Exposure = contact in a healthcare setting with a COVID-19 positive person (source) within 6 feet for ≥15 minutes and all community exposures (see page 2).

Vendors, contractors and visitors may also be involved in an exposure.

Note: Contractors should immediately contact their employer, as well as notify their GW contact and provide ongoing information on response to exposure.

For questions or advice, contact your Occupation or Employee Health, or send a TigerConnect message to “MFA COVID-19 Consult”
GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document.

HCP working in Maryland or Virginia should follow local regulations and consult with their organization (see page 1)

- HCP who had prolonged (≥15 minutes) close (within 6 feet) contact with a patient, visitor, or HCP with confirmed COVID-19
- Infected person is masked or wearing cloth face covering but employee is NOT wearing a mask plus eye protection
  - OR
  - Infected person is unmasked and employee NOT wearing respirator (N95) plus eye protection

- HCP not wearing all recommended PPE (i.e., gown, gloves, eye protection, respirator) while performing an aerosol-generating procedure within 6 feet for any duration of time

- HCP with a community exposure
  - If continuous household exposure contact OH for guidance

- If Vaccinated and boosted: No work restrictions unless during a DOH declared outbreak
  - Test on day 2 and day 5-7 after exposure.
  - If positive, then follow isolation guidelines. If COVID positive in the last 90 days testing is not required.
  - Self-monitor for fever and symptoms for 14 days. If they develop get tested and notify occupational health.

- If not vaccinated or if not boosted:
  - Restricted from work for 7 days, may return if day 6 or 7 covid test is negative.
  - If no test, restrict from work for 10 days.
  - Self-monitor for fever and symptoms for 14 days. If they develop get tested and notify occupational health.

*Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the Hospital for Hospital employees (for work-related exposures).

**HCP** = Healthcare personnel.

**Facemask** = Medical facemask worn at all times to include break-times with co-workers. We recommend taking breaks outside or staggering eating for safety.

**Respirator** = N95 mask, or PAPR or equivalent

**Eye protection** = HCP must wear eye protection (i.e. goggles or face shields) when (1) close proximity to patient’s head/neck region for >5 minutes is expected, (2) exposure to secretions or aerosolization is expected, or (3) patient is COVID-19+ or under investigation (including performing COVID-19 testing).

**Self-monitoring** = Checking temperature twice daily, monitoring for respiratory symptoms (e.g., cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking system.
1. Contact your healthcare provider for management of COVID-19 illness

2. Follow CDC self-quarantine guidance, with your specific instructions coming from your employer’s Occupational or Employee Health:
   - Stay home except to get medical care & notify doctor in advance that you have COVID-19
   - Separate from other people and pets in home
   - Wear a facemask & cover coughs and sneezes
   - Clean commonly touched surfaces
   - Seek medical attention right away if illness worsens (SOB)
   - Do not return to work until you receive clearance from your employer’s Occupational or Employee Health

If NOT moderately to severely immunocompromised Healthcare Personnel are excluded from work and need to isolate until:

HCP with mild to moderate illness or if asymptomatic
   
   At least 10 days have passed since symptoms first appeared AND at least 24 hours have passed since last fever without the use of fever-reducing medications AND symptoms (e.g., cough, shortness of breath) have improved.

Or at least 7 days have passed, symptoms have RESOLVED and a negative COVID antigen test within 48 hours of ending isolation.

HCP with severe to critical illness:

   At least 10 days and up to 20 days have passed since symptoms first appeared AND at least 24 hours have passed since last fever without the use of fever-reducing medications AND symptoms (e.g., cough, shortness of breath) have improved. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

IF moderately to severely immunocompromised with or without symptoms:

Healthcare Personnel are excluded from work and need to isolate until:

At least 10 days have passed since the date of the specimen collection of their first positive SARS-CoV-2 RNA test. Resolution of fever with no fever reducing medication, and improvement in symptoms AND two negative COVID antigen tests collected 24 hours apart. Considers consultation with an infectious diseases specialist.

When cleared for return to work:

   - Wear facemask at all times
   - Strict adherence to hand hygiene, respiratory hygiene
   - Self-monitor for symptoms and seek reevaluation for any new or worsening symptoms

GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference DC’s Resources for Health Care Providers (HCP): https://coronavirus.dc.gov/healthguidance.

HCPs working in Maryland or Virginia should follow local regulations and consult with their organization.