



GW Medicine Notes

A Monthly Publication of the GW Department of Medicine

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December 2017

4th Annual Cardiovascular Symposium

4th Annual Cardiovascular Symposium:

Practical Strategies in Prevention, Diagnosis, and Management

Symposium Overview:

Date: Saturday, December 9, 2017

Location: The Fairmont, Washington, DC

Time: 7:30 AM– 3:30 PM

Session 1: *Heart Failure and Pulmonary Hypertension*

Session 2: *Arrhythmia: Management of Atrial Fibrillation in 2017*

Session 3: *Prevention*

Session 4: *Interventional Forum*

The content is designed for clinicians involved in multidisciplinary cardiology care, including but not limited to:

- Cardiologists
- Cardiovascular Clinicians
- Cardiac Surgeons
- Vascular Surgeons
- Emergency Medicine Physicians
- Internists
- Hospitalists
- Primary Care Physicians
- Residents and Fellows
- Advanced Practice Nurses
- Cardiology Nurses
- Other medical professionals interested in cardiovascular medicine.

For more information regarding the symposium please contact: cehp@gwu.edu

**SAVE THE DATE
FACULTY/HOUSESTAFF
HOLIDAY PARTY
FRIDAY, DECEMBER 8, 2017
WESTIN GEORGETOWN
WASHINGTON DC HOTEL**

From the Chairman

It is difficult to write anything new about sexual abuse and harassment or express any additional outrage. I hope there is less in our field (Medicine) than in politics or movies, but one never knows. I certainly remember when things which would be considered beyond vile was commonplace in Medicine.

I recollect rounding on surgery (of course) as a student and listening to the attending make comments such as “soft as a nurse’s tit” and no one saying anything. I am sure it enlisted some giggles and everyone just thought it was the norm.

I remember the week after becoming Chair of Medicine, being told by one of the female interns how an ICU attending would put his arm around her and ask if “she got any last night.” This turned out to be the modus operandi of this particular physician, and that’s when I remember things changing. This young woman was smart enough to say something to me, and I saw an opportunity to set a new standard. Although against much opposition as “what was the harm,” I was able to get the attending suspended for some amount of time. Probably not enough punishment, but it did seem to, at least on surface, make an impact. And of course that attending never talked to me again. No loss. If a prominent senior professor could be taken down, maybe things would change, or maybe they just went further underground.

How many individuals have contemplated whether they have been subjected to sexual abuse and brushed it off? How many have observed gestures or remarks that seemed at the time benign and then on later contemplation, just wrong?

I remember one encounter just a few years ago after being asked by some pseudo VIP to do a courtesy interview of a female medical student. While talking to the student, she nonchalantly said to me that “she would do anything to get an internship here.” In my naiveté, I explained that she had already done as much as she could by working hard and getting the best grades she could. It wasn’t until later that Gigi explained to me the nuance. It had a profound effect on me and has since made me very cautious. I don’t know what happened to that candidate, but she was off the match list instantly (We also stopped doing courtesy interviews). The entire episode seems very sad. Prostituting oneself for an internship is not a good way to start a career.

In Medicine we may be dealing with a slightly less overt, but just as difficult a problem; unconscious bias. In a field where promotion, salaries and job descriptions may be in the hands of a few senior individuals (mostly men), how do we remain diligent? I believe data helps; but so far the data is not good. Women earn less and are less often promoted than male counterparts. The track to advancement does not leave much room for maternity leave or family life, and most APT Committees do not take into account these extra responsibilities.

We need to stay vigilant and relentlessly unaccepting of abuses, sexual or otherwise.

Alan G. Wasserman, M.D.

Department of Medicine *December 2017 Grand Rounds*

DEC 7 **"Glaucoma/Retinal Diseases"**

Monica Dalal, MD

Assistant Professor of Ophthalmology
Department of Ophthalmology
GW Medical Faculty Associates

DEC 14 **"Hearing Loss in the Young and Old"**

Ashkan Monfared, MD

Associate Professor of Surgery and Neurosurgery
Department of Surgery and Neurosurgery
GW Medical Faculty Associates

DEC 21 **No Grand Rounds— Holiday**

DEC 28 **No Grand Rounds — Holiday**

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician's Recognition Award of the American Medical Association. (AMA).

Medicine Team Contacts

*Need to find a Resident on an
inpatient team?*

Please use Tiger text to reach the appropriate physician. Go to gwu.medhub.com/paging; password: GWUPublicCall; Select Internal Medicine.

Alternatively

WebExchange is still the best way to find the on-call physician.

If you have trouble with your MedHub account, please contact Mary Mitchum at mdmitchum@mfa.gwu.edu.)

Cardiology Grand Rounds

5:00 PM, Ross Hall, Room # 104

DEC 6	Cardio-renal Grand Rounds David A. Calhoun, MD Professor of Medicine University of Alabama at Birmingham (UAB)
DEC 13	M & M Joseph Forgione— Resident
DEC 20	Faculty Development -Giving Feedback Ellen Goldman, EdD Assistant Dean for Faculty Development, SMHS
DEC 27	No conference

TOP DOCTORS - 2017

WASHINGTONIAN MAGAZINE

Regular Faculty:

Allergy: Daniel Ein, MD, Janine Van Lancker, MD

Cardiology: Brian Choi, MD, Richard Katz, MD, Jonathan Reiner, MD, Allen Solomon, MD, Cynthia Tracy, MD, Ramesh Mazhari, MD

Endocrinology: Suzanne Adler, MD, Joshua Cohen, MD, Nicole Ehrhardt, MD, Michael Irwig, Jill Paulson, MD

Family Medicine: Jehan El-Bayoumi, MD

General Internal Medicine: April Barbour, MD, Jillian Catalanotti, MD, Jehan (Gigi) El-Bayoumi, MD, Parvinder Sheena Khurana, MD, Robert Kruger, MD, Brad Moore, MD, David Popiel, MD

Gastroenterology: M. Aamir Ali, MD, Marie Borum, MD

Geriatrics: Tania Alchalabi, MD, Elizabeth Cobbs, MD, Robert Jayes, MD, Christina Prather, MD, Christina Puchalski, MD, Katalin Roth, MD

Resident Lecture Series *December 2017 Noon Conference*



DEC 1	Lunch with interviewees
DEC 4	Lunch with interviewees
DEC 5	Journal Club, Drs. Nathaniel Nguyen and Elora Majumder
DEC 6	Lunch with interviewees
DEC 7	Medicine Grand Rounds
DEC 8	Lunch with interviewees
DEC 11	Lunch with interviewees
DEC 12	Patient Safety Conference Drs. Stanley Liu and Vincent De Chavez
DEC 13	Lunch with interviewees
DEC 14	Medicine Grand Rounds
DEC 15	Lunch with interviewees
DEC 18	Lunch with interviewees
DEC 19	Podiatry—Dr. Michael Stempel
DEC 20	Lunch with interviewees
DEC 21	Medicine Grand Rounds
DEC 22	HOLIDAY
DEC 25	HOLIDAY
DEC 26	HOLIDAY
DEC 27	HOLIDAY
DEC 28	HOLIDAY
DEC 29	HOLIDAY

Zohray Talib, MD, et al Academic Paper

I am very happy to share with you the culmination of a couple of years of research by Dr. Zohray Talib, published in **Academic Medicine**.

She led a team of faculty from 10 different African countries and examined the value that students bring to community health facilities. Medical schools often measure how students perform, but we don't often capture how they contribute to health care - it turns out working with students improves staff satisfaction and motivation, their questions and interactions improve the rigor of care and there are even reports of improved health outcomes - *particularly valuable contributions in low-resource settings*.

"I think this research has important implications as we seek to scale, spread and decentralize medical education. While this study was conducted in Africa, the findings would be relevant in under-resourced settings in the US as well."

Genomics & Experimental Medicine

Given the addition of new faculty, We are changing the name of the Genetics Division to the **Division of Genomics & Experimental Medicine**. We would like to welcome Dr. Mei-Yi Wu, Associate Research Professor of Medicine and Biochemistry and Molecular Medicine. Dr. Wu's research focus uses mouse models to study how gene mutation contributes to the development of human diseases, including leukemia (and other cancers), infertility, and kidney diseases. Her studies will contribute significantly to our understanding of the connection between gene regulation, epigenetic control, disease development, and cancer formation.

TOP DOCTORS - 2017 WASHINGTONIAN MAGAZINE....Continued

Hematology & Oncology: Lauren Mauro, MD, Robert Siegel, MD, Imad Tabbara, MD

Infectious Diseases: David Parenti, MD, Afsoon Roberts, MD, Marc Siegel, MD, Gary Simon, MD

Nephrology: Scott Cohen, MD, Susie Lew, MD

Pulmonology: Jalil Ahari, MD, Guillermo Gutierrez, MD, Vivek Jain, MD

Rheumatology: Rodolfo Curiel, MD, Mandana Hashefi, MD, Victoria Shanmugam, MD

Clinical Faculty:

Allergy: Henry Li, MD

Cardiology: George Bren, MD, Jack Flyer, MD, Charanjit Khurana, MD, Reza Sanai, MD, Hamid Taheri, MD

Endocrinology: Kenneth Burman, MD, Ace Lipson, MD

Family Medicine: Frederick Parker, MD

Gastroenterology: Michael Albert, MD, Showkat Bashir, MD, Dominique Howard, MD, Louis Korman, MD, Michael Weinstein, MD

General Internal Medicine: Elliot Aleskow, MD, Linda Assatourians, MD, Lucy Chang, MD, Beth Horowitz, MD, Lisa Kaufman, MD, Patricia Kellogg, MD, Gary Koritzinsky, MD, Ace Lipson, MD, Alan Morrison, MD, David Patterson, MD, Gail Povar, MD, Jeffrey Sherman, MD, Alan Stone, MD, Jack Summer, MD

Hematology & Oncology: Ari Fishman, MD, Henry Fox, MD

Nephrology: Steven Burka, MD, Jeremy Marcus, MD

Pulmonology: Byron Cooper, MD, Steven Kariya, MD, Gary Miller, MD

Rheumatology: Herbert Baraf, MD, David Borenstein, MD, Shari Diamond, MD, Joseph Laukaitis

*Congratulations to all The Washingtonian Top Doctors 2017
If we have failed to include you, please let us know*

Department of Medicine Annual Report 2017

To view the 2017 Annual Report for the Department of Medicine please go to the link:

<http://smhs.gwu.edu/medicine/>

Click on 2017 Annual Report– Dept. of Medicine (left hand side in yellow box)

**Rheumatology Academic Conference Schedule
December 2017**

2300 M Street, Suite 3-332
8 AM – 11:30 AM
Questions? Call (202) 741-2488

- December 7: Radiology Conference
Dr. K Brindle
- December 7: Fellows sign-out and patient safety monitoring and education
- December 7: Knowledge Bowl and Rheumatology boards training
- December 14: Intra-city Grand Rounds: GWU
- December 14: Fellows sign-out and patient safety monitoring and education
- December 21: Treatment of Sacroiliac joint dysfunction
- December 21: Fellows sign-out and Patient safety monitoring and education
- December 21: Knowledge Bowl and Rheumatology boards training
- December 28 Winter break

Kudos and Congratulations



Congratulations to Lara (Mounir) and Ashraf Fawzy on the birth of their son Adam Ashraf Fawzy. Adam weighed in at a healthy 9lbs 2oz, 22 inches in length. Their first born, Celine is excited to have a little brother.

Kudos and Congratulations...Continued

Kudos...to the **Hospital Medicine Division** on their work on early discharges. As a result of the early orders, 4S discharged 46% of their patients by 2pm, which greatly assisted with the house wide success of overall hospital percentage of 35% by 2pm.

Kudos...**Caitlin Mingey** (PGY3), was selected to join the US-MLE Medical Student and Resident Advisory Panel.

Kudos...The GWUH Transplant program. A donor complimented her superior treatment at GWUH compared to treatment elsewhere.

Congratulations...Dr. Aileen Chang was elected to Fellowship in the American College of Physicians.

Congratulations...The American Academy of Hospice and Palliative Medicine (aahpm) named **Dr. Christina Puchalski** as one of the Hospice and Palliative Medicine Visionaries.

Kudos...GW MFA Medicine Team for the HIV 5K Run to benefit the Whitman Walker Clinic....Nice hat Jill!



See you next month! The Editor

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