Engaging Youth to Build Healthier Communities
Founding
The Rodham Institute was established in 2013 in honor of the late Mrs. Dorothy Rodham, who believed passionately in the capacity for education to achieve social change. The Institute seeks to apply the transformative power of education to achieve health equity in Washington, D.C.

Mission
The mission of the Rodham Institute is to partner with the local Washington, D.C. community to achieve health equity by cultivating the next generation of community-oriented health care providers, and training them in innovative strategies to improve health care for all.

The Vision
To produce a cadre of health care providers in Washington, D.C. who possess knowledge of the factors influencing health equity, coupled with the skills and attitudes to help achieve it in consort with community partners.
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<th>EVENT TIME</th>
<th>AGENDA</th>
<th>SPEAKER</th>
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<tr>
<td>8:00-9:00 a.m.</td>
<td>Poster Session, Breakfast, Youth Performances</td>
<td>National Royalty Positive Choice Makers, Youth Escape Arena, Inc.</td>
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<td>Rea Blakey</td>
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<td>Engagement Team Lead, Office of Professional Affairs and Stakeholder Engagement, Center for Drug Evaluation and Research, FDA</td>
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<td>9:00-9:05 a.m.</td>
<td>Welcome and Introduction of Founding Director</td>
<td>Rea Blakey</td>
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<td>Engagement Team Lead, Office of Professional Affairs and Stakeholder Engagement, Center for Drug Evaluation and Research, FDA</td>
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<td>9:05-9:20 a.m.</td>
<td>Rodham Institute Update &amp; Video Introduction of Rain Henderson, CEO</td>
<td>Jehan El-Bayoumi, M.D., FACP</td>
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<td>Clinton Health Matters Initiative, Clinton Foundation</td>
<td>Founding Director, The Rodham Institute</td>
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<td>9:20-9:30 a.m.</td>
<td>Welcome Address</td>
<td>Rain Henderson</td>
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<td>CEO, Clinton Health Matters Initiative, Clinton Foundation</td>
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<td>9:30-10:30 a.m.</td>
<td>Community Forum</td>
<td>Rea Blakey</td>
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<td>Youth Advocacy: Encouraging Interest in Health Awareness and Advocacy among Urban Youth</td>
<td>Samantha Simpore, Founder, Youth Escape Arena, Inc.</td>
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<td>Tendani Mpulubusi El, Founder, President, CEO, Ward 8 Arts &amp; Culture Council</td>
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<td>M.J. Park, Founder and Executive Director, Little Friends for Peace</td>
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<td>Leo Almanza, Youth Health Educator/Outreach Coordinator, Youth Services, Whitman-Walker Health</td>
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<td>10:30-10:35 a.m.</td>
<td>Video Address</td>
<td>Mona Hanna-Attisha, M.D., M.P.H., FAAP</td>
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<td>The importance of health advocacy, community, and academic partnerships</td>
<td>Director, Pediatric Public Health Initiative, Hurley Children’s Hospital at Hurley Medical Center</td>
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<td>10:35-11:00 a.m.</td>
<td>Panel Discussion</td>
<td>Nicholas Dingle, Suitland High School Student, HELP Scholar</td>
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<td>Pipeline Programs: The Bi-Directional Benefits: Striving to Increase the Number of Under- Represented Minorities in Health Care Workforce at All Levels</td>
<td>Alexia Charles, Third-Year Student, GW School of Medicine &amp; Health Sciences</td>
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<td>Daniel Mays, M.D., Primary Care Internal Medicine PGY-1, Mt. Sinai Hospital</td>
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<td>Ashté Collins, M.D., Assistant Professor of Medicine, Division of Nephrology, GW School of Medicine &amp; Health Sciences</td>
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<td>11:00-11:10 a.m.</td>
<td>Break</td>
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<td>11:10-11:30 a.m.</td>
<td>Presentation of 2016 Academic Community Collaborative Award</td>
<td>Aileen Chang, M.D., M.S.P.H., Assistant Director for Research, Rodham Institute</td>
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<td>11:30 a.m.-12:30 p.m.</td>
<td>Presentation of The Psychology of Black Boys &amp; Adolescents Town Hall Discussion</td>
<td>Warren Spielberg, Ph.D., Co-Editor, The Psychology of Black Boys &amp; Adolescents</td>
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<td>Kirkland Vaughans, Ph.D., Co-Editor, The Psychology of Black Boys &amp; Adolescents</td>
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<td>Jehan El-Bayoumi, M.D., FACP, Founding Director, The Rodham Institute</td>
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<td>Rain Henderson, CEO</td>
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<td>Ambrose Lane, Jr., Chair, Health Alliance Network</td>
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<td>12:30-1:30 p.m.</td>
<td>Lunch and Keynote Address</td>
<td>Cora Masters Barry</td>
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<td>Founder and CEO, Recreation Wish List Committee</td>
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<td>1:30-3:00 p.m.</td>
<td>Workshop</td>
<td>D.C. Housing Authority</td>
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<td>The Opportunities at the Nexus of Health and Housing</td>
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Rain Henderson has dedicated her career to helping communities, organizations, and leaders at all levels to optimize and coordinate their efforts toward improving the lives of the most people possible. Through her work, she’s found that her passion lies in utilizing her formal training in theory of change and movement building to help leverage the most effective spheres of influence.

As the chief executive officer of the Clinton Health Matters Initiative (CHMI) at the Clinton Foundation, Henderson leads the Foundation’s largest domestic initiative and its strategic vision for improving the health and well-being of all United States citizens and reducing the prevalence of chronic disease. She does this by unpacking complex issues and applying systems thinking to foster partnerships of great purpose across the public, private, and nonprofit sectors toward meaningful and scalable solutions. Henderson has led the cultivation of $200+ million in strategic investments from leading Fortune 500s and NGOs, projected to improve the health of 1 in 6 Americans. She also secured the Clinton Foundation’s landmark agreement to improve nutrition and beverage offerings with McDonald’s in 80 percent of global marketplace. She annually produces the premier Health Matters Summit, featuring President Clinton, with prominent health leaders, daily trending on Twitter, 30 million people in 50 states and 107 countries watching online, and significant media coverage. Henderson advises business and industry leaders on how to contribute to the health and well-being of all citizens using market structures and aggressive metrics to achieve systems change.

Previously serving as the senior vice president of the Alliance for a Healthier Generation, a non-profit organization founded by the American Heart Association and the Clinton Foundation, Henderson was instrumental in helping to build the organization from a blueprint to an award-winning non-profit with a presence in 50 states and a positive impact on the lives of over 6 million children.

Henderson is continually motivated by the innate goodness of things, her family, and a lot of tea.
Community builder, dream maker, tennis and educational entrepreneur, and trailblazer, Cora Masters Barry has literally changed the lives of over 15,000 inner city youth through the Southeast Tennis and Learning Center. As former First Lady of the District of Columbia, Barry, in 1994, founded the Recreation Wish List Committee to provide safe, state-of-the-art recreational environments for underserved D.C. youth. Her powerful vision has galvanized influential business, sports, and political and civic leaders as enthusiastic champions of the tennis and learning center. A shining star in the city, Southeast Tennis and Learning Center opened in 2001 with a $5.1 million grant from the city. It was remodeled in 2015 as an $18 million facility located in the heart of Southeast Washington, D.C. – Ward 8 – the District’s most under-resourced community.

Barry’s exceptional skills in building strong partnerships has attracted widespread support for the Southeast Tennis and Learning Center from her friends, tennis icons Venus and Serena Williams, as well as tennis legends Pam Shriver and Zina Garrison. She has also developed powerful public-private partnerships with major businesses like Microsoft, Apple, Comcast, Pepco, Nike, and Bank of America. The Center remains the crown jewel of the Recreation Wish List Committee, under the leadership of Barry, with its key partner, the D.C. Department of Parks and Recreation, and the support of the entire District of Columbia community.

A former 21-year tenured professor of political science at the University of the District of Columbia, Barry specialized in black politics, the presidency, and the Constitution. For over 30 years, she has applied her knowledge and skills to orchestrate voter education, registration and mobilization initiatives, both locally and nationally, including, the historic political return of her husband, Marion S. Barry, Jr., to an unprecedented fourth term as mayor of the District of Columbia.

Throughout her celebrated career, Barry has been the recipient of numerous awards. Most recently in 2016, Café Mocha (the nationally syndicated radio show best known as ‘radio from a woman’s perspective’) honored her with the “Salute Her: Champion for Children Award” for her passion, commitment, and development of children through the work of The Recreation Wish List Committee and for providing a safe haven for youth at the Southeast Tennis and Learning Center.

Barry’s passion for developing urban youth is reflected in her membership with such influential civic-minded organizations as the National Council of Negro Women, the National Coalition of Civic Participation, Delta Sigma Theta Sorority, and Leadership Greater Washington, which merges professionals in regional civic engagement.

Originally from Pasadena, California, Barry has been a resident of Washington, D.C. for over 40 years. She has two adult daughters, Lalanya Masters Abner and Dr. Tamara Masters Wilds Lawson. She is a proud grandmother to her beloved and only granddaughter, Zora Asali Lawson.
Since its founding in 2013, the Rodham Institute has been honored to learn more about the great work being done to achieve health equity in the Washington, D.C. community. It has been a privilege to develop partnerships with these organizations and individuals, to work alongside them, and to help to support these extraordinary efforts.

The Rodham Institute has continued to grow and develop in 2016; we continue to strive towards our mission of partnering with the D.C. community to achieve health equity by cultivating the next generation of community-oriented health care providers. This year, we welcomed two new full time employees and a growing cadre of consultants to our team.

Below is a snapshot of some of the major accomplishments and achievements by the Rodham Institute, since our 3rd Annual Summit in October 2015. Our community-based partners are the center of all the work that we do. They are the foundation of our efforts, and we applaud their great work. By working in close collaboration with our partners, we are poised to increase the breadth and depth of our reach and impact to address health inequity in Washington, D.C. and beyond.

Our website is new and improved this year! Please visit us online at https://smhs.gwu.edu/rodhaminstitute/

**Educating health care providers in health equity, and promoting community service**

*“See the City You Serve” –* This summer, for the second time, all incoming GW interns from the Graduate Medical Education Residency Programs and the Physical Therapy students participated in the “See the City You Serve” trip and educational discussion. The experience was organized by the Rodham Institute, United Medical Center, and some of our community and academic partners. Nearly 150 interns and students had the opportunity to see neighborhoods across the city, including Wards 7 and 8, and to learn more about health disparities impacting D.C. residents, who will be their patients in the future.

**Graduate Medical Education** – In November 2015, the Rodham Institute sponsored one of the monthly GW SMHS Graduate Medical Education (GME) core lectures. The lecture focused on mental health, and hosted two panels with eight different community-based organizations, including the Capital Area Food Bank, Covenant House, Family Matters of Greater Washington, Food and Friends, NAMI D.C., and Whitman-Walker Health. In May of 2016, the Rodham Institute created an Education Council devoted to integrating service learning into the GME curriculum. Members of the council come from our partner community-based organizations and faculty representatives from Internal Medicine, Emergency Medicine, Pediatrics, Obstetrics & Gynecology, and Psychiatry.

**Continuing Education** – On November 3, 2015, the Rodham Institute and AmeriHealth Caritas D.C. co-sponsored a Continuing Education course on integrating mental health screening into primary care practice. Offering both Continuing Medical Education credits and Continuing Nursing Education credits, this course was designed to support front-line community clinicians, many of whom have an average tenure of two years and a high rate of burn-out. The next two courses will be offered this winter and will cover HIV care in women and LGBTQ cultural competency.
Supporting community-engaged innovation and program development

Academic and Community Collaboration Award - First launched in 2015 as the Community Health Partnership Program, the Rodham Institute continues to support collaboration between GW and D.C.-based organizations that are working directly in the community to improve the health status of the city’s most vulnerable residents. This year, our list of Community and Academic Partners has grown to nearly 50 individuals and organizations. For the second time, we have served in a grant-making capacity by offering the Academic and Community Collaboration Award (ACCA). ACCA offers seed grants to stimulate and advance community-academic collaborations around research and program development. This year, proposals were required to be topical to Summit’s theme: Engaging Youth to Build Healthier Communities.

Grant Writing Workshops - The Rodham Institute and the Office for the Vice President for Research (OVPR) offered for the first time in 2016 a Research Education Workshop Series. This series provided introductory grant writing and management education to the Rodham Institute community and academic partners, seed grant applicants, GW clinicians and public health faculty, graduate students, and D.C.-based community health organizations. Over 75 individuals registered for the series, which was expertly led by David Lindeman, CFRE, GPC, CF APMP, a professional grant writer and editor who serves as a research development consultant with OVPR.

Building capacity in the current and future health care work force

Health Education and Leadership Program (H.E.L.P.) – In the spring and summer of 2016, the Rodham Institute H.E.L.P. scholars participated in a number of enriching activities. Scholars participated in professional development lectures, individual leadership skills training, health care advocate training in their communities/homes, and toured the U.S. Senate building and floor while learning about current issues being debated. They also met young professional congressional staff members. Each year, they worked in small teams to develop social impact projects to promote health-related improvements in their own communities with this year’s focus on gun violence among youth in vulnerable communities.

D.C. Community Health Connect Networking Events – In 2016, the Rodham Institute continued to host the D.C. Community Health Connect series, which launched in 2015. Each event featured a series of informal educational and networking events for community-based health care providers in Washington, D.C. The events provide a forum for these providers – who often share similar interests, educational needs, and challenges – to connect with one another as well as with other experts and resources in the city. Topics covered this year included HIV care in racial and ethnic minority populations, and toxic stress in children and adolescents.

Pathways for All to Health Careers in D.C. (PATH-C) - In March of 2016, the Rodham Institute established a consortium: Pathways for All to Health Careers in D.C. (PATH-C). Modeled on the Alameda County Health Pipeline Partnership, PATH-C was formed in collaboration with a number of community partners ranging from those specializing in education to those focusing on career services. The goal of the consortium is to strengthen and develop health care workforce pipeline programs aimed at increasing the number of under-represented minorities at all levels of the workforce. To effectively build the health care workforce pipeline, PATH-C members recognize the need to establish a centralized mechanism where academic, government, community, and health-focused stakeholders are able to share resources. This “one-stop shop” will allow individuals of any age the opportunity to learn about health care training programs in Washington, D.C. While centralized information sharing is the primary objective, the Consortium will also focus on guidance counselor training, outreach, community service learning, parent and community engagement, and mentorship.
Leonardo Almanza is a Youth Health Educator/Outreach Coordinator in Youth Services at Whitman-Walker Health. He works with young adults between the ages of 13 and 24 who are at risk of contracting HIV and other sexually transmitted infections. Leonardo conducts outreach in various community settings and provides on- and off-site testing services to the residents of D.C. He also supervises Whitman-Walker Health’s Peer Representatives, volunteers who serve as Peer Educators in their schools and communities. Before his role as an employee of Whitman-Walker Health, Almanza served as an AmeriCorps member for the organization. Throughout his year of service, he worked closely with the REALTalk-DC Boot Camp Program, which trains volunteers to become peer educators. Now, Almanza has a different role as he supervises the Peer Representatives hired at the end of the program. Overall, Almanza is passionate about working with youth, and hopes to remove the barriers that many of them face when accessing health services.

Rea Blakey is the Engagement Team Lead at the Office of Professional Affairs and Stakeholder Engagement (PASE) in the FDA’s Center for Drug Evaluation and Research (CDER). PASE’s mission is providing a focal point for advocacy at the CDER while enhancing two-way communication and collaboration with internal and external stakeholders concerning drug development, drug review, and drug safety.

Blakey is also an Emmy award-winning journalist and was a member of the Washington-based news media for 15 years, serving as a news anchor/reporter for WJLA-Channel 7. Years later she served as the D.C.-based Medical Correspondent at CNN, where she provided extensive editorial coverage of the day’s national and international medical headlines.

She was the national TV host on more than 50 Discovery Channel “Continuing Medical Education” shows. Blakey is also honored to serve as moderator for the previous three annual Rodham Institute summits where Hillary Rodham Clinton and Chelsea Clinton addressed D.C.-community health advocates and organizations with ties to the GW-based Institute.

Chris Chang is a film producer, director, and editor whose work includes non-fiction television, short-form documentaries, and scripted content for networks such as A&E, History, Smithsonian Channel, Disney, PBS, TLC, and HGTW. His advertising work includes partnerships with major commercial clients such as Google and Verizon. Most recently, he was honored to be able to contribute several short documentaries to the permanent collection of the newly opened National Museum of African American History and Culture.

Alexia Charles, M.S.T. is a third-year medical student at the George Washington University School of Medicine and Health Sciences pursuing a career in primary care, advocating for children and other underserved populations both domestic and abroad. Prior to medical school, Charles graduated from Stanford University with a Bachelor’s of Arts in psychology and a minor in human biology. As a undergraduate student, Charles worked in Chronic Disease Management and Women’s Health Advocacy at a federally qual-
ified health center in East Palo Alto, California. After graduating, she earned a Masters of Science in teaching from Fordham University while teaching middle school in the South Bronx. She also worked for Montefiore Medical Center, coordinating clinic conversions to patient-centered medical homes in the Bronx and greater New York area.

During medical school, Charles served as a student leader in Team KiPOW, a group that combats childhood obesity through education and modeling healthy behaviors in classrooms. She also worked with a committee of medical students and residents on a new initiative to reduce teenage pregnancy rates in some of Washington, D.C.’s most vulnerable youth through a sexual education program taught in Wards 1 and 8. She has mentored high school students in GW’s DC Health And Preparation Program, a pipeline program for underrepresented minorities pursuing healthcare careers, and enjoys volunteering with the Rodham Institute in community health fairs held at Barry Farm Recreation Center. On an international level, Charles’s work has spanned from program management and curriculum planning for at-risk youth in Kingston, Jamaica, to medical mission trips in Thomonde, Haiti.

Dedicated to improving quality of life in underserved communities around the globe through education, quality healthcare, and advocacy, Charles looks forward to continuing this work while completing residency training in Pediatrics.

Ashté Collins, M.D., is board-certified in Internal Medicine and Nephrology. He is also an assistant professor of medicine at the George Washington University School of Medicine and Health Sciences. He earned a Bachelor of Science degree in biology from Xavier University of Louisiana and his medical degree from the University of Chicago Pritzker School of Medicine. He is a fellow of the American Society of Nephrology.

Collins completed his Internal Medicine residency at the George Washington University School of Medicine and Health Sciences (SMHS), where he served as chief medical resident and was nominated to Alpha Omega Alpha Medical Honor Society. After chief residency, Collins completed his nephrology fellowship training at SMHS. He has been recognized as a “Top Doctor” in the Washingtonian magazine since 2015.

Collins is the medical director of the NxStage Kidney Care home dialysis center in Lanham, Maryland. His clinical interests include chronic kidney disease, acute kidney injury, hypertension, kidney stones, continuous renal replacement therapies, and home hemodialysis. His research interests include cardiovascular disease in chronic kidney disease, medical education, health disparities in patients with kidney disease, and outcomes in end-stage kidney disease patients.

Nicholas J. Dingle is a 17-year-old senior at Suitland High School in Forestville, Maryland. Nicholas is a current fellow in the Rodham Institute’s Health Education & Leadership Program (H.E.L.P.). Dingle plans to attend college and major in broadcasting with a concentration in sports journalism and a minor in African diaspora studies. During his time as a fellow in the H.E.L.P program, he has participated in several social impact research projects, Rodham’s annual summit, as well as getting his certification in CPR and first aid. In his leisure time Dingle enjoys sports, music, and being a young entrepreneur with his lawn care service.

Jehan El-Bayoumi, M.D., FACP, attended the University of Michigan in Ann Arbor for both undergraduate and medical school. She moved to Washington, D.C., in 1985 to complete her internship, residency, and chief residency in internal medicine at the George Washington University School of Medicine and Health Sciences (SMHS). After completion of her training, she joined the Division of General Internal Medicine at SMHS. El-Bayoumi served as clerkship director for many years prior to becoming the Internal Medicine Residency Program director in 1998, and remained in that role for 15 years. El-Bayoumi is a professor of medicine and she has a very active clinical practice.
She has lectured and taught in the GW Milken Institute School of Public Health, SMHS, and the SMHS residency program, as well as in the community, about topics such as women’s and minority health. She has served on the boards of Center for Women Policy Studies, National Women’s Health Network, and Arts for the Aging. She currently serves as a board member for Whitman-Walker Health.

Timothy Q. Elliott, M.S.W., is a psychotherapist and the coordinator of LGBT Youth Mental Health Programs at Whitman-Walker Health, a federally qualified health center located in Washington, D.C. He is a licensed clinical social worker in D.C., Maryland, and Virginia. His areas of expertise include working with youth and families, gender and sexuality development, and trauma treatment. Currently, Elliott coordinates the youth mental health program at Whitman-Walker Health, providing low-barrier outpatient mental health services to LGBT youth affected by crime. In addition, he provides outpatient mental health therapy and clinical trainings through his private practice located in northern Virginia. He also is a trainer with the District of Columbia’s Department of Behavioral Health, teaching clinical skills and competencies to clinicians and service providers throughout D.C.’s behavioral health network. His experience working within schools, outpatient mental health facilities, and government agencies has provided him a vast knowledge and respect for how multiple systems work together. Elliott has guest lectured for graduate level classes at the University of the District of Columbia and George Mason University, and has spoken at national conferences on various topics within mental health and youth work. Elliott received his Master of Social Work degree from Andrews University in Michigan and bachelor’s degree from University of Maryland, Baltimore County. In addition, he has completed extensive training and certificate programs around both trauma treatment and co-occurring disorders.

Jennafer Kwait, Ph.D., M.H.S., is the LGBT Research Manager at Whitman-Walker Health where she leads the LGBTQ Youth Wellness project, funded by the Washington AIDS Partnership. This project aims to give voice to young people in identifying their own needs and ways for adults in their lives – including health care providers – to best support them. Kwait has worked in public health for more than 20 years, beginning as a counselor and health educator in a women’s health clinic in Philadelphia. She is public health researcher by training, with a focus on social and behavioral sciences, holding positions previously at Abt Associates, RTI International, HRSA HIV/AIDS Bureau, and the Maryland AIDS Administration. She was the director of programs at The Women’s Collective, a community-based organization in D.C. serving women of color living with HIV/AIDS. As part of this work, she was the organizational liaison for all requests from outside researchers to collaborate – an experience through which she saw first-hand the need for productive and mutually-beneficial university and community-based organization partnerships, and for developing systems to ensure that individuals have exposure to opportunities to participate in shared projects and research. She holds both doctoral and master’s degrees from Johns Hopkins Bloomberg School of Public Health.

Ambrose I. Lane, Jr., has over 25 years’ experience in community leadership. Serving as an effective organizer, and executive, he works directly with youth, elected officials, community leaders and businesses to affect change. An institution builder and organizational development specialist, Lane has built four dynamic organizations in Washington, D.C., since 2003, three of which are still currently fulfilling their missions. Lane is founder and chair of the Health Alliance Network, which, in just three years, has become the largest community-based health advocacy group in D.C. The Health Alliance Network convenes, collaborates, advocates, and provides programming that addresses chronic disease, disease prevention, health equity, community health education, and health policy. A certified lay
trainer for Stanford University’s chronic disease self-management program, Lane chairs the D.C. Department of Health’s Chronic Disease City-wide Collaborative. Lane is also actively involved in the Healthy Youth and Schools commission, the D.C. Food Policy Council, and serves on the Community Advisory Boards of three Washington, D.C. area hospitals.

Ronald Little grew up in the Sursum Corda housing complex in northwest D.C. amid cussing, fist fights, and even shootings and domestic abuse. “I grew up in a pretty rough area,” Little said. “You have to kind of be tough, macho.” While his peers spent their summers learning to negotiate the streets—both emotionally and physically—Little spent ages 2 through 18 in Little Friends for Peace’s (LFFP) Peace Camp. “Peace Camp was such a big deal to my life,” he said. “This neighborhood is a troubled area. Peace Camp, when it was in my life, it taught me how to respect others, put others before you sometimes.” Little still intentionally practices the peace skills he learned during camp and particularly values the conflict resolution techniques, such as the peace train and “stop, think, act.” “If some things tend to bother you, you have to talk it out and express yourself,” he said. “It’s all how you say things. Even though you’re expressing yourself, it’s all how you present yourself and express the problem.” Even the small tactics have stuck. “I know sometimes when things tend to get frustrating, I do the ‘hot potato’ thing,” he said, referencing LFFP executive director MJ Park’s signature method of blowing off steam. “One potato, two potato, three potato, four—and just take a deep breath. Sometimes if it doesn’t work I just keep doing it over and over.” Peace Camp equipped Little with interpersonal survival skills, but it also gave him reprieve from the trials of the street. “The best part of Peace Camp was when I was a kid,” he said, crediting LFFP for what he called “a wonderful childhood.” Little has since moved on from Sursum Corda and now furthers his education to pursue passions in culinary arts and music engineering.

Daniel Mays, M.D., is a primary care internal medicine resident physician at the Mount Sinai Hospital in New York and an alumnus of the GW School of Medicine and Health Sciences. While in medical school, he interned with the Rodham Institute, collaborating with partners and organizing community outreach events at the Barry Farm Recreation Center in Anacostia. Through GW’s Lazarus Scholarship in Health Care Delivery, Daniel spent a year in Uganda researching and working alongside community health workers who deliver basic primary care services and health education to a rural, low-income population. Now in New York City, he focuses on primary care delivery and disease prevention in the East Harlem community.

Tendani Mpulubusi E1 is the Founder, President and CEO of the Ward 8 Arts & Culture Council (W8ACC). He is a native Washingtonian, former D.C. Arts Commissioner, accomplished artist, event producer, entrepreneur, environmentalist, and cultural ambassador with a background in youth development. He has demonstrated his commitment to the development of disadvantaged communities in D.C. by delivering effective inter-generational programs for over 10 years. Mpulubusi E1 discovered his passion for film at the Matthew Henson Conservation Center where he served more than 1,700 community service hours working to restore the Anacostia River. He became motivated to capture environmental and social issues on film and to mentor and empower other young people. Through W8ACC, Mpulubusi E1 facilitates various youth programs such as STEAM Engine, which integrates STEM with Arts and Design; Shootaz, a violence prevention program that encourages the use of a camera instead of a gun; and Therapeutic Arts, an art therapy program that promotes physical, mental, and emotional wellbeing among youth that are affected by trauma.
**MJ Park** is executive director of Little Friends for Peace (LFFP), the peace education nonprofit she co-founded with her husband Jerry in 1981. LFFP’s mission is answering violence with skills for peace by creating settings where children and adults can experience, learn, and practice peace. It operates programs in partnership with congregations, prisons, schools, and other social service agencies at 16 sites around the D.C. metro area and in San Salvador, El Salvador. Park and LFFP have received numerous awards, including the 2007 Teachers of Peace Award from Pax Christi USA, the United States section of the international Catholic peace movement. Recent honors include the 2016 Micah Award from the Stuart Center, the Washington Peace Center’s Planting Seeds of Peace Award, the Madonna Medal from Mount Mary University, and the Community Partner of the Year Award from George Washington University’s Center for Civic Engagement and Public Service.

**Shoa Phillpotts** is a 2016 graduate from Towson University where she received her bachelor’s degree in criminal justice minoring in cultural studies. She currently works with Little Friends for Peace, a nonprofit organization based out of Washington, D.C. Prior to her employment with LFFP, she volunteered and interned with them developing an understanding and passion for peace education. Phillpotts is very passionate about social justice issues such as race and crime, reentry, and criminal justice reform.

**Paul Reuter,** director of photography, has been shooting commercials, documentaries, promos, and television shows for over 20 years. He has captured the stories of individuals ranging from luminaries like Gloria Estefan and Martina Navratilova, to the men who worked to rebuild the nation during the Great Depression. His clients have included national department stores, leading advertising agencies, major networks such as PBS, BBC, and History, as well as national institutions including the Smithsonian and Ellis Island.

**Samantha Simpore** is one of the nation’s leading youth advocates. She is the founder and director of Youth Escape Arena., Inc. She also is a Maryland State Councilmember for Child Abuse and Neglect (SCANN). Simpore is a graduate of the Maya Angelou Public Charter School in Washington, D.C. Simpore has a relevant approach to supporting at-risk youth and their families, in addition to service providers and volunteers. With intimate knowledge of the juvenile justice system, and her expertise as a behavior management specialist at the Maya Angelou Academy at New Beginnings Youth Development Center - the District of Columbia’s educational facility for incarcerated youth - Simpore is an active speaker, trainer, and advocate for justice, education, and diversity initiatives on the local, state, and national level. Through advocacy, she transforms lives and learning communities into an area of possibilities where all young people have the opportunity to succeed. Simpore is equipped with the tools and strategies required to help young people, families, policy makers, and the community at large accelerate the pace of juvenile justice reform at the federal, state, and local levels to ensure that troubled youth get the integrated services and supports they need to put them on a sustained path to successful adulthood and positive community social emotional involvement.
Warren Spielberg, Ph.D., Fulbright Scholar, psychologist, psychoanalyst is an associate teaching professor at the New School for Public Engagement. He is co-author of “The Psychology of Black Boys and Adolescents- Two Volumes,” Praeger 2015. He is an acknowledged authority on the problems of boys and men and is a member of the American Psychological (APA) Task Force on treatment guidelines for boys and men. He is also the recipient of a Practitioner of the Year Citation by the APA for his work with the FDNY post-9/11. He maintains a private practice in Brooklyn Heights, where he works with children, families, and adults. Spielberg consults on issues relating to boys and men worldwide to such organizations as UNICEF, FDNY, and the NYC Mayor’s Young Men’s Initiative.

Kirkland C. Vaughans, Ph.D., is a licensed clinical psychologist and a psychoanalyst with a private practice in New York City. He is the founding editor of the Journal of Infant, Child, and Adolescent Psychotherapy and first editor of the two-volume book, “The Psychology of Black Boys and Adolescents.” He is a senior adjunct professor of psychology at the Derner Institute of Advanced Psychological Studies at Adelphi University and a faculty member of their Postgraduate Program in Child and Adolescent Psychotherapy, a clinical supervisor at the National Institute for Psychotherapies, and visiting faculty member at the Institute for Psychoanalytic Training and Research (IPTAR). He is also an Honorary Member of IPTAR. He is a school psychologist at Hempstead High School and the former regional director of the now defunct New Hope Guild Centers of Brooklyn. He has published articles on the intergenerational transmission of trauma among African Americans and presented widely on topics effecting black male youth. He is an active member of the Research Council of the New York City Young Men’s Initiative and the chair of the Board for The Harlem Family Institute: a multicultural psychoanalytic training institute.

Additional Rodham Institute Leadership and Staff

Jeffrey S. Akman, M.D., serves as the vice president for health affairs (VPHA), Walter A. Bloedorn Professor of Administrative Medicine, and the dean of the School of Medicine and Health Sciences (SMHS). As dean, he leads the 11th oldest medical school in the United States – an institution that is widely recognized for its commitment to biomedical research, excellence and innovation in medical and health sciences education, and a commitment to improving the health and well-being of our local, national, and global communities.

In his clinical practice, Akman was one of only a handful of psychiatrists who defined and developed the field of HIV/AIDS psychiatry in the mid-1980s. He led efforts to train and educate health care professionals in medical and mental health aspects of HIV/AIDS. Akman served as a member of D.C. Mayor Vincent Gray’s Commission on HIV/AIDS for many years, and now serves on the Presidential Advisory Council on HIV/AIDS where he and other leaders provide advice, information, and recommendations on HIV-related issues and policies to the HHS Secretary and the White House.

Akman is a member of multiple prestigious medical societies and associations and has received numerous awards for his leadership in medical education, community service, and humanism in medicine. He is a graduate of the SMHS M.D. program as well as the school’s psychiatry residency program. Upon completing his residency, Akman joined the GW psychiatry faculty where he eventually served as the chair of the Department of Psychiatry and Behavioral Sciences. He remained in this role until taking on the responsibilities as the VPHA and dean. In addition to his leadership roles, Akman continues to teach medical students and maintains a clinical practice. He also serves on the board of The Rodham Institute.
Lawrence R. Deyton, M.D., M.S.P.H., is Senior Associate Dean for Clinical Public Health and professor of medicine at the GW School of Medicine and Health Sciences (SMHS). Deyton has 31 years in leadership positions at several federal health and public health agencies. From 2009 to 2013, Dr. Deyton oversaw the implementation and enforcement of the Family Smoking Prevention and Tobacco Control Act. Deyton became the Center for Tobacco Product’s first director on Aug. 19, 2009. In 1978 Deyton helped to found the Whitman Walker Clinic, a community-based service organization specializing in LGBT and, now, HIV care in Washington, D.C. He is a graduate of University of Kansas, the Harvard School of Public Health, and the GW School of Medicine and Health Sciences. He has published more than 130 scientific articles in peer-reviewed literature and continues to care for patients on a regular basis at the Washington, D.C. VA Medical Center. He is a senior advisor to The Rodham Institute.

Alan Wasserman, M.D., is board-certified in Internal Medicine and Cardiovascular Disease. He currently serves as the Eugene Meyer Professor of Medicine and a department chair at the George Washington University School of Medicine and Health Sciences (SMHS). He is also the chair of the Council of Clinical Chairs at the George Washington University Medical Faculty Associates. Wasserman is a graduate of Hahnemann Medical College. He completed a residency at Abington Memorial Hospital and a fellowship in cardiology at SMHS. After completing an extra year devoted to research, Wasserman spent an additional year at three separate institutions, NIH, Yale and Johns Hopkins learning the then-new field of nuclear cardiology. He then returned to SMHS where he established the first nuclear cardiology laboratory in the Washington, D.C. area.

Wasserman is a Master of the American College of Physicians and a Fellow of the American College of Cardiology. His clinical and research activities have comprised areas of cardiology, including cardiac imaging, ischemic heart disease, and preventive cardiology. He also serves on the board of The Rodham Institute.

Marcus R. Andrews is a proud sixth-generation Washingtonian. At age 19, Andrews completed his B.A. in sociology with a minor in health in wellness, from the George Washington University (GW) in May 2015. Currently, he is a Presidential Administrative Fellow in the Rodham Institute, and he is pursing his Master of Public Health and Health Promotion in the GW Milken Institute School of Public Health. He is interested in the intersection of race, religion, urban planning, and health in addition to solutions to childhood obesity. Before joining the Rodham Institute, Marcus interned at the Centers for Disease Control and Prevention and Morehouse School of Medicine in Atlanta, where he developed a community health asset map for one of the most disadvantaged neighborhoods in southwest Atlanta.

Tracie Bass-Harrell is the program coordinator for the Rodham Institute. Prior to joining the Rodham Institute, Bass-Harrell was the program coordinator for the internal medicine residency program at the George Washington University School of Medicine and Health Sciences starting in 2005. In February 2012, Bass-Harrell was awarded the Program Coordinator Excellence Award by the Accreditation Council for Graduate Medical Education. This national honor is awarded annually for distinguished service and commitment to excellence in graduate medical education.
Aileen Chang, M.D., M.S.P.H., is a research faculty advisor at the Rodham Institute. Her emphasis will be to employ community-based participatory research methods to approach cardiovascular and environmental health disparities in D.C. Her background in health disparities research started internationally examining the social determinants of health as they relate to vector borne disease. She now works employing methodologies that are commonly used internationally by community health workers to approach health disparities in the United States.

Monique Duwell, M.D., M.P.H., serves as the Rodham Institute’s Director of Special Projects and is engaged in work with the Clinical Public Health program at the GW School of Medicine and Health Sciences. She did her undergraduate studies at the University of Chicago, received her medical degree from the University of Pennsylvania, earned her Master of Public Health from the Johns Hopkins Bloomberg School of Public Health, and completed the primary care track in GW’s Internal Medicine Residency Program. Her clinical training experience has included work in resource-poor areas in the United States and abroad, and she most recently served as a physician and medical director for a large community health center in an underserved community in Washington, D.C.

Sara Mutnick serves as the project manager of the Rodham Institute. She has been with the Rodham Institute since July 2015, first serving as a consultant. A Washington, D.C. native, Mutnick earned her Bachelors of Science in zoology, with a certificate in global health, from the University of Wisconsin-Madison in 2013. As an undergrad, she participated in several research projects, including generating novel virus strains as an intern in the National Institute of Allergic and Infectious Diseases, and research on breast-specific gamma imaging at the George Washington University Medical Faculty Associates. Her first introduction to the social determinates of health came as a student in the Global Health Institute at the University of Wisconsin, where she completed a field course on the WIC program in Wisconsin. Following her passion to address health inequity, Mutnick has worked in both the social service and healthcare fields. From 2013 – 2014, she completed a year of service as Community HealthCorps - AmeriCorps member, assisting medically underserved communities in D.C. navigate and access their healthcare benefits.

Maurice Smith, M.Ed. is the director of Educational Programs and Outreach. Before joining The Rodham Institute, Smith was the academic service-learning coordinator and director of civic House for the Honey W. Nashman Center for Civic Engagement and Public Service at the George Washington University. Maurice has over nine years of experience working with faculty development, student leadership development, capacity building, community relations, and civic engagement in a higher education setting. He holds a Master’s degree in education/psychology from James Madison University, he earned his Bachelor’s degree in communication from the University of Alabama at Birmingham, his Bachelor’s degree in liberal studies/graphic design from Loyola University New Orleans and a degree in digital media from Tulane University.

Smith will be the lead in the development of the Rodham Institutes Path-C initiative, The H.E.L.P. program, and advising and mentoring Rodham Institute interns, graduate, and undergraduate fellows. He will also assist in building Rodham’s community collaboration, and work to developing service-learning into areas of graduate medical education at GW.
Freya Spielberg, M.D., M.P.H., is the director of research and evaluation for the Rodham Institute. She is an associate professor at the GW School of Medicine and Health Sciences, an associate professor at the GW Milken Institute School of Public Health (Milken Institute School), and the director of the Community Oriented Primary Care graduate training program in the Department of Prevention and Community Health at the Milken Institute School.

Previously (2008-2012) Spielberg was a senior health scientist in the Center for Advancement of Health IT at RTI International, and from 2011-12, she was the director of research mentorship for the Stanford Clinical Excellence Research Center. Prior to moving to San Francisco, Dr. Spielberg served as a faculty member in the Family Medicine department and the Center for AIDS Research at the University of Washington School of Medicine. In this position she led the development of a web-based curriculum for medical students in patient-centered care and brief behavioral counseling approaches. She trained residents in Family Medicine, and mentored graduate students and fellows. In the Center for AIDS Research, Spielberg co-lead the HIV Prevention Research Core of the Center for AIDS Research and started a successful Community Collaborative research group. She served as a founder of a mobile community based HIV counseling and testing program in which she integrated mobile health innovations that doubled productivity and improved the program’s cost effectiveness. Most recently, in the United States and globally, Spielberg developed a research agenda to improve the health of urban underserved populations through mobile and web-based home counseling and testing services, working with IT-equipped Community Health Workers to better reach populations suffering health disparities. At GW, Spielberg is building a multidisciplinary research effort that is bringing together faculty, community leaders, fellows, students, and community members to design and implement health innovations to improve health outcomes and patient satisfaction while lowering health care costs and addressing health disparities.
Education Preferences in Patients With Poorly Controlled Diabetes: The goal of this research was to assess patient preferences for diabetes education in order to create an educational program. Over half of the participants said that including family in diabetes education would improve their diabetic control. Patients identified barriers to diabetes education including other health problems and transportation. For more information, contact Aileen Chang, MD, M.S.P.H at achang@mfa.gwu.edu.

Empowering Physicians to Address Health Disparities Related to Food Insecurity: The GW SMHS Division of Internal Medicine has partnered with Wholesome Wave to develop a food insecurity curriculum and referral resource for Internal Medicine residents. The project is currently in the curriculum development process working toward launching a series of lectures in summer 2017. For more information contact: Aliza Wasserman at aliza@wholesomewave.org.

Each year, HELP Scholars work in small teams to develop social impact projects to promote health-related improvements in their own communities with this year’s focus on gun violence among youth in vulnerable communities. For more information, please contact Maurice Smith at msmith@mfa.gwu.edu.

In an attempt to change the trajectory for the young people residing in DCHA’s public housing communities, DCHA and Enterprise Community Partners, Inc. are partnering to implement the innovative IMPACT 5000 approach. IMPACT 5000 is a site-by-site effort where the power of corporate and public sector partners will be brought to bear. DCHA will support the strategy by investing in and developing community navigators who will work closely with corporate and public sector partner agencies to strengthen existing resources and identify new opportunities in the fields of public health and nutrition, education, safety, and behavioral health, among others, for youth identified through detailed needs assessments. For more information, contact Khadijah Tribble at ktribble@dchousing.org.

Founded in the late 1960s to serve immigrant Latino youth, LAYC has grown from a small grassroots recreation center to a nationally recognized organization serving all low-income youth and families across the District of Columbia and in Maryland’s Prince George’s and Montgomery counties. The mission is to empower a diverse population of youth to achieve a successful transition to adulthood through multi-cultural, comprehensive, and innovative programs that address youth’s social, academic, and career needs. LAYC provides multi-lingual, culturally sensitive programs in Educational Enhancement, Workforce Investment, Social Services, Residential Placement, Art and Media, Recreation, and Advocacy. Teen Health Promoters program is a year-long after-school program for high school students interested in health and medicine careers. For more information, contact Nicole Conner at NicoleC@layc-dc.org.

PATH-C was established by the Rodham Institute in collaboration with a number of community partners, ranging from those specializing in education to those focusing on career services. The Consortium, which is modeled on the Alameda County Health Pipeline Partnership, aims to increase the number of under-represented minorities in the healthcare workforce at all levels, with a specific, but not exclusive, emphasis on middle school-aged black males. To effectively build the healthcare workforce pipeline, PATH-C members recognize the need to establish a centralized mechanism where academic, government, community, and health-focused stakeholders are able to share resources. This “one-stop
“Using Geographic Information Systems (GIS) to spatially represent diabetes and hypertension prevalence in an urban metropolitan area” is a novel research project conducted by Presidential Administrative Fellow Marcus Andrews and Aileen Chang, M.D., M.S.P.H., of the Rodham Institute. Using the patient registry from the George Washington University Medical Faculty Associates, we engaged in an exploratory investigation of the prevalence of uncontrolled diabetes and uncontrolled hypertension. Visually representing these fine scale health disparities can inform both health and community organizations in their pursuit to advance health conditions within Washington, D.C. For more information, please contact Marcus Andrews at mandrews@mfa.gwu.edu.

Whitman-Walker Health Youth Services, through a grant from the Washington AIDS Partnership, designed and implemented this project to contribute to the body of knowledge about “wellness” for young people who identify as LGBTQ. This project aimed to gain insight into the ways LGBTQ young people understand their own health and wellness and factors that affect their well-being in order to inform continued development of programs to best meet needs, build the capacity of those who care for and serve LGBTQ youth to sensitively and competently support them, and to explore where youth see opportunities to create change within their communities and alongside the agencies that serve them. Our hope was to provide an opportunity for young people to share their voice and define their own needs about a range of topics related to wellness. Through our focus on wellness, we aim to spark a community-wide dialogue that moves beyond the disease prevention and risk reduction paradigm and shifts the emphasis to what is needed to foster well-being among LGBTQ youth and young adults. For more information, please contact Jennafer Kwait at JKwait@whitman-walker.org.

A team of attendings and residents from the George Washington University Emergency Medicine Residency and the The Wright Center's National Family Medicine Residency based out of Unity Health Care are working together to improve transitions of care for patients at their organizations. Through frequent working group meetings evaluating the key steps necessary for effective transitions of care and piloting patient identification cards aimed at ensuring that correct primary care provider information is recorded correctly to facilitate discharge summary transfer and primary care follow up after emergency department visits. For more information please contact, Keith M. Egan, D.O., PGY3, at kegan@unityhealthcare.org.