Healthcare Personnel COVID-19 Exposure or Positive Notification

Resident/Fellow
1. Inform your program director
2. If exposure is work-related, document the exposure in MedHub. If you need testing, schedule a “symptomatic test” at the University Lab through the myCHC portal

GW Students
1. Contact Colonial Health Center at 202-994-5300

MFA Providers & Staff
1. Notify your Manager and MFA Occupational Health at: occupationalhealth@mfa.gwu.edu or at 202-741-2344
2. If you believe your exposure was in the workplace:
   a. Submit First Report of Injury Form found here to occupationalhealth@mfa.gwu.edu
   b. Complete a Compliance 360 incident report to OCCUPATIONAL HEALTH (designee from your leadership may do so for you):
      i. MFA intranet: https://secure.compliance360.com/?organization=MFA
      ii. Offsite: http://gwmedicine.com/c360.htm

GW Hospital Staff
1. Contact your immediate supervisor
2. Enter your temperature and any symptoms daily in the Self-Monitoring Link your supervisor sends you.

*Exposure = contact in a healthcare setting with a COVID-19 positive person (source) within 6 feet for ≥15 minutes and all community exposures (see page 2). Vendors, contractors and visitors may also be involved in an exposure.

Note: Contractors should immediately contact their employer, as well as notify their GW contact and provide ongoing information on response to exposure.

For questions or advice, contact your Occupation or Employee Health, or send a TigerConnect message to “MFA COVID-19 Consult”
GW guidance adheres to and summarizes DC Health requirements. For additional details, please reference the full DC Health guidance document:

HCP working in Maryland or Virginia should follow local regulations and consult with their organization (see page 1)

*Testing is done at the MFA Clinic for MFA and University HCP. Testing is done at the Hospital for Hospital employees (for work-related exposures).

**HCP** = Healthcare personnel.

**Facemask** = Medical facemask worn at all times to include break-times with co-workers. We recommend taking breaks outside or staggering eating for safety.

**Respirator** = N95 mask, or PAPR or equivalent

**Eye protection** = HCP must wear eye protection (i.e. goggles or face shields) when (1) close proximity to patient’s head/neck region for >5 minutes is expected, (2) exposure to secretions or aerosolization is expected, or (3) patient is COVID-19+ or under investigation (including performing COVID-19 testing).

**Self-monitoring** = Checking temperature twice daily, monitoring for respiratory symptoms (e.g., cough, shortness of breath, sore throat, loss of taste/smell). Report symptoms on the GW online tracking system.

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**Healthcare Personnel COVID-19 Exposure Protocol**

**If Vaccinated and boosted**: No work restrictions unless during a DOH declared outbreak

- Test on day 2 and day 5-7 after exposure. If positive, then follow isolation guidelines
- Self-monitor for fever and symptoms for 14 days. If they develop get tested and notify occupational health

**If not vaccinated or if not boosted**: Restricted from work for 7 days, may return if day 6 or 7 covid test is negative

- If no test, restrict from work for 10 days
- Self-monitor for fever and symptoms for 14 days. If they develop get tested and notify occupational health

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**HCP who had prolonged (≥15 minutes) close (within 6 feet) contact with a patient, visitor, or HCP with confirmed COVID-19**

- Infected person is masked or wearing cloth face covering but employee is NOT wearing a mask plus eye protection
  - OR
  - Infected person is unmasked and employee NOT wearing respirator (N95) plus eye protection

**HCP not wearing all recommended PPE (i.e., gown, gloves, eye protection, respirator) while performing an aerosol-generating procedure within 6 feet for any duration of time**

**HCP with a community exposure**

- If continuous household exposure contact OH for guidance

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HCP working in Maryland or Virginia should follow local regulations and consult with their organization.

**Healthcare Personnel COVID-19 Positive Result Protocol**

1. Contact your healthcare provider for management of COVID-19 illness

2. Follow CDC self-quarantine guidance, with your specific instructions coming from your employer’s Occupational or Employee Health:
   - Stay home except to get medical care & notify doctor in advance that you have COVID-19
   - Separate from other people and pets in home
   - Wear a facemask & cover coughs and sneezes
   - Clean commonly touched surfaces
   - Seek medical attention right away if illness worsens (SOB)
   - Do not return to work until you receive clearance from your employer’s Occupational or Employee Health

**When cleared for return to work:**
- Wear facemask at all times
- Strict adherence to hand hygiene, respiratory hygiene
- Self-monitor for symptoms and seek reevaluation for any new or worsening symptoms

**Symptomatic at any point:**
Healthcare Personnel are excluded from work and need to isolate until:

**HCP with mild to moderate illness who are not severely immunocompromised:**
At least 10 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g., cough, shortness of breath) have improved.

**HCP with severe to critical illness or who are severely immunocompromised:**
At least 10 days and up to 20 days have passed since symptoms first appeared **AND** at least 24 hours have passed since last fever without the use of fever-reducing medications **AND** symptoms (e.g., cough, shortness of breath) have improved. Consider consultation with infectious disease experts.

Then return to work WITH clearance from your employer’s Occupational or Employee Health.

**Asymptomatic (never had symptoms, even if mild):**
Healthcare Personnel are excluded from work and need to self-quarantine until:

**HCP who are not severely immunocompromised and were asymptomatic throughout their infection:**
At least 10 days have passed since the date of the specimen collection of their first positive SARS-CoV-2 RNA test.

**OR** After 7 days if remaining asymptomatic and negative COVID antigen test on day 6 or 7

**For severely immunocompromised HCP who were asymptomatic throughout their infection:**
At least 10 days and up to 20 days have passed since the date of the specimen collection of their first positive SARS-CoV-2 RNA test.