioning)?

Yes

Was the HCP wearing eye protection?

No

1. Perform notifications using guidance on Page 1  
2. Continue working  
3. Wear facemask at all times  
4. Self-monitor symptoms for 14 days  
5. Obtain COVID-19 testing at Day 7*

HCP = Healthcare personnel  

Facemask = Surgical facemask or non-fit tested N95. Wearing at all times includes break-times with co-workers.

Self-monitoring = Checking temperature twice daily, monitoring for respiratory symptoms (e.g., cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking system.

*Testing is done at the MFA Tent for MFA and University HCP. Testing is done at the Hospital for Hospital employees.
Healthcare Personnel COVID-19 Positive Result Protocol

1. Contact your healthcare provider for management of COVID-19 illness

2. Follow CDC self-quarantine guidance, with your specific instructions coming from your employer’s Occupational or Employee Health:
   - Stay home except to get medical care & notify doctor in advance that you have COVID-19
   - Separate from other people and pets in home
   - Wear a facemask & cover coughs and sneezes
   - Clean commonly touched surfaces
   - Seek medical attention right away if illness worsens (SOB)
   - Do not return to work until you receive clearance from your employer’s Occupational or Employee Health

Symptoms:
Healthcare Personnel are excluded from work and need to self-quarantine until:
- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath); AND
- At least 10 days have passed since symptoms first appeared

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

No Symptoms:
Healthcare Personnel are excluded from work and need to self-quarantine until:
- 10 days have passed since the date of their first positive COVID-19 diagnostic test assuming they have not subsequently developed symptoms since their positive test. If they develop symptoms, then the symptom-based strategy (noted above) should be used.

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

When cleared for return to work:
- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek reevaluation for any symptoms

Reference: CDC, April 30, 2020