An estimated 215 people died in hospitals and nursing homes in Louisiana following Hurricane Katrina in 2005 yet some were SHOCKED that 10 elderly patients died in a nursing home following Hurricane Irma. The deaths were heat related as the nursing home had no power and no generator that could power the air conditioner unit. The temperature inside the nursing home peaked at around 106 degrees.

Since 2005, there has been constant debate over establishing new generator guidelines for nursing homes. Florida rules state that a nursing home must have a generator that can continue to have the ice machine and refrigerator working as well as provide lighting. Most of these nursing homes are large structures and the generators needed to run the air conditioning unit are of a significant larger magnitude and cost. So are they really needed? How often do Hurricanes strike or is power lost? Since 1851, 37 hurricanes have made direct hits on Florida. Coming into the 2016 hurricane season, Florida had gone 11 years without a hurricane. But that streak came to an end in September 2016, when Category-1 Hurricane Hermine made landfall before weakening into a tropical storm.

Gov. Rick Scott ordered the nursing home kicked out of the State’s Medicaid program, a move that would likely doom the facility. This is the same Gov. Rick Scott who ordered Florida employees, contractors and volunteers not to use the terms “climate change” and “global warming” in official communications. Maybe if you don’t say it, it won’t be true. So which is it? Is Irma just a once in a decade occurrence or is it the start of a run of bad weather in Florida?

There happened to be a hospital across from this nursing home that continued to have power and air conditioning. So this may be more of a problem of neglect or incompetence where more vigilance would have transferred some of these elderly patients to a place to cool off. Yet interviews of families and patients in this nursing home indicated that most spoke highly of the care that they received up until the Hurricane. The number one complaint by far was the food. It is required that the food be substandard to give the residents something to complain about. It must be, as this is a universal problem.

The only complaint was that the nurses did not respond to the call bell, especially when it was time to eat. It may not taste good but the portions are big, no one wants to miss a meal.

As with many rules, cost is an issue, and homes that rely on Medicaid reimbursements say their thin margins make purchases like a large generator a daunting expense. There aren’t enough nursing homes and certainly not nearly enough good ones. The question is how many should be put out of business for what was in this case at least a failure of management, since, the day after the problem was discovered over 100 pts were easily transferred. But if you don’t believe in climate change then why deal in facts? Dedication to keeping old people cool will sound great on the campaign trail. Especially when the average temperature in Florida will be over 100 in a few years because of that which can not be named.
Department of Medicine
October 2017 Grand Rounds

OCT 5 “Chronic Rhinosinusitis”
Anjeni Keswani, MD
Assistant Professor of Medicine
Division of Allergy, Asthma, & Sinus
Department of Medicine
GW Medical Faculty Associates

OCT 12 “Bridge Over Troubled Waters: Crossing the Cultural Divide to Talk about Race & Racism in Academic Medicine”
David Acosta, MD
Associate Vice Chancellor of Diversity and Inclusion
UC Davis Health

OCT 19 “Contemporary Treatment Paradigms for localized and metastatic testicular cancer: The evolving role of precision medicine to optimize survivorship”
Michael Whalen, MD
Assistant Professor of Urology
Department of Urology
GW Medical Faculty Associates

OCT 26 “Orthogeriatric Trauma: The Integration of Orthopedics and Medicine”
James DeBritz, MD
Assistant Professor of Orthopaedic Surgery
Department of Surgery
GW Medical Faculty Associates

Cardiology Grand Rounds
5:00 PM, Ross Hall, Room # 104

OCT 4 Mortality & Morbidity Conference
OCT 11 Pamela Sears Rogan, MD
Inova Medical Group
Cardiology
Echocardiography in 2017
OCT 18 TBA
OCT 25 Lorien Abroms, ScD, MA
Associate Professor of Prevention and Community Health
School of Public Health and Health Services
GWU
Director, Public Health Communication and Marketing Program
Smoking Cessation

Resident Lecture Series
October 2017 Noon Conference

OCT 2 “COPD”- Dr. Morgan Delaney
OCT 3 Journal Club
OCT 4 GME-Core
OCT 5 Medicine Grand Rounds
OCT 6 Chairman’s Rounds
OCT 9 “The Changing Healthcare Landscape”- Dr. Nupur Mehta
OCT 10 “Antibiotic coverage”- Dr. Afsoon Roberts
OCT 11 Patient Safety Conference
OCT 12 Medicine Grand Rounds
OCT 13 Chairman’s Rounds
OCT 16 TBD
OCT 17 Clinicopathologic Conference- Drs. Connell Knight and Jonathan Gwizdala
OCT 18 “HIV, Prep/PEP”- Dr. Jillian Catalanotti
OCT 19 Medicine Grand Rounds
OCT 20 Chairman’s Rounds
OCT 23 TBD
OCT 24 “Dermatology”- Dr. Adam Friedman
OCT 25 “Acid-Base”- Dr. Sara Wikstrom
OCT 26 Medicine Grand Rounds
OCT 27 TBD
OCT 30 “C-Diff”- Dr. Angelike Liappis
OCT 31 “Allergy”- Dr. Anjeni Keswani

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician’s Recognition Award of the American Medical Association.

Medicine Team Contacts

Need to find a Resident on an inpatient team?

Please use Tiger text to reach the appropriate physician. Go to gwu.medhub.com/paging; password: GWUPublicCall; Select Internal Medicine.

Alternatively
WebExchange is still the best way to find the on-call physician.

If you have trouble with your MedHub account, please contact Mary Mitchum at mdmitchum@mfa.gwu.edu.)
Adrienne Poon, MD, MPH joins us as a Clinical Instructor of Medicine in the Division of Hospital Medicine within the Department of Medicine. She is licensed in the District of Columbia.

She has a Bachelor of Science in Biochemistry from Tufts University and a Master of Public Health from Drexel University with a concentration in Health Management and Policy focused on systemic racial and ethnic health disparities and Asian American health. As an Association of Schools of Public Health/Centers for Disease Control and Prevention Rosenfield Global Health Fellow, she spent two years in Beijing helping manage the US President's Emergency Plan for AIDS Relief (PEPFAR) China program. She earned her medical degree from Rutgers New Jersey Medical School and completed Internal Medicine Residency training at George Washington University School of Medicine & Health Sciences where she participated in the Underserved Medicine & Public Health track.

She is an Honorary Fellow with the University of Edinburgh as part of an academic global health research collaboration with Peking University to study China’s health transitions, disparities, system, and reform.

Dr. Poon has several peer-reviewed publications in journals that include Health Affairs, PLoS One, Sexually Transmitted Infections, and AIDS Care.

Saira Bilal, MD joins us as an Assistant Professor of Medicine in the Department of Medicine, Division of Rheumatology.

Dr. Bilal received her Medical Degree at the King Edward Medical University in Lahore, Pakistan and served as a house officer in General Surgery at the Mayo Hospital, Lahore, Pakistan. She completed her Residency in Internal Medicine at Union Memorial Hospital in 2013. That same year she joined the Department of Hospital Medicine at Washington University School of Medicine, St. Louis. She completed her Fellowship in Rheumatology as a Chief Fellow from the University of Texas Southwestern Medical Center in 2017.

She is board certified in Internal Medicine and is board eligible in Rheumatology. She holds a District of Columbia Medical license.

Dr. Bilal has been a participant of at least five research projects, two of which are on-going and is published. She has special interest in Rheumatoid arthritis and Musculoskeletal Ultrasound.

William Borden, MD, has been appointed as The GW Medical Faculty Associate’s Chief Quality and Population Health Officer. Dr. Borden, a practicing cardiologist, joined the MFA in July of 2014 as Director of Healthcare Delivery Transformation and has been instrumental in our quality improvement and population health management efforts. He and his team have led our accountable care initiative and MACRA programs, and have established a solid infrastructure so that the MFA can deliver the highest quality and value care, as well as an enhanced overall experience for our patients.

In this new role, he will further develop our capabilities in these areas to ensure that all of our providers and staff have the necessary tools to deliver the best possible care — not only using evidence-based management for both acute and chronic illness, but also establishing disease prevention protocols to maintain the health of our patients.

Leadership Announcement

Limited Service Promotions 2017

Congratulations to the following Limited Service faculty on their academic promotions effective July 1, 2017:

- Andrea Leonard-Segal MD – Associate Clinical Professor of Medicine
- Humain Henry Li MD – Clinical Associate Professor of Medicine
- Joseph Laukaitis MD – Clinical Professor of Medicine
- Katherine Goodrich MD – Clinical Professor of Medicine

Frontiers of Medicine

“Non Surgical Cardiovascular Treatments”
Wednesday, October 25, 2017
Jack Morton Auditorium
6:15 Reception; 7-8pm lecture
Jonathan Reiner, MD., Professor of Medicine, Director of Cardiac Catheterization Laboratories
Cynthia Tracy, MD, Professor of Medicine, Associate Director of Cardiology
Moderator: Alan Wasserman, M.D., MACP, Eugene Meyer Professor of Medicine, Chair, Department of Medicine, Chair, Council of Clinical Chairs

Chairman’s Rounds
GWU Hospital Auditorium, 12:00
All Faculty Invited to Attend

OCT 6  
Dr. Tushina Jain  
Dr. Michael Elliott

OCT 13  
Dr. Tanuka Datta  
Dr. Caitlin Willemann

OCT 20  
Dr. Jennifer Schweng  
Dr. Sarah Tran
Rheumatology Academic Conference Schedule  
October 2017

2300 M Street, Suite 3-332  
8 AM–11:30 AM  
Questions? Call (202) 741-2488

OCT 5: Radiology Conference  
Dr. Kathleen Brindle, Associate Professor of Radiology  
Chief, Musculoskeletal Radiology  
Location: GW Hospital, Radiology Conference Room

OCT 5: Quality Improvement Initiative and Rheumatology Board Training Preparation

OCT 12: “Foot Disorders”  
Dr. Farah Siddiqui

OCT 12: Interview Day

OCT 19: Intra-City Rheumatology Grand Rounds  
NOTE LOCATION: NIH  
NOTE TIME: 7:30 AM

OCT 19: Patient Safety Monitoring and Education

OCT 26: Journal Club  
Drs. McBride and Phillpotts

OCT 26: Rheumatology Board Training Preparation

See you next month! The Editor

Kudos and Congratulations

Kudos...to Drs. Lalit Narayan and Zohray Talib, DGIM, on a book chapter that they co-authored in Why Global Health Matters.

Kudos...to Nancy Uhland, NP, Renal, as she has been appointed as a RN member of the DC Board of Nursing (BON) and also as an advanced practice nurse member of the DC Medical Orders for Scope of Treatment (MOST) Advisory Committee.

Kudos...to Dr. Steven Zeddun, Gastroenterology, on a letter of praise from a patient, “Dr. Zeddun is a Miracle Worker! He is an exceptional surgeon...he is the best gastro doctor my sister has ever had.”

Kudos...to Dr. Anjeni Keswani, Allergy, on being selected as the recipient for the American College of Allergy, Asthma, and Immunology Young Faculty Research Award.

Kudos...to Dr. Victoria Shanmugam, Rheumatology, and Dr. Aileen Chang, General Internal Medicine, on being highlighted in Research America on reasons for research. http://www.researchamerica.org/advocacy-action/research/reasons-research

Congratulations...to Dr. Natasha Ang, General Internal Medicine, and her family on the newest addition to their family. Sara Lyra Ang was born on 9/1 weighing 7 lbs. 1 oz.

Congratulations...to Dr. Anita Kumar, Gastroenterology, and her family on the newest addition to their family. Rian Raj Kumar was born on 9/12 weighing 7 lbs. 5 oz

Condolences...to Dr. Seema Kakar, General Internal Medicine, on the passing of her father. Our thoughts and prayers are with you and your family.

The George Washington University Medical Faculty Associates  
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2150 Pennsylvania Avenue, NW