The world didn’t end! Hell didn’t freeze over (as far as we know). Yet the Capitals WON the Stanley Cup. How could I discuss anything else this month? It is still hard to believe. I was happy when they just beat Pittsburgh.

Talk about improving mental health. My son grew up in DC never having seen a good championship team other than DC United and soccer doesn’t really count in the U.S. given that MLS would be equal to a club level in Europe. The closest I could convince him that we had a real winner was when the University of Maryland won the NCAA basketball championship in 2002 defeating Indiana. Impressive but not a major league team.

What made this long journey even worse was all the times one of our teams was in the playoffs but never able to make it beyond the second round. The Nats haven’t made it beyond the first round, but that was partially the fault of some terrible coaching over the last 4-5 years. The Wizards always had the misfortune of facing Cleveland with LeBron at some point early in the playoffs, and of course, the Caps had Pittsburgh. And who cares about the Redskins, although they finally have admitted that there really isn’t any waiting list for tickets. It’s getting harder to be interested in a sport where in a few years the old-timers game will be held at a dementia facility.

By the way, I’m an 40-year-old; if they don’t come back for that.

Suddenly, Washington, D.C., became a hockey town. Hundreds of thousands of fans waited outside Capital One arena during each game of the finals with the most showing up for game 5, an away game. The announcers of game 5 estimated that 30% of the fans in Vegas for the final game were Caps fans. These supposedly rabid Vegas fans had no trouble selling their tickets to make a few bucks. Maybe this was the best odds they ever had to make some money in Las Vegas. That was in comparison to the lack of Gold Knight fans during home games 3 and 4 as there were only a handful.

It wasn’t that long ago, if the Caps were playing Pittsburg or Philadelphia in a playoff game that thousands of tickets were sold to those fans. Not this year. This town really needed a win. Do you think it had anything to do with the political environment and all the losers who have taken to defending separating children from their parents? The two weeks around the finals and then the aftermath with the great parade that drew more people than the last inauguration (by my counting) certainly were a great distraction to the depressing state of our political environment and so-called elected official.

Whatever it was that led to this outpouring of elation, it was wonderful. I can’t imagine what the reaction would be if the Nats ever pull it off as people actually know something about baseball. How many people do you think can tell you what icing means? We got the Cup!!!
Department of Medicine
July 2018 Grand Rounds

JULY 5 “Medical Cannabis– Hype or Alternative Solution for patients with Chronic Pain”
Mikhail Kogan, MD
Assistant Professor of Medicine
Medical Director, GW Center for Integrative Medicine
GW Medical Faculty Associates

JULY 12 “Back Pain”
Michael Rosner, MD
Professor of Surgery
Department of Neurosurgery
GW Medical Faculty Associates

JULY 19 “T Cell Therapy for Lymphoma: CARs and Beyond”
Catherine Bollard, MD, MBChB
Director, Center for Cancer and Immunology
Children’s Research Institute
President, International Society of Cellular Therapy
Division of Blood and Marrow Transplant
Children’s National Health System

JULY 26 “Emerging Therapies in Migraine”
Amanda Tinsley, MD
Assistant Professor of Neurology
Director, Headache Center
Department of Neurology
GW Medical Faculty Associates

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician’s Recognition Award of the American Medical Association (AMA).

Resident Lecture Series
July 2018 Noon Conference

JULY 2 “Update on MS”- Dr. Rothstein
JULY 3 “Intro into HIV”- Dr. Marc Siegel
JULY 4 HOLIDAY
JULY 5 Medicine Grand Rounds
JULY 6 “ETOH Withdrawal”- Dr. Karolyn Teufel
JULY 9 “Podiatry Series Part 1”- Dr. Julie Rosner
JULY 10 Patient Safety Conference
JULY 11 “DVT Prophylaxis”- Dr. Sara Wikstrom
JULY 12 Medicine Grand Rounds
JULY 13 “Sepsis”- Dr. Hawkins
JULY 16 “Pre-op Evaluation Pt.1”- Dr. Mihir Patel
JULY 17 “Arrhythmia”- Dr. Alan Solomon
JULY 18 “Anemia”- Dr. Shant Ayanian
JULY 19 Medicine Grand Rounds
JULY 20 “Congenital Heart Disease”- Dr. Christian Nagy
JULY 23 “Emergency Contraceptive”- Dr. Jillian Catalanotti
JULY 24 “Medications for Type 2 DM”- Tamara Swigert
JULY 25 “STIs”- Dr. David Popiel
JULY 26 Medicine Grand Rounds
JULY 27 TBD
JULY 30 “Pre-Op Evaluation Pt.2”- Dr. Mihir Patel
JULY 31 “Neutropenic Fever”- Dr. Afsoon Roberts

Thanks to our Fellows

The following fellows have helped lead our Fellow Friday Morning Reports since January this year. We truly appreciate their contribution to our residents’ education.

ID: Rheum:
Dr. Hana Akselrod Dr. Erica McBride

Pulm: Endocrine:
Dr. Georges Al-Helou Dr. Amani Alameer

Cardiology: Renal:
Dr. Andrew Bradley Dr. Yasis Alfi
Dr. Raza Yunus
Dr. Mohammed Gibreal
Dr. Reda Shams

Hem/onc: Critical Care:
Dr. Samah Nassereddine Dr. Veeshal Modi
Dr. Jacob Elkon Dr. Cory Bolinger
Dr. Danielle Krol
Dr. Rahul Singh

Medicine Team Contacts

Need to find a Resident on an inpatient team?
Please use Tiger text to reach the appropriate physician. Go to gwu.medhub.com/paging; password: GWUPublicCall; Select Internal Medicine.
Alternatively
GWUH Defining Medicine Intranet: Go to Applications \ Inactive-Non-Production \ Directory Contact System
If you have trouble with your MedHub account, please contact Mary Mitchum at mdmitchum@mfa.gwu.edu.
Please Join Us In Welcoming Our New Chief Residents

Kusha Davar, M.D., MSC. received his Medical Degree from The George Washington University School of Medicine and Health Sciences and a Master of Science in Global Medicine from the University of Southern California. He began his residency here at GW in 2015 and has made many steps towards a future career in Infectious Diseases and medical education. Kusha served on the Infection Control Committee for GW Hospital throughout his Residency and attended national conferences to present Infectious Disease related topics, particularly at IDSA: ID Week 2016 where he presented original research on methods to optimize the diagnosis of cirrhosis in Hepatitis C infected patients. Kusha also served on the Faculty Interview Committee for medical school admissions at GW, where he interviewed prospective medical students looking to matriculate into the GW SMHS. Lastly, Kusha is completing his M.B.A. at The George Washington University School of Business, with plans to promote quality improvement and optimal operations and strategy in the hospital setting at GW. Dr. Wasserman is bracing himself for a long year.

Tanuka Datta, MD received her Medical Degree from Wayne State University in Detroit, Michigan. She went on to her Internal Medicine Residency in 2015 at The George Washington University School of Medicine and Health Sciences. Her research interests have been in the field of Cardiology at both the basic science and clinical levels resulting in multiple peer-reviewed journal publications thus far in her career including the Journal of Cardiovascular Pharmacology and Therapeutics, Oxford Medical Case Reports, and European Radiology. Most recently she presented her clinical work looking at the association between breast artery calcification and coronary artery stenosis at the American College of Cardiology national meeting. Outside the Hospital, Tanuka is an avid marathon runner, ballet dancer, world-traveler, painter and pianist. She will be serving as Chief Medical Resident at Veterans Affairs Medical Center, Washington D.C..

Samantha Ober, MD received her Medical Degree from Rosalind Franklin University, Chicago Medical School. In 2015, Sam started her Internal Medicine Residency at The George Washington University School of Medicine and Health Sciences. She is in the Primary Care Program and had the opportunity to spend a year training with a focus on Primary Care. During this year, she led many didactic sessions for her fellow Residents and discovered her interest in Medical Education. In 2017, Sam began working with Bread for the City, a local non-profit organization, to assist individuals seeking asylum in the United States. She performs forensic physical examinations and drafts medical affidavits to help support their legal cases. This work is very important to her and she plans to continue these visits during her year as Chief Medical Resident. She also recently presented at the annual Society of General Internal Medicine conference. Sam will serve as the Primary Care Chief Medical Resident at The George Washington University School of Medicine and Health Sciences.

Talia Bernal, MD received her Medical Degree at the University Of Miami Miller School Of Medicine. During her time as a Resident at the George Washington University Hospital she co-founded the Department of Medicine’s Diversity and Inclusion Committee, helped develop the Residents’ elective in Medical Education, and served as a volunteer preceptor at the Bridge to Care Clinic. She will serve as Chief Medical Resident at The George Washington University Hospital.

Alexander Aldrich, MD received his Medical Degree from the Wake Forest University School of Medicine in Winston-Salem, NC in 2015 before beginning his Internal Medicine Residency at George Washington. During his Residency, Alex enjoyed the mixture of clinical work, teaching experiences and research – most recently giving an oral presentation at the national meeting of the American College of Cardiology. He will serve as Chief Medical Resident for George Washington University at the Veterans Affairs Medical Center here in Washington D.C.

Academic Promotions 2018

Congratulations to the following Full-Time and Limited Service Medicine Faculty on their academic promotions, effective July 1, 2018:

**Professor**
- Brian Choi, MD
- Katherine Chretien, MD
- Marco Mercader, MD

**Associate Professor**
- Cherinne Arundel, MD
- Gurusher Panjrath, MD

**Clinical Professor**
- Letitia Carlson, MD
- Joel Gorfinkel, MD
- Pamela Karasik, MD

**Clinical Associate Professor**
- Anthony Arcenas, MD
- Navjit Goraya, MD
- Christopher Unger, MD

**Clinical Assistant Professor**
- James Yang, MD

Assistant Dean for Pre-Clinical Education

Robert Jablonover, MD, Assistant Professor of Medicine, was named assistant dean for pre-clinical education at the George Washington University (GW) School of Medicine and Health Sciences. In this role, Jablonover will have primary responsibility for the pre-clinical component of the revised, integrated MD program curriculum. He will also support the ongoing development, implementation, and evaluation of the pre-clinical portion of the school’s undergraduate medical education curriculum. He will remain abreast of current trends in medical education and advise the senior associate dean for MD programs and faculty on recommended curricular changes and improvements.