Welcome to the Barry Farm Health Fair!

Today is full of events, speakers, and activities! Our purpose today is to bring resources, education, and a whole lot of fun into the new recreation center. We’d like to thank the Ward 8 Health Council for taking the initiative to reach into their community, ask questions, and develop an event to meet the needs of their community. We’re all excited to be a part of today and hope everyone has a safe, healthy, and great time!

You’ll notice the grids and space for notes on the following pages - this is an opportunity for you to collect points and information during your visit today. Turn in these passport sheets at the “Check-out” table with at least 8 stamps to receive prizes! A full list of partnering organizations that are participating in today’s fair are listed in the back of this passport. Please reference the posted site maps or see a volunteer if you need help finding a particular organization or educational material.

We’d like to take a quick moment to highlight two additional organizations that made this passport (and the fair!) possible:

**GW Healing Clinic**

The GW Healing Clinic is a volunteer clinic operated by the students of the George Washington University School of Medicine and Health Sciences. We provide primary care to the underserved patients of the Howard Shaw neighborhood and Price Georges County, regardless of insurance status or ability to pay. Our mandate is to offer high quality care for our patients in a confidential and respectful environment while enriching the educational experience of our medical, physician assistant, and public health students.

Since its founding in 2006, the GW Healing Clinic has strived to help expand access to health care for the vulnerable residents of Washington, D.C. Every week, a team of dedicated medical students, physician assistant students, public health students, and volun-
volunteer attending physicians staff the exam rooms and lab and provide health education for patients. This entirely student run effort affords GW students the invaluable opportunity to more fully engage in our community. For more information on the Healing Clinic, resources, or GW School of Medicine and Health Sciences, please visit their website: www.gwhealingclinic.org.

**Rodham Institute**

Despite having access to world-class health care, Washington, D.C. suffers enormous health disparities. The city’s ethnic and racial minorities struggle disproportionately with issues like poverty, HIV/AIDS, heart disease, and barriers to health care. While many dedicated health care providers currently care for these vulnerable populations, much more must be done to achieve health equity.

Founded in 2013 in honor of the late Dorothy Rodham, the Rodham Institute partners with the D.C. community to achieve health equity by cultivating the next generation of community oriented health care providers. The Institute is devoted to sustainable solutions to address health disparities in D.C. and throughout the nation. The Institute is advancing a plan to create a model curriculum for provider education, integrate enhanced clinician training practices into community settings, and to develop a health care workforce pipeline. For more information on the Rodham Institute or additional resources, please visit their website: www.smhs.gwu.edu/rodhaminstitute
Tell us about yourself!

This sheet, along with the following grid, will be collected at the “Check-out” table in exchange for prizes! This information, along with your stamps on the following pages, will only be used for research and planning future events to better serve this community.

Demographic Information

**Age** (circle):

**Gender** (circle):
- Male
- Female
- Transgendered F->M
- Transgendered M->F

**Orientation** (circle):
- Bi-Sexual
- Heterosexual
- Same Sex Partner

**Zipcode** (circle):
20018  20017  20011  20002  20019  20003
20020  20032  20024  20026  20004

**Race/Ethnicity** (circle):
- Hispanic or Latino
- American Indian or Alaska Native
- Asian
- Black or African American
- Native Hawaiian or Other Pacific Islander
- White
- Other
## GW’s Passport to Good Health

Do you have an allergy to LATEX? Circle: YES / NO

<table>
<thead>
<tr>
<th>Advocate/Program</th>
<th>Partner/Service</th>
<th>Organization/Role</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advocates For Youth</td>
<td>Alzheimer's Association - National Capital Area Chapter</td>
<td>AmeriHealth</td>
</tr>
<tr>
<td>Association of Black Cardiologists</td>
<td>Black Nurses Association of Greater Washington</td>
<td>GW - BMI / Diabetes and Obesity Education</td>
</tr>
<tr>
<td>Breast Care for Washington</td>
<td>Breathe DC</td>
<td>Bridgepoint Healthcare Hospital-Hadley</td>
</tr>
<tr>
<td>GW - Cancer Health Disparities</td>
<td>Capital Area Food Bank</td>
<td>GW - Car and Bike Safety</td>
</tr>
<tr>
<td>GW - Careers in Medicine/Health</td>
<td>Children's National Health System</td>
<td>Children's National Health System, Ambulatory &amp; Community Health Services</td>
</tr>
<tr>
<td>Community Policing with 7th District MPD and Carson LLC</td>
<td>Community Wellness Collective</td>
<td>Coolidge Alumni Association</td>
</tr>
<tr>
<td>Covenant House</td>
<td>DC Action Coalition to Promote Nursing Careers</td>
<td>DC Dept of Health</td>
</tr>
<tr>
<td>DC Health Exchange</td>
<td>DC Health Link Assisters</td>
<td>Doctors on Call LLC</td>
</tr>
<tr>
<td>GW - Exercise Room</td>
<td>Family Matters</td>
<td>FDA Office of Minority Health</td>
</tr>
<tr>
<td>Food &amp; Friends</td>
<td>Georgetown Univ. Ronald McDonald Mobile Clinic</td>
<td>GW - Handwashing Health</td>
</tr>
<tr>
<td>GW - Healing Clinic</td>
<td>Health Services for Children with Special Needs</td>
<td>GW - Heart Disease</td>
</tr>
<tr>
<td>Hillcrest Children’s &amp; Family Center</td>
<td>Howard University-Physicians and Nurses</td>
<td>GW - Hypertension Prevention</td>
</tr>
<tr>
<td>Industrial Bank</td>
<td>GW - Kidney Health</td>
<td>GW - Kids Corner</td>
</tr>
<tr>
<td>-------------------------</td>
<td>-----------------------------</td>
<td>--------------------------</td>
</tr>
<tr>
<td>GW - Lung Health</td>
<td>GW - Medicine Education</td>
<td>MedPlus Group LLC</td>
</tr>
<tr>
<td>MedStar</td>
<td>Medstar Family Choice</td>
<td>Mental Health Management</td>
</tr>
<tr>
<td>Metro Health Services PLLC</td>
<td>Metropolitan Police Department</td>
<td>NAMI DC</td>
</tr>
<tr>
<td>Office of DC Attorney General</td>
<td>Office of the Mayor</td>
<td>PAVING THE WAY - Behavioral Health Clinic</td>
</tr>
<tr>
<td>Sibley Memorial Hospital</td>
<td>GW - Healthy Sleep Strategies</td>
<td>The National Center for Medical-Legal Partnership</td>
</tr>
<tr>
<td>Trinity University (Nurses from School of Nurses)</td>
<td>Trusted Health Plan</td>
<td>United Medical Center</td>
</tr>
<tr>
<td>United Medical Center Health Exchange</td>
<td>Unity Health Care</td>
<td>Unity Healthcare-Physicians and Nurses</td>
</tr>
<tr>
<td>University of the District of Columbia CAUSES/ Center for Nutrition</td>
<td>University of the District of Columbia Nurses</td>
<td>University of the District of Columbia Workforce Development &amp; Lifelong Learning</td>
</tr>
<tr>
<td>Washington Hospital Center Physicians</td>
<td>Whitman-Walker Health / Max Robinson / HIV Testing</td>
<td>Wholesome Waves</td>
</tr>
<tr>
<td>GW - Women’s Health/Safe Sex</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Appendix D: Barry Farm Healthy Living Festival
BMI/NECK CIRCUMFERENCE EVALUATION

Height: _______  Weight: _______  BMI: _______
Neck Circumference: ______  Waist Circumference: ______

VASCULAR TESTING RESULTS

Right
Blood Pressure  _____________  _____________
Extremity Arteries (ABI) _____________

Left

PERIPHERAL VASCULAR RISK FACTORS

<table>
<thead>
<tr>
<th>LOW RISK: Normal vascular studies</th>
<th>INCREASED RISK: Presence of risk factors</th>
<th>MODERATE RISK</th>
<th>HIGH RISK</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ Extremities – ABI &lt; 1 OP +</td>
<td>□ Smoking</td>
<td>□ Mild to moderate carotid stenosis</td>
<td>□ Severe to critical carotid stenosis</td>
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<tr>
<td></td>
<td>□ Diabetes mellitus</td>
<td>□ Small abdominal aortic aneurysm</td>
<td>□ Significant abdominal aortic aneurysm</td>
</tr>
<tr>
<td></td>
<td>□ Hypertension</td>
<td>□ Mild peripheral vascular disease</td>
<td>□ Moderate to severe peripheral vascular disease</td>
</tr>
<tr>
<td></td>
<td>□ High cholesterol</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

RECOMMENDATIONS

<table>
<thead>
<tr>
<th>Routine follow-up with your physician</th>
<th>See physician for aggressive risk factor modification</th>
<th>See physician for formal vascular testing within:</th>
<th>See physician for formal vascular testing within:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>See physician for formal vascular testing within:</td>
<td>□ 6 months</td>
<td>□ Immediately</td>
</tr>
<tr>
<td></td>
<td>□ 12 months</td>
<td></td>
<td>□ 3 months</td>
</tr>
</tbody>
</table>
Participant Information

Barry Farm Healthy Living Festival

Advocates For Youth
2000 M Street, NW, Suite 750
Washington, DC, 20036
202.419.3420
advocatesforyouth.org

Alzheimer’s Association® National Capital Area Chapter
3701 Pender Drive, Suite 400
Fairfax, VA, 22030
703.359.4440
www.alz.org/nca

AmeriHealth Caritas
PO Box 7342
London, KY, 40742
202.408.2237
www.amerihealthcaritasdc.com

Association of Black Cardiologists
122 East 42nd Street
New York, NY 10168
800.753.9222
www.abcardio.org

Black Nurses Association of Greater Washington
PO Box 55285
Washington, DC, 20040
202.291.8866
www.bnaofgdca.org

Breast Care for Washington
4 Atlantic Street, SW
Washington, DC 22032
202.465.7164
breastcaredc.org

Breathe DC
1310 Southern Avenue SE, Room G-082
Washington, DC 20032
202.574.6789
breathedc.org

Bridgepoint Healthcare Hospital-Hadley
4601 Martin Luther King Jr. Avenue, SW
Washington, DC, 20032
202.574.5700
bridgepointhealthcare.com

Capital Area Food Bank
4900 Puerto Rico Avenue, NE
Washington, DC, 20017
202.644.9800
www.capitalareafoodbank.org

Children’s National Health System,
Ambulatory & Community Health Services
111 Michigan Avenue, NW
Washington, DC 20010
202.476.5000
childrensnational.org

Community Policing with 7th District MPD and Carson LLC
2455 Alabama Avenue, SE
Washington, DC 20020
202.698.1500
mpdc.dc.gov

Community Wellness Collective
1231 Good Hope Road, SE
Washington, DC 20020
202.631.6291
communitywellnesscollective.com
Appendix D: Barry Farm Healthy Living Festival

Coolidge Alumni Association  
cchs-aa.org

Covenant House  
2001 Mississippi Avenue, SE  
Washington, DC 20020  
202.610.9600  
www.covenanthousedc.org

DC Department of Health  
899 North Capitol Street, NE  
Washington, DC 20002  
202.442.5955  
doh.dc.gov

DC Health Exchange  
1225 Eye Street, NW, Suite 400  
Washington, DC 20005  
202.715.7576  
hbx.dc.org

DC Health Link Assisters  
dchealthlink.com

Family Matters  
1509 16th Street, NW  
Washington, DC 20036  
202.289.1510  
www.familymattersdc.org

FDA Office of Minority Health  
10903 New Hampshire Avenue  
Silver Spring, MD 20993  
1.888.463.6332  
www.fda.gov

Food & Friends  
219 Riggs Road, NE  
Washington DC, 20011  
202.269.2277  
www.foodandfriends.org

Georgetown University  
Ronald McDonald Mobile Clinic  
www.medstargeorgetown.org

The George Washington University Hospital  
900 23rd Street, NW  
Washington, DC 20037  
202-715-4000

The George Washington Medical Faculty Associates  
2150 Pennsylvania Avenue, NW  
Washington, DC 20037  
202.741.3000  
gwdocs.com

The George Washington University School of Medicine and Health Sciences  
2300 Eye Street, NW  
Washington, DC, 20037  
202.994.3506  
smhs.gwu.edu

GW Katzen Cancer Research Center  
2150 Pennsylvania Avenue, NW  
Washington, DC, 20037  
202.741.2250  
smhs.gwu.edu/katzencenter

GW MFA Endocrine & Physical Therapy  
2150 Pennsylvania Avenue, NW  
Washington, DC, 20037  
202.741.3000  
www.gwdocs.com
Appendix D: Barry Farm Healthy Living Festival

GW MFA GI/Liver Health
2151 Pennsylvania Avenue, NW
Washington, DC, 20037
202.741.3001
www.gwdocs.com

GW MFA Mobile Mammography Program
2152 Pennsylvania Avenue, NW
Washington, DC, 20037
202.741.3002
www.gwdocs.com

GW MFA Non Invasive Vascular Laboratory Initiative
2153 Pennsylvania Avenue, NW
Washington, DC, 20037
202.741.3003
www.gwdocs.com

GW Transplant Institute/ Kidney Health
2131 K Street, NW, Suite 700
Washington DC, 20037
202.715.4225
www.gwhospital.com

GW School of Medicine and Health Sciences and Affiliated Physicians
2300 Eye Street, NW
Washington, DC, 20037
202.994.3506
smhs.gwu.edu

Health Services for Children with Special Needs
202.467.2737
www.hscsn-net.org

Hillcrest Children’s & Family Center
915 Rhode Island Avenue, NW
Washington, DC 20001
202.232.6100
hillcrest-dc.org

Howard University-Physicians & Nurses
2041 Georgia Avenue
Washington, DC, 20060
202.865.6100
healthsciences.howard.edu

Industrial Bank
4812 Georgia Avenue, NW
Washington, DC, 20011
www.industrial-bank.com

MedPlus Group LLC
1629 K Street, NW, Suite 300
Washington, DC 20006
202.246.0008
www.medplusllc.com

MedStar
Corporate office: 5565 Sterrett Place
Columbia, MD 21044
877.772.6505
www.medstarhealth.org

Medstar Family Choice
Multiple locations
888.404.3549
www.medstarfamilychoice.com

Metro Health Services PLLC
1012 14th Street, NW, Suite 700
Washington, DC 20005
202.638.0750
www.metrohealthdc.org
Appendix D: Barry Farm Healthy Living Festival

Metropolitan Police Department
300 Indiana Avenue, NW, Room 5059
Washington, DC 20001
202.727.9099
mpdc.dc.gov

NAMI DC
422 8th Street, SE
Washington, DC 20003
202.546.0646
www.namidc.org

Office of DC Attorney General
441 4th Street, NW
Washington, DC 20001
202.727.3400
oag.dc.gov

Office of the Mayor
1350 Pennsylvania Avenue, NW
Washington, DC 20004
202.727.2643
mayor.dc.gov

PAVING THE WAY
- Behavioral Health Clinic
2616 Martin Luther King Jr. Avenue, SE
Washington, DC 20020
703.869.7374
www.pavingthewaymsi.org

Sibley Memorial Hospital
5255 Laughboro Road, NW
Washington, DC 20016
202.537.4000
www.hopkinsmedicine.org/sibley-memorial-hospital/

The National Center for Medical-Legal Partnership
2175 K Street, NW, 513A
Washington, DC 20037
202.994.4119
medical-legalpartnership.org

Trinity University
(Nurses from School of Nurses)
125 Michigan Avenue, NE
Washington, DC 20017
202.884.9670
www.trinitydc.edu/nursing

Trusted Health Plan
1100 New Jersey Avenue, SE, Suite 840
Washington, DC 20003
202.821.1100
www.trustedhp.com

United Medical Center
1310 Southern Avenue, SE
Washington, DC 20032
202.574.6000
www.united-medicalcenter.com

United Medical Center Health Exchange
1311 Southern Avenue, SE
Washington, DC 20032
202.574.6000
www.united-medicalcenter.com

Unity Health Care
1220 12th Street, SE, Suite 120
Washington, DC 20003
202.544.7900
www.unityhealthcare.org
LIABILITY/CONSENT FORM

My signature below means that I voluntarily agree to take part in any health screening opportunity at this health festival. I, individually, and on behalf of my heirs, successors, assigns and personal representatives, hereby release, discharge and agree to indemnify and hold harmless the George Washington University (“GW”) and its employees, students, agents, volunteers, affiliates, officers, trustees and representatives from any and all liability whatsoever (including all liability arising directly or indirectly from the negligence of GW or its employees, students agents, volunteers, affiliates, officers, trustees or representatives) for any and all damages, losses or injuries (including death) I sustain to my person or property or both, including, but not limited to, any claims, demands, actions, causes of action, judgments, damages, expenses and costs, including attorneys’ fees, which arise out of, result from, occur during or are in any way connected, directly or indirectly, with my participation in this health festival or incident thereto. I further understand the following: 1. The results of procedures will be made available to me immediately. This is the only copy that I will receive, unless I specifically request another copy. 2. If blood is obtained from a fingerstick, I understand that I may experience slight pain or a bruise at the puncture site. 3. The results obtained from available health screening(s) are preliminary and must be compared with other test results for proper interpretation. 4. The results of the test are to be interpreted by a qualified physician or health care provider, taking into consideration my personal medical history. 5. It is solely my responsibility to seek any follow-up or to carry out any other recommendations or advice regarding these results. 6. If data is collected using results from this health festival, my identity and individual results will not be revealed, except for research purposes when the research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of my information. 7. I acknowledge that I have received a copy of the description of the festival’s mission. Before signing this form, I read it or had it read to me. I understand what it says. I have had a chance to ask questions about the form. In response to any questions I have asked, I have received answers that I understand.

Signature: ___________________________ Date: __________

Name: _______________________________