

Program: Obstetrics and Gynecology

Policy: Resident Duty Hours

Effective Date: July 1, 2011

PURPOSE: This policy is designed to establish duty hours in an appropriate work environment for residents in the Obstetrics and Gynecology Residency Program and meet current Obstetrics and Gynecology Residency Review Committee standards.

POLICY:

1. Resident duty hours will not exceed 80 hours per week, on average over four weeks.
2. Residents will have one day out of seven free from all educational and clinical duties, on average over four weeks. Home call can not count as a day off.
3. Residents will not be assigned on-call in-house duty more often than every third night on average.
4. Duty period of PGY-1 residents must not exceed 16 hours.
5. Duty period of PGY-2 residents and above may be scheduled to a maximum of 24 hours. Residents are allowed to remain on site for an additional 4 hours to ensure appropriate transition of patient care. On their own initiative, residents may stay to care for a critically ill patient, academic events or to provide humanistic medical care. In every case when a resident chooses to stay, they must notify the Program Director and explain the circumstances.
6. Residents may not attend continuity clinic after a 24 hour shift.
7. Residents must have at least 8 hours between shifts and should have 10 hours between shifts.
8. After a 24 hour shift, a rest period of 14 hours is required
9. Residents may not work more than 6 consecutive nights of night float.
10. Home call: Home call should not be so taxing as to preclude personal time for each resident. When called in from home this does not initiate a new "off-duty period" but the hours worked do count towards the 80 hour work week.
11. Senior residents, in order to prepare for independent practice, may return to work with less than an 8 hour break between shifts. Each of these incidents should be reviewed by the Program Director.
12. Residents must log hours regularly on an accessible website.

The responsibility for monitoring Obstetrics and Gynecology resident duty hours rests with the Program Director. See supervision policy for details on resident supervision.

APPROVED BY GMEC: February 28, 2011