**Date:** April 10, 2020

**The Daily Digest - GW Clinical Enterprise**

This email is intended to serve as a digest of all messaging for our clinical faculty, students, and staff. We will send this email at the close of business each day, as we are managing daily operations during the COVID-19 pandemic.

This content will also be available at [www.COVID19GWHealth.com](http://www.COVID19GWHealth.com) - please refer to that site often, as we will be posting updates on a regular basis.

If you have feedback, please feel free to send to SMHSNews@gwu.edu

**The GW Medical Faculty Associates**

1. No Update for Today

**GW Hospital**

1. Reminder: [Food Discounts Available for Health Care Workers](#)

2. **American Hospital Association Discounts:** [Discounts available to healthcare workers posted to the website](#)
The GW SMHS

1. No Update for Today

2. We have heard from members of our community that they want to support our mission during this time of need. The GW COVID Response Fund was established to support the work of our faculty, staff, and students during this crisis.

Staying GWell

In this section, we will share wellness resources, offers, and updates for the GW community to reference. Please find a comprehensive list of resources on the GWell page: https://smhs.gwu.edu/wellness/resources/covid-19-wellness-resources

1. Healthy Living @ Himmelfarb

   Mindful Meditation
   Practice led by Cynthia Powell, MA
   April 13, 2020
   12:30 -1:00pm
   Webex: https://gwu.webex.com/gwu/j.php?MTID=mc4306f1d7fa4e9ba7b8cf40e510d21ea
   Meeting number (access code): 475 068 100

2. 8 Ways to Set Boundaries Between Work and Kids


3. Staying Active

   https://www.hsph.harvard.edu/nutritionsource/staying-active/