



# GW Medicine Notes

A Monthly Publication of the GW Department of Medicine

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January 2017

2017 APM Winter Meeting  
Renaissance Baltimore Harborplace Hotel  
Baltimore, Maryland

**AAIM Opening Plenary  
Session**  
**Sunday, March 19, 2017**  
**4:30 p.m. to 5:30 p.m.**

**Kate Goodrich, MD**  
*Director of the Center for  
Clinical Standards  
Centers for Medicare &  
Medicaid Services*

Dr. Goodrich has served as Director of the Quality Measurement and Value-Based Incentives Group at CMS since August 2012. In this role, she is responsible for the quality measurement and public reporting work, the marketplace quality work portfolio, the value-based incentives programs, implementation of MACRA, and developing collaborations with other CMS components, HHS agencies, and external stakeholders.

**SAVE THE DATE**

**END-OF-THE-YEAR  
PARTY**

**FRIDAY, JUNE 9TH**

**RITZ CARLTON HOTEL**

## *From the Chairman*

In 2001, I ventured out to Seattle to observe a comprehensive Electronic Health Record System that was going to revolutionize the practice of Medicine. I bought into this 100%, and the MFA was the first large group practice in the Washington, DC, area to implement such a system. Much to my chagrin, these systems have fallen considerably short of any potential to improve the practice of Medicine and the care of patients.

A few of us still remember going to the ambulatory clinic to see patients, wondering how many paper charts would turn up that day. Paper charts tended to disappear. They would be in physicians' offices, so notes could be written or labs and other results could be inserted; or they would be in the cavernous medical records depository often misfiled (by name or number) and therefore unattainable. We will never forget the staff person who had filed medical records by using the first initial of the first name. Since he was a summer employee, the next autumn was hell. (We have not employed summer help since.) The ONE good thing is that Electronic records are almost always available with very rare downtime exceptions.

Everything remained consistent until 2009, when the Health Information Technology for Economic and Clinical Health Act (HITECH) was enacted with bipartisan support - a \$30 billion effort to transform healthcare delivery through widespread use of EHR. Also, programs such as "meaningful use," EHR Incentive Program requirements have helped to create greater utilization of basic EHR functions at a much faster pace than would have otherwise occurred.

These programs were successful in promoting widespread use, yet failed to promote the main features required for improving quality, safety and productivity: (the mantra I was given and bought into in 2001) with less work for the physician. A core of consistent, comprehensive, clinical content uniform across vendor systems was never mandated. Every EHR vendor could do what they wanted with their system (and they did). This left it harder to implement important aspects such as: automated alerts and documentation, measurement capabilities, data mining, public health reporting and interoperability among vendors was non-existent.

So after nearly two decades, most EHR's act independently, preventing patients from having a true unified experience for their health records. If your Internist wants to know the opinion of a specialist you saw across town, she would have to wait for the Fax to be sent. FAX! How is it that with all the money spent, we are still relying on this antiquated, poorly compliant system? Is it because no one gave any thought to mandating that the first rule of any EHR is that they communicate with others? [Where is Tim Berners Lee when you need him?]

Well at least it is promoting better health care, isn't it? Or has it just created more work for physicians? Recent articles, the latest from the Annals of Internal Medicine, suggest that less time is being spent with the patient and more time with the computer. "For every hour physicians provide direct clinical face time to patients, nearly 2 additional hours is spent on EHR work within the clinic day." This is besides the additional evening or weekend hours required.

Overall, I believe the EHR has been the most significant disappointment in Medicine since the results of the Women's Health Initiative. Is there any wonder that dissatisfaction with how physicians spend their time and skills is widespread and growing? Computer, "Heal thyself!"

*Alan G. Wasserman, M.D.*

## Department of Medicine January 2017 Grand Rounds

- JAN 5      **Helen Burstin, MD, MPH, FACP**  
Associate Clinical Professor of  
Medicine  
George Washington University  
National Quality Forum  
Chief Scientific Officer  
*"Evolving Evidence - Linkage to  
Guidelines and Measures"*
- JAN 12     **Sally L. Satel, MD**  
Lecturer Yale University &  
Resident Scholar  
*"When Altruism Isn't Enough:  
The Case for Compensating  
Kidney Donors"*.
- JAN 19     **Micael Lopez-Acevedo, MD**  
Assistant Professor of OB/GYN  
George Washington University  
*"Gynecologic Oncology"*
- JAN 26     **Thomas Scott, MD**  
Assistant Professor of Anes-  
thesiology and Critical Care  
medicine & Medicine  
George Washington University  
*"Pain Management"*

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category 1 of the Physician's Recognition Award of the American Medical Association. (AMA).

## Medicine Team Contacts

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SILVER TEAM	(202) 715-6040
PURPLE TEAM	(202) 715-6042
GOLD TEAM	(202) 715-6044

ADMITTING RESIDENT 741-0161 pager

## Cardiology Grand Rounds

5:00 PM, Ross Hall, Room # 104

- JAN 4      **Mortality & Morbidity Conference**  
**Drew McCaffrey**
- JAN 11     **TBD**
- JAN 18     **TBD**
- JAN 25     **TBD**



## Resident Lecture Series January 2017 Noon Conference

- JAN 2      **TBD**
- JAN 3      **TBD**
- JAN 4      **Recruitment**
- JAN 5      **Medicine Grand Rounds**
- JAN 6      **Recruitment**
- JAN 9      **Recruitment**
- JAN 10     **Patient Safety Conference**  
**Cory Bollinger and Vlad Tsaltskan**
- JAN 11     **Recruitment**
- JAN 12     **Medicine Grand Rounds**
- JAN 13     **Recruitment**
- JAN 16     **HOLIDAY**
- JAN 17     **CPC - Talia Bernal and Pooja Satya**
- JAN 18     **Recruitment**
- JAN 19     **Medicine Grand Rounds**
- JAN 20     **HOLIDAY**
- JAN 23     **TBD**
- JAN 24     **TBD**
- JAN 25     **TBD**
- JAN 26     **Medicine Grand Rounds**
- JAN 27     **TBD**
- JAN 30     **Journal Club**  
**Brandon Anderson and Jennifer Schwenk**
- JAN 31     **TBD**

## Please Join Us In Welcoming Our Newest Addition to the Medicine Faculty

**Lisa Greening, RN** joined the Division of Hematology Oncology in December, 2016 as a Clinical Nurse Manager. She is a Licensed Registered Nurse with thirty years of experience in nursing management of complex hematology, oncology and medical patients. Over the years, Lisa gained valuable experience in nursing management of professional and support staff. She has provided quality care at a high level to the oncology, medical and pulmonary populations in an academically affiliated organization. Lisa has been responsible for delivery of patient care, with an emphasis on quality, service and successful outcomes, including The Joint Commission survey process and HCHAPS initiatives. She has managed human resources to maintain productivity at the unit level in accordance with established standards. Her experience has given her an opportunity to participate in the design, testing, training, implementation and ongoing support of Electronic Medical Records; additionally, Lisa has gained experience in the coordination of operations, education, and training for inpatient Ebola unit.

## Cardiology Faculty

Three GWU Cardiology Faculty Appointed to Leadership Positions at the American College of Cardiology:

- **Dr. Jannet Lewis** was elected to ACC Board of Governors for the District of Columbia.
- **Dr. Brian Choi** was appointed to the ACC Health IT Advisory Committee.
- **Dr. Gurusher Panjra** was elected Chairman of the ACC Heart Failure and Transplant Committee.

## Steven Farmer, MD, PhD

Congratulations to **Dr. Steven Farmer**, Associate Professor of Medicine, Division of Cardiology, who accepted a position as Medical Officer and Senior Advisor to the Center of Medicare and Medicaid Services (CMS). He will be starting at the beginning of February, 2017 and thankfully, he will continue to work at the MFA on a limited basis.

**TOP DOCTORS - 2016**  
**WASHINGTON MAGAZINE...CONTINUED**

**Rheumatology:** Rodolfo Curiel, MD, Mandana Hashefi, MD

## Fellowship Match Results

We are proud to announce that we had a great match this year! Congratulations to all of our PGY3s, and thank you to the faculty and staff who supported and guided them along the way to this success!

### Our residents matched with the following fellowship programs:

#### Cardiology

Angela Ryan – GW  
Raza Yunus - GW

#### Endocrinology

Meghana Bhatta – University of North Carolina  
Suneeta Ganji – Johns Hopkins University

#### Epidemic Intelligence Service (CDC)

Caitlin Biedron

#### Gastroenterology

Alexis Pavle - GW  
Sonia Taneja – University of Maryland/NIH

#### Hematology & Oncology

Rami Alsharif – GW  
Aneesha Hossain – University of Maryland  
Samah Nassereddine - GW

#### Infectious Diseases

Ashley Styczynski – Stanford University

#### Nephrology

Rami Alsubail – Duke  
Srikar Kumar – University of North Carolina

#### Pulmonology/Critical Care

Nawaf Abaalkhail – Cedars Sinai  
Cory Bolinger - GW  
Dana Kay - University of Florida

#### Rheumatology

Christian Geier – Columbia University  
Erica McBride - GW

### Our incoming fellows for July 2017 are:

#### Cardiology

Angela Ryan - George Washington University  
Raza Yunus - George Washington University  
Joseph Forgione - Georgetown University

#### Endocrinology

Munaza Akunje - Providence Hospital  
Sasan Fazeli - Providence Hospital

#### Gastroenterology

Alexis Pavle- George Washington University  
Amen Javaid - Georgetown University

#### Hematology Oncology

Samah Nassereddine - George Washington University  
Rami Alsharif - George Washington University

#### Hospice and Palliative Care

Anissa Rahman - George Washington University  
Laura Hoffmann - University of Texas  
Raj Hiranandani - Overlook Medical Center  
Diana Marian - Harvard Multi-Campus

#### Infectious Disease

Diana Silva-Cantillo - Memorial Hospital of RI  
Alessandra Secco - Advocate Lutheran General

#### Nephrology

Faizan Barber - Greater Baltimore  
Sonia Nasery - Flushing Hospital Medical Center

#### Pulmonary Critical Care

Cory Bolinger - George Washington University  
Akshay Bhatnagar - Cleveland Clinic Foundation

#### Rheumatology

Erica McBride - George Washington University

## Rheumatology Academic Conference Schedule January 2017

2300 M Street, N.W., Suite 3-332

8AM—11:30 AM

Questions: Call (202) 741-2488

- JAN 5: Journal Club  
Dr. Sam Serafi & Dr. Marc Phillpotts (Residents)
- JAN 5: M&M and Clinical rounds
- JAN 5: Poll everywhere  
Tracy Thompson
- JAN 5: Knowledge Bowl and rheumatology  
boards training /preparation  
Dr. Taylor/ Dr. Curiel
- JAN 12 : Radiology Conference  
Dr. Kathleen M. Brindle  
Associate Professor of Radiology - GWU  
**Location: radiology conference room , GWU hospital**
- JAN 12: M&M and Clinical rounds
- JAN 12: Knowledge Bowl and rheumatology  
Boards training /preparation  
Taylor/ Dr. Curiel
- JAN 19 : Intra-city Grand Rounds  
Location: WHC
- JAN 19 : M&M and Clinical rounds
- JAN 26 Merissa Zeman (Medical Student)  
Molecular imaging in RA
- JAN 26: M&M and Clinical rounds
- JAN 26: Knowledge Bowl and Rheumatology  
Boards training/preparation  
Dr. Taylor/Dr. Curiel

## Kudos, Congratulations and Condolences

**Kudos...** to **Dr. Susie Lew**, Nephrology; she was invited to speak on “Home Dialysis and the Future of Remote Patient Monitoring in Nephrology” at the American Society of Nephrology Annual Meeting.

**Kudos...**to **Dr. Adey Berhanu**, Rheumatology, whose manuscript “*Pegloticase Failure and a Possible Solution: Immunosuppression to Prevent Intolerance and Inefficacy in Patients with Gout*” was accepted to Seminars in Arthritis and Rheumatism.

**Kudos...**to **Dr. Dominic Raj** who was the plenary note speaker at the German Society of Nephrology Annual Meeting.

**Kudos...**to **Dr. Chad Henson** who recently passed his AAHIVM Credentialing Exam.

**Kudos...**to **Dr. Paul Silver** from two of his patients: “Dr. Silver responds to anything they need within 24 hours. He is the reason they decided to donate money to GW”.

**Kudos...**to **Dr. Michael Irwig**... from a grateful student; “*thank you for organizing such a thoughtful session this morning. I speak for myself but I imagine many of my fellow classmates in stating that this was such a unique complement to our educational experience....Dr. Irwig, your patients think the world of you and the compassion you’ve shown in your care of transgender patients. It was clear that you’ve paved the way for the type of care we should aim to provide in our future careers.*”

**Kudos....**to Dr. Pedro from the division of renal diseases and hypertension has been awarded NIH grant for 2 million dollars over 4 years to examine the Renal dopamine 1 receptor defect in hypertension.

**Kudos....**to **Dr. Jennifer Kerns** (former Chief), on the birth of her son Graham Kerns Marvel who was born on Tuesday 12/6/16 at 7:37am, 7 lbs. 10 oz. and 21 inches long.

**Kudos...**to **Dr. Christina Puchalski** whose article entitled “*The Case For Incorporating Spiritual Care In Medicine*”, was featured in the Huffington Post

**Condolences....**to **Dr. Catherine Boinest**, whose father Eugene Salvati, MD, passed away in December. Dr. Boinest said that “he was a great man, a renowned colon and rectal surgeon and an awesome father. I will miss him terribly.”

**Condolences...**to **Dr. David Popiel**, whose father, Witek Popiel, passed away in December.

*See you next month! The Editor*

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