Genesis of Ectopic Waves: Role of Coupling, Automaticity, and Heterogeneity

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ABSTRACT Many arrhythmias are believed to be triggered by ectopic sources arising from the border of the ischemic tissue. However, the development of ectopic activity from individual sources to a larger mass of cardiac tissue remains poorly understood. To address this critical issue, we used monolayers of neonatal rat cardiomyocytes to create conditions that promoted progression of ectopic activity from single cells to the network that consisted of hundreds of cells. To explain complex spatiotemporal patterns observed in these experiments we introduced a new theoretical framework. The framework’s main feature is a parameter space diagram, which uses cell automaticity and coupling as two coordinates. The diagram allows one to depict network behavior, quantitatively address the heterogeneity factor, and evaluate transitions between different regimes. The well-organized wave trains were observed at moderate and high cell coupling values and network heterogeneity was found to be qualitatively unimportant for these regimes. In contrast, at lower values of coupling, spontaneous ectopic activity led to the appearance of fragmented ectopic waves. For these regimes, network heterogeneity played an essential role. The ectopic waves occasionally gave rise to spiral activity in two different regions within the parameter space via two distinct mechanisms. Together, our results suggest that localized ectopic waves represent an essential step in the progression of ectopic activity. These studies add to the understanding of initiation and progression of arrhythmias and can be applied to other phenomena that deal with assemblies of coupled oscillators.

INTRODUCTION

The common scenario for sudden cardiac death syndrome is an episode of ventricular fibrillation, followed by a circulatory collapse. In most cases, ventricular fibrillation progresses from a ventricular tachycardia, which is a direct result of ischemia due to a transient block of a coronary vessel. Numerous studies have been aimed at understanding how local ischemia and/or subsequent reperfusion transforms ventricular cells into a source of ectopic beats (notably, we focus on a subset of arrhythmias called ectopic, and do not address here the anatomical or functional obstacles leading to reentry formation). The majority of these studies have been aimed at important elementary events both on the cellular and subcellular level. Indeed, a wealth of information regarding the effect of the ischemic environment and/or its reperfusion on individual ionic channels, metabolic activity, or ion concentrations is now available (1). However, even if one fully understands the changes that occur on the individual cell level, there is another set of questions to be addressed at the network level. Specifically, we refer to the fact that myocytes function within both an outer and inner network of surrounding cells. By outer, we mean a large mass of continuously paced healthy tissue that surrounds the ischemic area. By the inner, we mean a small part of the ventricular or atrial tissue, exposed to a continuously changing environment as ischemia progresses or reperfusion process is initiated. Notably, both inner and outer networks consist of an intrinsically heterogeneous network of interconnected cells.

To start addressing these complex issues we developed an experimental model in which a small region of a cardiomyocyte network called the I-zone is subjected to an ischemia-like environment. The area within the I-zone thus serves as an inner network and cells in the surrounding C-zone take the role of the outer or the control environment (2). We have conducted a series of studies in which we verified the ability of the ischemic environment or adrenergic stimulation to elicit arrhythmogenic response in these preparations (3). Moreover, we have observed that the generation of ectopic arrhythmias is associated with a transition of ectopic activity from individual cells to slowly propagating ectopic waves. These ectopic waves encompass a large number of cells (from tens to hundreds), but remain confined to the local area of injury.

The fact that a similar process of developing ectopic waves was observed in different experimental conditions, including ones that mimicked reperfusion and release of β-adrenergic agonists, led us to conclude that factors governing such behavior are of a general nature. Specifically, we hypothesized that overall network behavior, including ectopic waves, can be described by three macroscopic factors. These are: 1), rate of spontaneous cell depolarization of individual network elements (the term automaticity will be used thereafter); 2), cellular cell coupling; and 3), heterogeneity of network elements. This article provides direct experimental evidence that concurrent alterations of cell automaticity and coupling in heterogeneous cell network lead to conditions associated with
ectopic waves. The experimental findings are then explained and expanded by simulations using the Beeler-Reuter model of cardiac cell and by general theoretical analysis.

MATERIALS AND METHODS
Experimental protocols
Cardiomyocytes from two-day-old Sprague-Dawley rats were obtained using an enzymatic digestion procedure (4) in accordance with the guidelines of the institutional Animal Care and Use Committee. A custom-made experimental chamber, which allows one to perfuse a small area of cell network with a solution of interest (l-zone) while monitoring both control and the affected areas, was described earlier (2). Each spontaneous or paced action potential was associated with a calcium transient (CaT), measured as Fluo-4 signal. Experiments were conducted using a BioRad MRC-1024 confocal imaging system (Hercules, CA). Low-power magnification objective (Olympus PlanApo 4×/0.16 NA, Melville, NY) was used to capture the injury and control zones simultaneously. Experiments were conducted at room temperature. Each of the protocols was conducted at least seven times. Presented figures and graphs are typical results of corresponding scenarios.

Modeling studies
Our numerical work rests on the Beeler-Reuter model of a cardiac myocyte (5). The model describes the state of a cell by the variable $e$, representing the membrane potential
del e = (-I_{Na} + I_{d} + I_{K1} + I_{sl})/C + coupling term,  
(1)
where $e$ is the membrane potential of the cell; $C$ the capacitance per area of membrane; $I_{Na}$ the fast depolarizing sodium current; $I_{d}$ is the slow depolarizing current, carried mostly by calcium; and $I_{K1}$ and $I_{sl}$ are the two repolarizing potassium currents. These currents depend on the membrane potential, the calcium concentration, and six gating variables.

We consider an idealized situation, where cells are located on a rectangular lattice, so the variables are labeled by two integers—$i$ and $j$ labeling the rows and columns of the lattice. Cells are coupled to their nearest neighbors,

coupling term$(i; j) = D/f^2[e(i + 1; j) + e(i - 1; j) + e(i; j + 1) + e(i; j-1) - 4e(i; j)],  
(2)
where $D$, the diffusion coefficient, is proportional to the conductivity between cells, and $f$ is the distance between cells. The value of $f$ is set at 30 μm to account for the mean spacing between the centers of two adjacent cells, an estimate from experimental preparations. Velocity of propagation in isotropic cardiomyocyte networks is $\sim$10 cm/s, which corresponds to a diffusion coefficient on the order of $D = 0.10$ cm$^2$/s (6).

To make cells spontaneously active we alter the balance between inward and outward currents by multiplying the $I_{K1}$ in Eq. 1 by a factor $A$, $A < 1$. By varying the parameter $A$, we find that an individual cell spontaneously oscillates, provided the value of $A$ is smaller than a critical value, $A_{crit}$. When $A$ approaches $A_{crit}$ from below, the amplitude of the oscillation remains the same, while the period $T_{osc}$ of the oscillation diverges logarithmically: $T_{osc} \sim \ln(A_{crit} - A)$, $A \leq A_{crit}$. This indicates that the change from oscillatory to excitable but quiescent behavior occurs through a homoclinic bifurcation (7). For chosen values of sodium and potassium conductance (8) we found that the critical value is $A_{crit} = 0.1606$. To model heterogeneous network behavior, each cell was assigned a different value of $A$. Specifically, we write the coefficient $A$ as $A = A_0 + \alpha(i;j)$, where parameter $A_0$ is arbitrarily set at a value 0.3 and $\alpha(i;j)$ is a Gaussian, spatially uncorrelated random variable, with a mean value ($\alpha$), and a standard deviation $\delta \alpha$. The parameter $\alpha$ thus reflects the degree of $I_{K1}$ inhibition starting from 30% of the initial $I_{K1}$ value (specifically ($0.3 - \alpha$) $I_{K1}$). Although arbitrary, this maneuver allowed us to work closer to the values where oscillatory behavior is observed while employing simple $\delta \alpha/\alpha$ ratios. By setting initial values of $I_{K1}$ at 30%, one also mimics smaller $I_{K1}$ values reported for neonatal cardiomyocytes (9,10) as compared to the parameters used by Beeler and Reuter for adult ventricular cells (5).

The results presented here correspond to a network consisting of two rectangular regions next to each other. The control lattice consisted of $10 \times 20 = 200$ cells (C-zone) in which values for the diffusion coefficient $D$ and $I_{K1}$ remain unchanged and equal to the control values (100% of $I_{K1}$; and $D = 0.1$ cm$^2$/s). In the I-zone ($30 \times 20 = 600$ cells) the diffusion coefficient was diminished and $I_{K1}$ was inhibited as described above.

The system was studied numerically, using a finite difference method. We used either a Crank-Nicholson or a second-order Runge-Kutta scheme (11). These schemes are second-order in space and time. The quality of the time integration was checked by systematically studying the effect of the timestep size. We have generated both $x,y$ and $xt$ frames with a grayscale reflecting the internal calcium concentrations (black being highest) to compare our numerical results with experiments in which CaT were recorded. Plotting events using membrane potential instead of calcium concentrations provided conceptually identical results as illustrated in Fig. 8.

RESULTS
This section consists of three parts. Experimental Studies presents experiments illustrating network behavior associated with simultaneous alteration of automaticity and coupling in neonatal cardiomyocyte cultures. Numerical Studies describes our numerical studies using Beeler-Reuter formalism. It is organized around a parameter space diagram, showing the possible dynamic regimes observed in the model as a function of $\alpha$, which relates to the rate of spontaneous cell depolarization, and of the diffusion coefficient, $D$. Of particular interest here are the transitions between these states. In Theoretical Aspects and its Appendices, we analyze, from a theoretical point of view, transitions between the quiescent state of the network and the spontaneously oscillating states, and address the effect of the network size. We also discuss the transition between the low coupling case, which is the main emphasis of this work, and the well-studied high coupling limit, which leads to cells’ synchronization.

Experimental studies
To recreate conditions favoring ectopic waves in vivo, we employed preparations of neonatal cardiomyocytes. These preparations, although different in some aspects from adult heart tissue, have been successfully used to unravel fundamental properties of impulse conduction in cardiac tissue (reviewed in Kleber and Rudy (12)).

Increasing automaticity using barium
Rate of spontaneous depolarization was increased by inhibiting the inward rectifier potassium current ($I_{K1}$) using low concentrations of barium (13,14). The $I_{K1}$ is abundant in both ventricular and atrial cells and effectively clamps membrane potential to its resting values. Its inhibition allows background
inward currents to depolarize the cell membrane during the resting state, leading to or enhancing cell automaticity (15). Application of submillimolar BaCl$_2$ concentrations led to an immediate increase in the frequency of spontaneous cell firing as illustrated in Fig. 1A. To obtain the concentration curve shown in Fig. 1A, the network was partitioned into $\sim$4 mm$^2$ squares, and designated BaCl$_2$ concentrations were applied to the partitioned cell layer. Frequency of four partitioned and therefore independently beating areas was recorded to get an average frequency. Response to the application of BaCl$_2$ was almost immediate (2–5 s) and fully reversible.

For application of barium to inner network only, we used the local injury chamber described in our previous studies (2,16). Application of BaCl$_2$ to the I-zone shifted the pacemaker activity into the I-zone and increased the monolayer firing frequency (Fig. 1B).

**Decreasing cell-to-cell coupling by gap-junctional inhibitor Heptanol**

Fig. 2A illustrates the effect of increasing Heptanol concentrations on the velocity of wave propagation. It took 15–20 s for uncoupling effects of Heptanol to develop. It was fully reversible, in agreement with previous studies by us and others (3,17). When Heptanol concentrations exceeded 2 mM, even elevated voltage on pacing electrodes failed to elicit a propagating front. Notably, at very high concentrations Heptanol was shown to inhibit $I_{Na}$ (18), which might reduce cell excitability and contribute to propagation failure.

Local application of Heptanol to the I-zone only either slowed (0.5–1.5 mM) or completely prevented (>2 mM) penetration of the external activity into the I-zone (Fig. 2B). Upon uncoupler wash-out the control propagation pattern was gradually restored without incidence of arrhythmias.

**Local application of BaCl$_2$ together with gap junctional uncoupler**

Application of BaCl$_2$ (0.1–1 mM) to the I-zone in combination with the Heptanol (1.5–4 mM) led to altered wave propagation patterns in both I-zone and the control area. Typical behavior observed during local application of 0.1 mM BaCl$_2$ and 2 mM Heptanol can be seen in Fig. 3 (note that experiments presented in Figs. 3 and 4A were conducted in quiescent cell monolayers in the absence of external pacing). For the first 10 seconds the center of activity shifts into the I-zone similar to the application of BaCl$_2$ alone (Fig. 1B). However, as Heptanol starts to affect gap junctional conductance, the spatiotemporal pattern changes. Specifically, an independent pattern of wave propagation develops within the I-zone, while activity in the control network returns to a quiescent state (Fig. 3B, middle panel). I-zone activity is associated with slowly propagating local waves. Visually these patterns range from individual ectopic sources (clusters of 3–10 cells) to localized waves encompassing 10–100 cells and finally spreading ectopic waves that propagate through an entire I-zone area (Figs. 3C and 4A and B, and Supplementary Materials, Video Supplement I). Changing patterns

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**FIGURE 1** Effect of BaCl$_2$ on frequency and spatiotemporal pattern of activity. (A) Upper panel depicts the appearance of four partitioned areas that beat independently. Each beat is initiated by an action potential and is associated with Ca-transient (CaT). Presence of Fluo-4 inside the cells results in a brighter field during CaT propagation. No external pacing was used in these experiments. (B) The diagram on the top left depicts the position and shapes of the I- and C-zones. It also shows position of the line used to obtain the $x,t$ scans shown on the right. When a quiescent cell layer is paced (the position of the stimulating electrodes relative to the I-zone used for this figure is shown by a pair of black dots), an $x,t$ scan shows all cells exhibiting CaT along the line at the same time. When barium is applied it shifts pacemaker activity to the I-zone, resulting in a domelike appearance of the $x,t$ signal. The CaT trace on the left illustrates an increased frequency of CaT upon BaCl$_2$ administration.
of activity included spontaneous formation of spirals (as shown in Supplementary Materials, Video Supplement II).

Recovery from BaCl$_2$-Heptanol application

Wash-out of BaCl$_2$-Heptanol from the I-zone causes arrhythmias in the C-zone. This can be seen in traces from Fig. 3 B (right panel) and graphically in x,t scans (Fig. 4 C). During this period, multiple ectopic waves exited from different locations along the border, leading to a burst of arrhythmogenic activity. Another common scenario behind such arrhythmias was a conversion of ectopic waves into spiral activity. In experiments spiral activity was initially
confined to the I-zone but as reperfusion progressed, it spread into the control network.

**Concepts of parameter space diagram and ectopic nexus**

The above experiments suggested a two-coordinate diagram (Fig. 5) that allows one to characterize the network behavior. The ventricular-like of conduction represented a control state of the network, in which an external stimulus was followed by a planar propagating front. An uncoupled quiescent state was typical for Heptanol concentrations exceeding 2 mM. Synchronized firing from the I-zone was always observed during barium application (0.1–1 mM concentrations). As far as ectopic wave region is concerned, its exact appearance varied. The specific concentrations of both Heptanol and BaCl$_2$ required for achieving a particular type of pattern were slightly different between each of the preparations or even individual coverslips. Our numerical and theoretical studies presented below provide an explanation for such variability (see Effect of Heterogeneity; Different Spatial Distributions of the Network Elements; and Appendix 2).

Transitions between the control and two other major states (e.g., propagation failure and synchronized activity, Fig. 5) are straightforward conceptually and were observed during barium or Heptanol applications and their wash-outs (Figs. 1 B and 2 B). These transitions were not arrhythmogenic for either I- or C-zone networks. This is in contrast to the transitions depicted by the diagonal arrows. Specifically, upon recovery from conditions associated with ectopic waves, disordered patterns of activity or arrhythmias were always observed in both I- and the C-zones. Thus, we decided to focus our attention on this conspicuous region. We named the conditions when ectopic waves co-exist, side-by-side with either quiescent or paced outer network, an *ectopic nexus*. We
believe that ectopic nexus is essential for the progression of ectopic activity from individual cells to the rest of the cell network. This point is supported by the data given in Fig. 6, A–C, which summarizes different experimental protocols. It includes reperfusion from ischemia-like conditions (4); application of isoproterenol-Heptanol (3); and data from BaCl$_2$-Heptanol experiments. Cartoons on the right illustrate changes in automaticity (denoted as $\alpha$) and coupling (denoted as $D$), which we believe take place during these protocols. As one can see, in all three protocols the ectopic nexus conditions precede the generation of arrhythmias in the $C$-zone. This observation makes the concept of an ectopic nexus and/or conditions associated with its existence a clinically important issue. We thus proceeded with its full numerical and theoretical assessment.

**Numerical studies**

*Overview*

To model experimentally observed phenomena we created parameter space with two variables: 1), a dimensionless parameter $\alpha$ that controls transition from an excitable but quiescent cell to an oscillatory cell ($\alpha$ increases when concentration of BaCl$_2$ increases); and 2), the diffusion coefficient $D$, which is a measure of cell coupling ($D$ decreases when concentration of Heptanol increases). To reflect intrinsic myocyte heterogeneity we introduced a random distribution in the distribution of cell properties in our system. Together, these three ingredients (two control parameters and randomness in the distribution of cell properties) lead us to formulate a mathematical model, which defines, in the parameter space ($D, \alpha$), various regions corresponding to the wave regimes observed experimentally. The five regions (arbitrarily labeled I–V in Fig. 7) correspond to the following regimes:

- **I**, a synchronously beating cell network.
- **II**, individual ectopic sources.
- **III**, fragmented ectopic waves.
- **IV**, a quiescent state where wave propagation is not possible.
- **V**, a quiescent state where wave propagation is possible.

Figs. 8–10 illustrate these regimes by presenting system behavior at different fixed conditions within the parameter space. In the experiment as well as in vivo, however, one is dealing with a continuously changing environment. Therefore, after characterizing fixed conditions, we went on to address the system behavior during transitions between different regions within the parameter space (Figs. 11–15).

*Construction of the parameter space diagram.* We consider a finite system, of size 40 $\times$ 20 cells. The system has

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**FIGURE 6** Ectopic nexus and its relevance to arrhythmogenesis. Panels on the left show representative pairs of traces from the $C$-zone (black) and $I$-zone (red). Cartoons on the right illustrate suggested changes in automaticity (denoted as $\alpha$) and coupling (denoted as $D$). Black arrows mark arrhythmias in the $C$-zone. Shaded areas correspond to ectopic nexus conditions (ectopic waves within $I$-zone). (A) Reperfusion from ischemia-like conditions (4). Notably, during this protocol ectopic waves were observed only transiently alongside border of the $I$-zone. This explains negligible amplitude of CaT from the $I$-zone trace during ectopic nexus conditions. (B) Isoproterenol-Heptanol application (3). (C) BaCl$_2$-Heptanol application. This trace illustrates the effect of BaCl$_2$-Heptanol application to the paced monolayer. Note that during the ectopic nexus conditions (shaded area), network activity in the $I$- and $C$-zones are different. This is similar to the experiments conducted in quiescent cultures illustrated in Fig. 3.
and a standard deviation $D$. When the value of $\langle \alpha \rangle$ is small, the system can be excited but is not spontaneously active, i.e., in the absence of external stimulus it will remain in a quiescent state. On the other hand, when the value of $\langle \alpha \rangle$ is large enough, the cells are all spontaneously active, and a truly dynamic state is expected to emerge. Therefore, for each value of $D$ one will expect the existence of a critical value of $\langle \alpha \rangle$, below which the system remains in the quiescent state, and above which oscillations are observed. To determine the critical value of $\langle \alpha \rangle$ as a function of $D$, we integrate the system of equations with a fixed value of $D$, and vary the values of $\langle \alpha \rangle$. The strategy then consists in finding a value of $\langle \alpha \rangle$ larger than the threshold, $\alpha_1$, for which the system is in a state where oscillations are observed, and a value of $\langle \alpha \rangle$ smaller than the threshold, $\alpha_c$, for which the system is quiescent. Another calculation is then carried out for the value of $(\alpha_c + \alpha_1)/2$.

This new value replaces $\alpha_1$ (respectively, $\alpha_c$) if it leads to an oscillatory state (respectively, quiescent state). This leads to an efficient dichotomy algorithm. The determination of the threshold was carried out until a value with three significant digits was obtained. Fig. 7 shows the critical values of $\langle \alpha \rangle$ as a function of $D$, the value of $\delta \alpha/\langle \alpha \rangle$ being equal to $\frac{1}{2}$. Thereafter we refer to this set of critical values as a transition curve.

**Propagating versus non-propagating ectopic sources**. The transition curve shown in Fig. 7 shows a visible change of slope occurring for a value of $D_1 \approx 4.75 \times 10^{-5}$ cm$^2$/s, and $\alpha_1 = 0.0912$. Such change of slope in the $(\langle \alpha \rangle, D)$ plane reflects two different behaviors of the solutions of our system. For $D < D_1$ the state above the transition curve corresponds to a situation when an individual cell oscillates while all the others remain quiescent (notably, here we refer to the conditions very close to the transition curve). For $D > D_1$, on the other hand, the solution above the transition curve involves the excitation of several cells leading to a signal that propagates away from the area where it originated. The range over which this signal propagates depends on $D$. This is illustrated in Fig. 8 (top panel). The entire domain is shown, at an instant of time. (Unfilled area corresponds to quiescent cells, and solid area shows the excited cells.) For $D \approx D_1$, the activity remains confined close to the area where it originated (Fig. 8 A, $D = 3 \times 10^{-5}$). At values of $D \approx D_1$, activity spreads to several nearby cells (Fig. 8 A, $D = 5 \times 10^{-5}$), whereas, at $D > D_1$, the train of waves propagate throughout the entire I-zone, leading to pacemaker-like activity (Fig. 8 A, $D = 8 \times 10^{-5}$). As $D$ becomes larger, the wave pattern emerging from the effective pacemaker center remains the same all along the transition curve for the same distribution of $\alpha(i; j)$, whereas the wavefront velocity increases (data not shown).

A useful insight on the wave regimes can be obtained by representing the evolution of the system in $x$,$t$-scanning mode, that is, by plotting the activity along a chosen $y$ line as a function of time. For example, Fig. 8 B shows dynamic behavior of the system when $D = 8 \times 10^{-5}$ and $\langle \alpha \rangle = 0.10$ (corresponding $x,y$ frame can be seen in Fig. 8 A, top right panel). This figure also illustrates that the process was identical when either intracellular calcium or membrane voltage values were used to plot the activity. One can also see the confinement of the ectopic waves to the I-zone.

Importantly, in all our simulations both the I-zone and C-zone were present. However, in the simulations presented in this study the C-zone was not paced. It simply served as a quiescent network which neighbors the I-zone and illustrates both an I-zone and a C-zone (see Materials and Methods) with changes in $\alpha$ and $D$ being applied to the cells in the I-zone only. In the system we numerically construct a realization of spatially uncorrelated random variable $\alpha(i; j)$. Variable $\alpha(i; j)$ has a Gaussian distribution with a mean value $\langle \alpha \rangle$ and a standard deviation $\delta \alpha$. Although the precise properties we are studying depend on the particular distribution of the $\alpha(i; j)$, we found that our results are always qualitatively similar to the one we choose to present here; only the quantitative values differ from run to run (with exceptions considered under Fig. 15 and related text). In our studies we vary $\langle \alpha \rangle$ and $\delta \alpha$ together, keeping the ratio $\delta \alpha/\langle \alpha \rangle$ fixed. The system is then characterized by only two parameters: $\langle \alpha \rangle$ and $D$. When the value of $\langle \alpha \rangle$ is small, the system can be excited but is not spontaneously active, i.e., in the absence of external stimulus it will remain in a quiescent state. On the other hand, when the value of $\langle \alpha \rangle$ is large enough, the cells are all spontaneously active, and a truly dynamic state is expected to emerge. Therefore, for each value of $D$ one will expect the existence of a critical value of $\langle \alpha \rangle$, below which the system remains in the quiescent state, and above which oscillations are observed. To determine the critical value of $\langle \alpha \rangle$ as a function of $D$, we integrate the system of equations with a fixed value of $D$, and vary the values of $\langle \alpha \rangle$. The strategy then consists in finding a value of $\langle \alpha \rangle$ larger than the threshold, $\alpha_1$, for which the system is in a state where oscillations are observed, and a value of $\langle \alpha \rangle$ smaller than the threshold, $\alpha_c$, for which the system is quiescent. Another calculation is then carried out for the value of $(\alpha_c + \alpha_1)/2$. This new value replaces $\alpha_1$ (respectively, $\alpha_c$) if it leads to an oscillatory state (respectively, quiescent state). This leads to an efficient dichotomy algorithm. The determination of the threshold was carried out until a value with three significant digits was obtained. Fig. 7 shows the critical values of $\langle \alpha \rangle$ as a function of $D$, the value of $\delta \alpha/\langle \alpha \rangle$ being equal to $\frac{1}{2}$. Thereafter we refer to this set of critical values as a transition curve.
inability of ectopic waves to escape from the I-zone. In the following figures, the non-active C-zone (which, in Fig. 8, appears as an unfilled rectangle next to the I-zone) was cropped from the figures to save journal space (interaction of the paced C-zone activity with the ectopic waves from the I-zone is a subject of our next article).

Fig. 9 presents $x,t$ scans of the I-zone obtained at very low values of coupling ($D < D_1$) and at increasingly large values of $\langle \alpha \rangle$. At small values of $\langle \alpha \rangle$, the activity spreads from well-identified sources and remains confined to small area around these sources. As the value of $\langle \alpha \rangle$ increases, the wave spreads into a larger and larger area of the system, giving rise to an oscillation for each cell of the system. We never observed that the wave pattern reached a simple, periodic state, even for very long times of integration ($> 600$ s). This suggests that the regime is chaotic.

Spiral waves were occasionally observed in region III of the parameter space (Fig. 7), as a result of the evolution of ectopic activity. A detailed graphic presentation of these events can be seen in Fig. 10.

Effect of changing coupling and/or automaticity. To study the transitions between the regimes in a systematic fashion we varied either $\langle \alpha \rangle$ or $D$ as a function of time, and recorded the pattern of activity in $x,t$ scanning mode (Figs. 11 and 12). The rate of change for $\langle \alpha \rangle$ and $D$ were chosen to be slow enough, so the resulting pictures look qualitatively similar by

![FIGURE 8 Appearance of activity above the transition curve. (A) The diagram on the top shows the relative position of the I- and C-zones. Below the diagram, one finds a row of three representative $x,y$ frames. They illustrate the events that took place when the I-zone network was given $\langle \alpha \rangle$ and $D$ values shown on the parameter space diagram by three black dots (see graph below). (Left $x,y$ frame) For a small value of $D$ ($D = 3 \times 10^{-5}$), only a few individual cells are firing. (Middle $x,y$ frame) For intermediate values of $D$ ($D = 5 \times 10^{-5}$), the activity encompasses several cells close to a single ectopic center. (Right $x,y$ frame) For a larger $D$ ($D = 8 \times 10^{-5}$), the ectopic waves spread throughout an entire region. Note that this figure illustrates processes just above the transition curve. The network behavior at higher values of $\langle \alpha \rangle$ is considered next. (B) The $x,t$ scans show behavior of the system at $D = 8 \times 10^{-5}$, $\langle \alpha \rangle = 0.10$ using both CaT and $V_m$. Note that the wave activity remains confined to the I-zone, with the C-zone remaining silent.

![FIGURE 9 Length of ectopic waves. Once above the transition curve the length of the ectopic waves increases when either $\langle \alpha \rangle$ or $D$ are increased. The events are presented in $x,t$ mode and are acquired from the $y$ line positioned in the middle of the I-zone (only the I-zone is shown for the $x,t$ scans, since the C-zone remains silent). Comparing these images to the $x,t$ scans acquired experimentally (Fig. 4 A), one can conclude that patterns are very similar; note that numerical $x,t$ scans have opposite grayscale (black corresponds to excited cells, white to quiescent). Note also that the frame for $x,t$ scan at $\langle \alpha \rangle = 0.08$, $D = 3 \times 10^{-5}$ appears to be blank because the single ectopic cell, which exhibits oscillatory behavior at these conditions, lies outside the area where the $y$ line was placed.}
doubling the rate of change of the parameters. The values chosen are \( \frac{d\alpha}{dt} = 5 \times 10^{-4} \text{s}^{-1} \), and \( \frac{dD}{dt} = 5 \times 10^{-7} \text{cm}^2/\text{s}^2 \). Fig. 11 shows system behavior during gradual increase in \( \langle \alpha \rangle \) while \( D \) values are kept constant, and the Fig. 12 illustrates effects of gradual changes \( D \) while \( \langle \alpha \rangle \) is constant. In these simulations, the behavior below and above the threshold of excitation can be clearly seen. Activity starts at values slightly above the transition curve. At very low values of coupling, the wave does not spread to all the cells, even for fairly high values of \( \langle \alpha \rangle \). On the other hand, for \( D > 4.75 \times 10^{-5} \text{cm}^2/\text{s} \), the recorded wave activity propagates throughout the entire \( I \)-zone, as shown in Fig. 8. The threshold values observed while increasing \( D \) are close to the thresholds corresponding to the transition curve. The wave patterns remain discontinuous for all \( \langle \alpha \rangle \) values, whenever \( D < D_1 \).

Changing coupling and/or automaticity: the rate of transition. Each point above the transition curve is associated with dynamic events such as propagation of waves. Therefore, the rate of change of either coupling or automaticity has to be slow enough for the previous condition to reach its semi-steady state. Increasing the rate of change leads to an essential smearing of the transition curve toward the direction of change. It occurs because waves, initiated under

**FIGURE 10** Generation of spiral from propagating and non-propagating ectopic sources. Twelve sequential frames (arranged in three columns) illustrate interaction of two ectopic sources followed by formation of a freely rotating spiral \((D = 3 \times 10^{-5}, \langle \alpha \rangle = 0.10, \delta \alpha = 0.025)\).

**FIGURE 11** Effect of gradually increasing automaticity at fixed coupling. The arrows on the parameter space diagram depict the direction and range of automaticity values, which were gradually changed during this set of simulations. The rate of change \( \frac{d\alpha}{dt} = 5 \times 10^{-4} \text{s}^{-1} \) is slow enough, so the resulting pictures look qualitatively similar if one doubles the rate of change.
conditions when ectopic activity existed, continue to propagate even after the transition curve was passed and the system transitioned into the region where no spontaneous activity is observed. The region where spontaneous activity does not exist, but the externally initiated waves can propagate is marked by V (Fig. 7).

Another interesting aspect associated with fast transitions is an occasional generation of spirals (Fig. 13). When coupling is increased, the system goes from the regions II and III above the transition curve where spontaneous activity is present, to the regions IV and V beneath the transition curve where no spontaneous activity is observed. The network then goes through a series of extinctions as each of the ectopic centers gets turned off. Therefore, after one source has disappeared, and before the next one disappears, one will have the debris of the previous interaction and waves coming from the last ectopic center, which can give rise to spirals (Fig. 13, bottom panel). When the rate of change is slow, the last ectopic center will have sufficient time to pace either debris or spirals away from the system (19). This reasoning supposes that the last ectopic source paces faster than the spiral wave. If not, then, the spiral wave will stay. When the very last ectopic center becomes silent, all the broken arms have been removed. On the contrary, if the system does not have enough time between the last and penultimate extinction, the debris will not go away, and its interaction with the last ectopic firing will give rise to a spiral which will passively propagate as the system now enters into the region V where propagation is possible. For a large system with many ectopic sources, they will disappear at critical values of coupling very close to each other. So the transition rate has to be very slow to remove the spirals. In addition, the drift induced by pacing may be very slow, and one has to move the broken wave arms a long way. These factors increase the likelihood of getting a spiral when the size of the system increases.

Effect of heterogeneity. All the results discussed so far correspond to a value of \( \delta \alpha / \langle \alpha \rangle \approx 1/2 \). Fig. 14 considers the case where the network is less heterogeneous and the value of \( \delta \alpha / \langle \alpha \rangle \) is reduced to one-quarter while keeping the same realization of the random variable used to construct \( \langle \alpha \rangle \). As one can see, the transition curves for the two values of \( \delta \alpha / \langle \alpha \rangle \) are similar: they consist of two branches, with a change of slope at a value \( D_1 \). Point \( D_1 \) separates the low values where the transition to a time-dependent regime occurs only at the level of individual cells from the higher values of \( D \) where the transition involves waves originating from a cluster of cells. The sources of initial activity involved in the transitions below or above \( D_1 \) are identical for the two ratios \( \delta \alpha / \langle \alpha \rangle = 1/2 \) and \( \delta \alpha / \langle \alpha \rangle = 1/4 \), assuming the identical initial distribution of \( \alpha(i,j) \). Despite similarities in the general shape of the transition curves, one can also note the marked impact that heterogeneity has on the threshold values at which the system exhibits ectopic waves. At large values of \( D \), the transition line, corresponding to \( \delta \alpha / \langle \alpha \rangle = 1/4 \) is halfway between the transition line for \( \delta \alpha / \langle \alpha \rangle = 1/2 \) and a dotted horizontal line corresponding to \( \delta \alpha = 0 \). This is explained theoretically in Appendix 3.

The dotted horizontal line in Fig. 7 and Fig. 14 illustrates network behavior when all cells are identical (i.e., \( \delta \alpha = 0 \)). In such a case, the entire network is either quiescent (below the dotted line) or is uniformly oscillating (above the dotted line). Notably the exact value of the \( \delta \alpha = 0 \) is 0.1394 corresponds to \( \lambda_0 - A_0 = 0.3 - 0.1606 \) when the transition to oscillatory behavior occurs for a single cell (see Materials and Methods).
One can make an important conclusion here. Under control conditions (i.e., \( \alpha = 0, D = 0.1 \text{ cm}^2/\text{s} \)), the system is found in the lower right-hand corner of the parameter space (note that the \( D \)-axis shown in Fig. 7 will have to be significantly extended to include control values of \( D = 0.1 \text{ cm}^2/\text{s} \)). Heterogeneity will have a negligible impact on the overall network behavior here, because the system is far from the transition curve. However, a significant impact of heterogeneity on a system’s behavior can be seen when it is found in a functional space, close to the regions II and III, where ectopic waves originate.

**Different spatial distributions of the network elements.** In our simulations we tested three different initial distributions of \( \alpha(i,j) \). Different spatial arrangement of heterogeneous cells can lead to both similar (Fig. 15 A, \( D = 4 \times 10^{-3} \text{ cm}^2/\text{s} \)) and different network behavior (Fig. 15 A, \( D = 7 \times 10^{-5} \text{ cm}^2/\text{s} \)) under identical values of \( D \) and \( \langle \alpha \rangle \). The latter occurs due to the shift of the transition curve with each distribution. Thus, for sample #2, a combination of \( \langle \alpha \rangle = 0.10; D = 7 \times 10^{-5} \text{ cm}^2/\text{s} \) corresponds to a point beneath sample’s #2 transition curve, and for sample #1 the same point is above its transition curve.

Notably, despite the differences in system behavior at any specific point of the diagram, the transitions between the regions and conclusions illustrated in Figs. 7–15 hold true for any initial distributions of \( \alpha(i,j) \) relative to their transition curve. For example, Fig. 15 B shows two \( x,t \) sequences that illustrate the transition occurring during a gradual increase in \( D \) at fixed \( \langle \alpha \rangle = 0.10 \). It is evident that the transition for the two samples with different \( \alpha(i,j) \) is, in effect, an identical process, although the exact values of \( D \) where the network becomes quiescent vary between the two distributions.

Another important issue is the size of the inner network. In some ways it is related to both heterogeneity and spatial distribution issues, as they both change with the size of the I-zone. A physical enlargement of the I-zone leads to the appearance of additional transition points \( D_1 \), \( D_2 \) and is further discussed in Theoretical Aspects, below, and in the Appendices.

**Theoretical aspects**

Our numerical study reveals three remarkable features, which we explored using theoretical considerations. Below is a brief overview of these results. Interested readers are referred to the Supplementary Materials for more details.

**Role of low coupling**

The first interesting phenomenon is that the new wave regimes (individual ectopic, local ectopic waves, spreading
Ectopic waves) can be observed only at very small values of $D$ ($D < 10^{-4}$ cm$^2$/s, i.e., for values of $D$ that are thousandfold smaller than in control tissue), whereas at larger values of $D$ only regular waves, very reminiscent of a system where all oscillators synchronize, are observed. Theoretical analysis of this issue, accomplished by studying circumstances under which synchronization occurs in such a system, indeed revealed that the new regimes occur for $D < 10^{-4}$ cm$^2$/s (see Appendix 1).

**Transition from quiescent to oscillatory states**

The second interesting phenomenon observed in our numerical study is that the transition from quiescent to oscillatory

![Image](image-url)
states occurs along branches of solutions, corresponding to various patterns of oscillations along the transition line (e.g., Fig. 8 A; in particular, compare $\langle \alpha \rangle = 0.08$ and $\langle \alpha \rangle = 0.094$). As one jumps from one pattern of activity to another, a clear slope discontinuity is observed along the transition curve. One can try to understand this phenomenon by studying, in a systematic manner, the existence and stability of a quiescent state. We carried out such analysis by using the simpler FitzHugh-Nagumo model; the equation-governing stability is then a Schrödinger equation (see Appendix 2). Our study provides a very natural explanation for the observation of different branches of eigensolutions going unstable, depending on the parameters in the model, and of the different parts of the transition curve (see Appendix 4; see also Fig. A2).

**Stability results with randomly distributed cells**

The third interesting phenomenon is the appearance of a transition between non-oscillatory and oscillatory regimes, along the transition curve, at a value of $\langle \alpha \rangle$—which is smaller than the value $\alpha_{osc}$ corresponding to the transition for a single cell. The theoretical analysis of the solutions of the stability problem allowed us to justify this fact (see Appendix 3). It also allowed us to determine the asymptotic shape of the transition curve at large values of $D$,

$$\alpha_{cr} = \alpha_{osc} - \frac{B^2}{D},$$

where $B$ is a number that depends only on the precise distribution of $\alpha(i,j)$.

This prediction is found to be in full agreement with the numerical results (see Fig. A1).

**DISCUSSION**

**Mechanisms behind automaticity**

We believe that the spatiotemporal patterns listed in Fig. 7 reflect a generic behavior that occurs regardless of specific ionic mechanisms underlying ectopic activity or cell-to-cell coupling. Indeed, ectopic arrhythmias can be initiated by a variety of triggers and have been shown to exist despite age or species-related differences in ionic channel expression. Thus, we hypothesized that although the molecular mechanisms which trigger ectopic activity can vary, the progression of ectopic activity is governed by the same general principles. Notably, the behavior identical to the one caused by the BaCl$_2$-Heptanol application was observed (albeit only transiently) during wash-out from ischemia-like conditions or adrenergic stimulation in our previous studies (3,4). From a theoretical point of view, considerations developed in Theoretical Aspects, above, are indeed independent of the precise ionic description.

The term automaticity in this study refers to the myocyte’s tendency to generate spontaneous action potentials. It reflects a changing balance between inward/outward currents during diastolic depolarization, leading to pacemaker-like activity. In our studies we have used barium to elicit ectopic activity via inhibition of repolarizing $I_{K1}$ current (15). Notably, although barium may also affect slow and fast components of delayed rectifier K current ($I_{Kr}$ and $I_{Ks}$), reduce inactivation of $I_{Ca}$ or block $I_{to}$, these effects are minor as compared with barium inhibition of $I_{K1}$ (20). Moreover, recent studies have demonstrated the possibility of such a conversion in vivo, by the genetic suppression of this current in a small area of the guinea pig ventricle, which subsequently behaved as a pacemaker for the whole heart (21).

In vivo ectopic activity can be tied to either triggered activity (early and delayed after-depolarizations) or abnormal automaticity under β-adrenergic stimulation, ischemic conditions, or calcium overload (1). Notably, originally the terms abnormal automaticity and triggered activity implied a clear distinction between the two. The first meant a spontaneous, standalone pacemaker-like behavior, whereas the second required a preceding action potential to occur. However, the distinction between these two terms has become less and less clear, as spontaneous triggered activity (leakiness of sarcolemmal reticulum, Ca$^{2+}$ overload, elevated $I_{to,Ca}$ and $I_{Cr,Na} \uparrow$ upregulation of Na$^{+}$/Ca$^{2+}$ exchanger, etc.) has been reported both experimentally (22–24) and theoretically (25). Thus, we refer to spontaneously active myocytes, regardless of underlying mechanism, as ectopic.

**Parameter space diagram**

The diagram shown in Fig. 7 allows one to display and analyze the full range of spatiotemporal patterns that reflect different states of the network behavior. We want to emphasize the conceptual role of the diagram and point out that the exact values of $x,y$ coordinates, i.e., the degree of $I_{K1}$ inhibition reflected by the parameter $\alpha$ and/or the coupling coefficient $D$ are of relative importance. The reasons behind it are twofold. First, from a mathematical point of view, the results are quantitatively robust. For example, changing the conductivity values used for the Beeler-Reuter equations from $g_{Na} = 4$ mS/cm$^2$ and $g_{Ca} = 0.090$ mS/cm$^2$, used in this study, to the original values of $g_{Na} = 2.4$ mS/cm$^2$ and $g_{Ca} = 0.045$ mS/cm$^2$, simply shifts the critical value from $A_{crit} = 0.1606$ to $A_{crit} = 0.2303$, while the rest of the diagram and transition results remain the same. Secondly, the exact values are not as important for physiological reasons as well, since plating density, age of cells, or species origins will affect both coupling and susceptibility to barium. This, however, does not change the fundamental relationships delineated in the Fig. 7.

**Issue of heterogeneity**

In vivo, structural heterogeneity is an intrinsic property of a complex myocardial structure (due to the presence of vessels, fatty deposits, changes in fiber orientation, etc.), that becomes
progressively apparent with aging or disease and is associated with tissue fibrosis (26,27). A marked heterogeneity can be observed in border areas of healed infarcts with a few strands of myocytes intermingled with largely fibroblast-filled areas or regions of apoptotic myocytes (28,29). The heterogeneity issue is often discussed in the context of re-entry formation (30); however, its role in ectopic arrhythmias remains poorly understood. The important part of the theoretical work presented here is the quantification of network heterogeneity as a factor in initiation of ectopic waves. Indeed, experimentally, one cannot eliminate intrinsic differences existing between individual myocytes or in the way they are coupled to their immediate neighbors. Theoretically, however, it is possible. As mentioned in Construction of the Parameter Space Diagram, above, if \( \alpha(i,j) \) values are identical for all cells, the ectopic waves were not observed at all. Instead, the transition curve becomes horizontal and the network found to be either quiescent or uniformly oscillating. By increasing the degree of \( \alpha(i,j) \) dispersion one effectively shifts the transition curve down and to the right (Fig. 14), thus enlarging the range of conditions in which the ectopic waves can be observed. It means that the heterogeneity decreases the automaticity threshold and that, under identical coupling conditions, a much smaller increase in automaticity is required to generate network activity. Similarly, under identical automaticity conditions, a much wider range of coupling values is associated with spontaneous ectopic waves.

**Formation of spirals**

Generation of spiral activity in excitable media has been studied extensively in the past by us and others (31–34). In vivo formation of spiral waves has been also observed (35–37). In preparations of cardiac myocytes, both spontaneous (38,39) and induced (40–42) spirals have been shown. The novelty of our data is not the fact that spiral activity exists in these preparations, but in defining the regions of functional space where spiral activity can be spontaneously generated.

Our numerical studies suggested, and the experiments confirmed, that spirals in our system can occur via two different mechanisms within two different regions of the functional space (for discussion purposes, let us call them cases A and B). Case A corresponds to the spiral formation that occurs under values of \( \langle \alpha \rangle \) and \( D \) found in region II (Fig. 7). This process was considered in Propagating Versus Non-Propagating Ectopic Sources, above, and is shown in Fig. 10. The network’s physical size is an essential factor here (discussed in Eq. A2, below). The second case occurs when the system rapidly undergoes a transition from region III to V. This process was discussed under Changing Coupling and/or Automaticity: the Rate of Transition (Fig. 13). There are important similarities and differences between these two cases. Similarities include an actual event that initiates a spiral. It is a phenomenon, well-described in the past, when a continuous wave front interacts with debris. In our studies the wave front comes from what we call a propagating ectopic source (Fig. 8). Debris is either: a non-propagating ectopic cluster (case A) or an ectopic wave that is being turned off as coupling increases (case B). Another similarity between cases A and B is the probabilistic nature of spiral formation. Specifically, although in both cases spirals can happen in these regions of the parameter space, their actual occurrence will depend on a particular distribution of heterogeneous cells, as well as on previous history. The main difference between cases A and B is that in case B spiral activity is a result of a transition, with the rate of transition playing an essential role (Fig. 13 and see Changing Coupling and/or Automaticity: the Rate of Transition).

**Ectopic nexus hypothesis and its implications**

A bulk of our experimental data, as well as numerical and analytical studies, indicate a generic character of the ectopic nexus and transitions between different states of the network behavior. Furthermore, experiments suggest that ectopic waves within the I-zone always preceded the appearance of arrhythmias in the C-zone (Fig. 6). We thus suggest that the ectopic nexus will be critical for the development of arrhythmias in vivo as well. The reasons it escaped direct detection are probably manifold. Indeed, an in vivo ectopic nexus is likely to 1), be a microscopic phenomenon hardly detectable by either mapping or electrode recordings; 2), occur beneath the upper epicardial layer within a small area of the border zone; and 3), be short-lived both in time and space, because reperfusion rapidly relieves the conditions associated with ectopic nexus.

The existence of an ectopic nexus implies an essentially constant source of activation for the control network due to an added spatial component as ectopic waves continuously whirl alongside the border of the I-zone (and escape at the first spot alongside the border where conditions of an exit block are relieved). Thus, one can argue, that ectopic nexus may substantially widen the vulnerability window required for reentry formation (43).

**Future studies**

This study addresses the behavior of a network under changing conditions within the I-zone while the adjacent C-zone remained silent. Indeed, we mentioned that 1), the ectopic waves remain confined to the I-zone in both experiments and in numerical studies; and 2), little interaction between the C-zone and I-zone patterns occurs during the ectopic nexus itself. However, the interaction between the inner and outer networks becomes significant when the ectopic nexus conditions are relieved. In fact, such interaction is what leads to arrhythmias (Fig. 6). Therefore, our next step is to address interactions between the I-zone with altered \( \langle \alpha \rangle \) and D and a paced C-zone.
APPENDICES

Overview

These Appendices are an expanded version of the Theoretical Aspects subsection in Results, above. Here we provide theoretical explanations for several features observed in our numerical studies (see Numerical Studies subsection in Results, above).

APPENDIX 1: SYNCHRONIZATION OF THE SYSTEM AT LARGE VALUES OF D

Coupled oscillators with slightly different periods tend, under proper conditions, to synchronize. This conspicuous property has been noted for a broad class of natural phenomena (44), including physiology (45–47). As such, it has been extensively studied. Generally, synchronization occurs when the coupling is high enough. In such cases, the system oscillates with a well-defined frequency, each oscillator (cell) having its own phase.

In the present problem, cells may also synchronize, provided the coupling is large enough. In contrast, the new wave regimes, described in the previous section, correspond to a very low value of the coupling; they result from an assembly of unsynchronized oscillators. This suggests a transition between a fully synchronized state and a poorly coupled state. Below, we address this problem and provide an estimate for the diffusion coefficient above which synchronization is obtained.

We analyze this problem theoretically in the spirit of Keener and Sneyd (6). Since in experiment we deal with assemblies of heterogeneous but similar cells, we use the assumption that the dispersion of the oscillator’s frequency is small. One may then use standard multiscale analysis techniques to study the evolution of the system. More precisely, one looks for a solution for each individual oscillator in the form $U(a_{ij} + \theta(i, j, t))$, where $U(a_{ij})$ is the solution of the unperturbed system and $a_{ij}$ is the unperturbed frequency, and derives an equation for the phase $\theta(i, j, t)$. The phase equation reduces in the limit where the phases of neighboring cells are close to

$$\partial \theta(i, j, t) = \xi \delta a(i, j) + D \eta \nabla^2 \theta(i, j), \quad (A1)$$

where $\xi$ is the inverse of a characteristic timescale, of the order $1$ s, and $\eta$ is a number of order $1$, which can be explicitly computed by solving an auxiliary problem.

With this formulation, a synchronized state necessarily corresponds to a steady solution of the phase equation. Equation (A1) has always a steady-state solution, which is unique up to a general phase translation. To determine whether this solution really corresponds to a synchronized solution, we estimate the maximum phase difference between two points in the system, $\delta \theta$ and $\partial \theta$, to be of the order of $\delta \theta = (\xi L^2 \delta a)/\eta D$, where $L$ is the size of the system. When this phase difference is small enough, $\delta \theta \approx 2\pi$, waves emitted by ectopic centers propagate throughout the system within one period; the solution then corresponds to a synchronized activity. On the other hand, when $\delta \theta \approx -2\pi$, waves do not reach the end of the system within one period. In general, when several competing ectopic centers are present in the system, each ectopic center emits its own set of waves, which are no longer synchronized. Thus, the condition leading to a synchronization of the waves in the system is

$$\frac{(\xi \delta a L^2)}{D \eta} \approx 1. \quad (A2)$$

A synchronized solution occurs when the coupling $D$ is large enough, compared to the frequency dispersion.

The values of $\xi$ and $\eta$ can be obtained either by solving an auxiliary problem (perturbation around a limit cycle), or alternatively, $\xi$ can be obtained by studying the frequency dependence on $a$, and $\eta$ by studying the problem of two coupled cells. Using the latter method, we find values of $\xi \approx 0.01$ ms$^{-1}$, and $\eta \approx 20$. This leads to a critical value of $D$ of the order of $10^{-4}$ cm$^2$ s$^{-1}$. At values of $D$ larger than $10^{-4}$ cm$^2$/s the wave activity is essentially synchronized over the whole system; new wave regimes of propagation can be observed, only for $D \approx 10^{-4}$ cm$^2$ s$^{-1}$, in agreement with the numerical observations of the previous section.

The size of the system plays an important role in the phenomena discussed here. The condition stated in Eq. (A2) expresses that the characteristic time of phase relaxation in the entire system, $L^2/\eta D$, is short compared to the root-mean-square of the fluctuations of individual cells’ periods.

APPENDIX 2: TRANSITION FROM QUIESCENT TO OSCILLATORY STATE: GENERAL FRAMEWORK

The nature of the transition observed between a quiescent state and a spontaneously active state, upon varying the parameters of the system ($D$ and $\langle a \rangle$), is the main numerical observation of our work (see Fig. 7 of the main text). To understand the main features of this transition, it is appropriate to study it using linear stability theory of the quiescent state. As we show here, this analysis allows us to explain a number of important features observed in the Fig. 7 of the main text.

The first main result is that the transition curve is below the line corresponding to a uniform system, $\alpha = \alpha_{cue}$. In particular, the behavior of the curve at large values of $D$ can be obtained explicitly, as we show below in Stability Results with Randomly Distributed Cells.

Another very interesting aspect of the transition curve of Fig. 7 is that it has a broken shape. Again, this can be understood with our analysis: the existence of well-characterized modes of destabilization along the transition curve (see Figs. 7 and 8) is a manifestation of the structure of the most unstable eigenmode in this instability problem. In a large system, several eigenmodes, with very different spatial characteristics, may compete. A transition from one eigenmode to another leads to a discontinuity of the slope of the curve, as illustrated in Fig. 8.

A full analytical study, using the Beeler-Reuter model, used numerically in this work, has not been carried out. The fact that the transition to an oscillatory state occurs through an homoclinic bifurcation is a source of technical difficulties. It is instructive to investigate instead the mathematically simpler FitzHugh-Nagumo problem, which has been studied by us numerically in a similar context (3), and leads to results qualitatively very similar to the one obtained here with the more realistic Beeler-Reuter model.

Briefly, the FitzHugh-Nagumo system is written in the form of

$$\frac{de}{dt} = f(e) - w + \text{coupling term}, \quad (A3)$$

$$\frac{dw}{dt} = \epsilon(e - kw - \alpha). \quad (A4)$$

As in the Beeler-Reuter model, $\epsilon$ is the membrane potential, and the coupling term is given by Eq. 2 of the main text. The variable $w$ represents the slow currents, and $\alpha$ controls the automaticity of the system. As in our numerical study, we consider the case where the values of $\alpha$ vary from cell to cell, with a Gaussian, uncorrelated distribution from cell to cell. In this system, one can show the existence of a quiescent state in the square-lattice geometry, for any value of the control parameters, $D$ and $\alpha$ (6).

Introducing a perturbation

$$\langle \delta e(i, j) \delta w(i, j) \rangle \exp(i\lambda r), \quad (A5)$$

and linearizing the FitzHugh-Nagumo system, one obtains, after some elementary manipulations,

$$\mu \delta e(i, j) = -\text{coupling term} - f'(e) \delta e(i, j), \quad (A6)$$

$$\mu = -\lambda - \frac{\epsilon}{\lambda + \epsilon k}. \quad (A7)$$

The growth or the decay of a perturbation is given by the sign of the real part of $\lambda$; a positive real part of $\lambda$ leads to an instability of the steady state, whereas if the real parts of all the eigenvalues, $\lambda$, are negative, the system...
is stable. The growth rate, $\lambda$, is determined by an eigenvalue problem, described by Schrödinger Eqs. A6 and A7, well-known in various physical contexts (48). All the eigenvalues (possible values of $\mu$) are real. Eq. A7 implies that an instability appears when

$$ \mu < \mu_c = -k\varepsilon. \quad (A8) $$

At the instability threshold, for $\mu = \mu_c$, the value of $\lambda$ is purely imaginary. In the case where all cells are identical, $e_0$ is the same everywhere, and the transition occurs at a value $\alpha_{osc}$, corresponding to $e_0 = e_c$, which is $f(e_c) = +ke_c$.

**APPENDIX 3: STABILITY RESULTS WITH RANDOMLY DISTRIBUTED CELLS**

In our problem, where the cell properties are random, the potential ($f'(e_0)$ in Eq. A6) is also a fluctuating function of space, which can be thought of as a random potential. In this sense, our stability problem is very reminiscent of the Schrödinger equation problem, studied in the context of localization in condensed matter physics (49).

The case where the coupling coefficient is large can be completely analyzed. To derive Eq. 3, we begin by rewriting Eq. A6 as

$$ (\mu/D)\delta e(i,j) = -\nabla^2 \delta e(i,j) - (f'(e_0)/D)\delta e(i,j), \quad (A9) $$

where the coupling term in Eq. A6 is now the discrete Laplacian operator, independent of $D$. In the case where $D$ is large, the potential term, $f'(e_0)/D$, is formally small compared to the Laplacian term. The solution is then almost uniform, and instability occurs very close to $\alpha = \alpha_{osc}$.

The value of $\alpha$ where the instability occurs can be determined in an expansion in powers of $1/D$. We write $\alpha = (\alpha_{osc} - \delta\alpha)(1 + \xi(i))$, where $\xi$ is a random function of the position, of mean value 0, and $\delta\alpha$ is the perturbation of the mean value of $\alpha$. We assume that the inhomogeneity $\xi$ is small; this is a reasonable assumption, consistent with the numerical values used for the calculations presented in the main text. As a result, the value of $e_0$ is close to $e_c$. When $k$ is large enough, $e_0$ can be simply determined as

$$ e_0 = e_c - A\delta\alpha + \alpha_{osc}\xi, \quad (A10) $$

**FIGURE A1** Transition curves at large values of $D$. The values of $\alpha = \alpha_{CR}$ are shown at large values of $D$ (continuous line). The fit (dashed line) is of the form $\alpha_{CR} = \alpha_{osc} - B^2/D$; see Eq. 3 of the main text.

**FIGURE A2** Transition between branches of solutions. (A) Schematic representation of the values of $\alpha$, hence of the potential $V(x) = f'(e_0)/D$ in Eq. A9. Two minima are shown. The deepest one, 1, corresponds to the minimum branch when $D$ is very small. The shallowest one, 2, corresponds to the minimum branch at higher values of $D$. (B) The branches of solutions 1 and 2 correspond to two straight lines. The experimentally observable mode of destabilization corresponds to the lowest of the two branches. A crossing between the two branches, 1 and 2, is observed in the $(D,\alpha)$ plane. (C) The transition curve, corresponding to another distribution of $\alpha(i,j)$, with two crossing between branches with a different spatial structure.
where \( A = k(k - f'(e_0)) \) is a positive number. By substituting the value of \( e_0 \) above in Eq. A9, and by doing a straightforward Taylor series expansion

\[
(f'(e_0) \approx f'(e_0) + f''(e_0)(e_0 - e_0) + \ldots)
\]

one obtains

\[
\nabla^2 \delta e + (f''(e_0)\alpha_{osc}/D)\xi(x)\delta e
\]

\[
= -\left[\mu - \mu_0 + Af''(e_0)\delta \alpha\right]/D\delta e. \tag{A11}
\]

In the cases of interest, we note that \( f'(e_0) > 0 \).

The solution can then be searched for in perturbation, in powers of \( 1/D \),

\[
\delta e = e^0 + \delta e^1/D + \delta e^2/D^2 + \ldots \tag{A12}
\]

\[
\mu - \mu_0 + Af''(e_0)\delta \alpha = \mu_1 + \mu_2/D. \tag{A13}
\]

The solution at the lowest order is \( \delta e_0 = 1 \), provided \( \delta \alpha = 0 \). At first-order, the solution is determined by

\[
(coupling \text{ term})\delta e^1 + f''(e_0)\alpha_{osc}(x)\delta e^0 = \mu_1\delta e^0. \tag{A14}
\]

The value of \( \mu_1 \) can be determined by multiplying this equation by \( \delta e_0 \) and integrating throughout the system. Using the fact that the mean of \( \xi(x) \) is equal to zero, one obtains \( \mu_1 = 0 \), which implies that the transition between non-oscillating and oscillating is given by \( \delta \alpha = 0 \). At the following order, \( \delta e_2 \) is given by

\[
(coupling \text{ term})\delta e^2 + f''(e_0)\alpha_{osc}(x)\delta e^1 = \mu_2\delta e^0. \tag{A15}
\]

Again, multiplying the equation by \( \delta e_0 = 1 \), and integrating over the entire system, one obtains

\[
\mu_2 = \int f''(e_0)\alpha_{osc}(x)\delta e^1(x)dx
\]

\[
= \int (coupling \text{ term})\delta e^1\delta e^1 dx = -B^2 < 0. \tag{A16}
\]

The sign of this last quantity comes from elementary manipulations in the above integrals. As a result, the value of the \( \mu \) obtained from our analysis is

\[
\mu - \mu_0 + Af\delta \alpha = -B^2/D. \tag{A17}
\]

From this equation, it is immediately clear that the transition (\( \mu = \mu_0 \)) occurs when \( \alpha = \alpha_{osc} = -B^2/D \). This result, consistent with our numerical results (see Fig. A1), is stated in the main text (Stability Results with Randomly Distributed Cells, in the Results section, above).

**APPENDIX 4: CROSSING BETWEEN BRANCHES OF SOLUTIONS**

In fact, an infinite set of modes can be found by solving the linearized problem, giving rise to an infinite set of possible growth rates and associated eigenmodes. The growth of the solution, as well as the structure in space of the growing modes, is thus determined by solving an eigenvalue problem, formulated as a partial differential equation.

An example of transition between two types of solutions is schematically illustrated in Fig. A2. Fig. A2A shows the potential, \( f'(e_0) \), or equivalently, the value of \( \alpha \). Two minima, indicated on the figure by 1 and 2 are seen. Each minimum gives rise to a branch of solutions in the \((D, \alpha)\) plane (see Fig. A2B). The experimentally observed mode of destabilization corresponds to the lowest branch of the two (solid line). Since minimum 1 is deeper than minimum 2, this minimum is the first one to become unstable, when \( D \) is very small. On the other hand, at larger values of \( D \), the shallowest minimum 2 will become more unstable than minimum 1. This transition thus leads to a crossing of two branches, as shown in Fig. A2B. This mechanism is the origin of the phenomenon observed in Fig. 2 of the main text. Note that the number of crossing between different modes can be larger than 1. As an example, Fig. A2C shows a case with two crossings, instead of one, as shown in Fig. 7 of the main text.

**SUPPLEMENTARY MATERIALS**

An online supplement to this article can be found by visiting BJ Online at http://www.biophysj.org. Included are two supplemental videos (.mpg files) that illustrate ectopic waves and spontaneous spiral activity localized to the I-zone. Images were acquired from monolayers of cardiac myocytes loaded with fluorescent indicator Fluo-4 and subjected to a local application of BaCl2-Heptanol (details in article text; see Experimental Studies in the Results section).

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**REFERENCES**

Ectopic Waves


