



# GW Medicine Notes

A Monthly Publication of the GW Department of Medicine

Volume 18, Issue 8

August 2014

## Academic Promotions

Congratulations to the following Full-Time Medicine Faculty on their academic promotions effective July 1, 2014:

**Jeanny Aragon-Ching, MD**, Associate Professor of Medicine, Hematology & Oncology

**Elizabeth Cobbs, MD**, Professor of Medicine, Geriatrics

**Charles Faselis, MD**, Professor of Medicine (VA), General Internal Medicine

**Ramesh Mazhari, MD**, Associate Professor, Cardiology

**Nitin Seam, MD**, Associate Professor (VA), Pulmonary Medicine

**Zohray Talib, MD**, Associate Professor, General Internal Medicine

Also, Congratulations to the following Limited Service Medicine Faculty on their promotions:

**Jack Summer, MD**, Clinical Professor

**Nehal Mehta, MD**, Clinical Professor

**Seema Kakar, MD**, Associate Clinical Professor

**Atul Glover, MD**, Associate Clinical Professor

**Shashank Shalilesh Desai, MD**, Associate Clinical Professor

**Zung Le, MD**, Associate Clinical Professor

## From the Chairman

How much more embarrassing can it get to live in Virginia? You would have thought having the most congested highway system in the area was enough punishment for residents. Try getting North or South on I-95 at almost any time of the day or night, weekday or weekend and you will be cursing like a sailor. But taxes are lower than in Maryland.

Schools can't open in Virginia by state law until after Labor Day because of the Travel and Entertainment lobby regardless of the level of student achievement (which ranks behind Maryland in both elementary and high school core testing). Overall literacy is also lower in Virginia compared to Maryland. But taxes are lower than in Maryland.

Virginia does lead Maryland in one very important category, number of individuals owning guns. Virginia is far in front with 35% of the population gun owners compared to a still ridiculously high but much lower 21% for Maryland. Virginia is also the only state with a *Uniform Machine Gun Act* (not kidding) and allows residents to openly carry a hand gun without a permit at age 18.

Until recently, Maryland led Virginia in the number of citizens without health care insurance (740,000 to 400,000 in 2013). Both numbers being atrocious. However, the ACA is being fully implemented in Maryland, and almost all nonelderly uninsured, most of whom are adults, are eligible for coverage expansions and many have already received it. Not so in Virginia. Because politicians in Virginia would rather try to embarrass President Obama and Governor McAuliffe, they have refused to accept the billions of dollars in Federal subsidies to expand Medicaid to those 400,000 citizens, most of whom are indigent. They claim they are doing this because they don't trust the government to make good on its promise to continue funding this expenditure at the 90% level after 2016. Insanity is rampant. What could they possibly do if the government reneged? How about stopping the program? How can they justify taking any federal funds (which have the potential of disappearing) for education or roads or gun control (joke). So what have they proposed instead....Nothing! They are ok with having a large uninsured population. After all how much do these individuals donate anyway?

Bryan Cranston just finished a run on Broadway playing LBJ in his fight for passage of the Civil Rights Law of 1964. That bill was held hostage by a like-minded, small group of southern Senators who didn't want their way of life changed. Not surprisingly, both Senators from Virginia voted against the Civil Rights Bill. Fifty years ago the issue was different but the circumstances are eerily similar. Because of a few small-minded politicians in Virginia, hundreds of thousands of their citizens can fend for themselves if they get sick (never mind preventive medicine.) So this too will eventually pass. History will treat these political hacks as harshly as it has those Southern Senators from the 1960's. Time is on the side of making sure every American has the right to health care by having some type of insurance coverage.

And how much would this cost the citizens of Virginia in increased taxes? Zero! Taxes would still be lower than in Maryland.

*Alan G. Wasserman, M.D.*

**SAVE THE DATE**  
**FACULTY/HOUSESTAFF**  
**HOLIDAY PARTY**  
**FRIDAY, DECEMBER 12TH, 2014**  
**WESTIN GEORGETOWN**  
**WASHINGTON DC HOTEL**

## Department of Medicine August 2014 Grand Rounds

Aug 7 "**Chronic Pain Management**"

**Palak Turakhia, MD**

Assistant Professor

Department of Anesthesiology

GW Medical Faculty Associates

Aug 14 "**Advances in Surgical Management of Nephrolithiasis**"

**Patrick W. Mufarrij MD**

Assistant Professor of Urology

Department of Urology

GW Medical Faculty Associates

Aug 21 "**Advances in Neonatology**"

**Hany Z. Aly, MD**

Professor of Pediatrics and Obstetrics and

Gynecology

Director, Division of Neonatology

GW Medical Faculty Associates

Aug 28 "**Update on Seronegative Spondyloarthropathies**"

**Tina Shah, MD**

Division of Rheumatology

Department of Medicine

GW Medical Faculty Associates

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician's Recognition Award of the American Medical Association.

## Medicine Team Contacts

WHITE TEAM	(202) 715-5669
YELLOW TEAM	(202) 715-6041
GREEN TEAM	(202) 715-6062
RED TEAM	(202) 715-6039
BLUE TEAM	(202) 715-6156
SILVER TEAM	(202) 715-6040
PURPLE TEAM	(202) 715-6042
GOLD TEAM	(202) 715-6044

ADMITTING RESIDENT 741-0161 pager

## Cardiology Grand Rounds



## Resident Lecture Series August 2014 Noon Conference

- Aug 1 "Arthritis"- Dr. Rodolfo Curiel
- Aug 4 "Cardiac Testing:- Steve Robie, PA
- Aug 5 **Journal Club**
- Aug 6 "Health Disparities and FQHCs"-  
Dr. Jillian Catalanotti
- Aug 7 **Medicine Grand Rounds**
- Aug 8 "Alcohol Withdrawal"- Dr. Karolyn Teufel
- Aug 11 "Transfusion Reactions/Indications"- Dr. Jason Prior
- Aug 12 "Neutropenic Fever"- Dr. Afsoon Roberts
- Aug 13 "Atrial Fibrillation"- Dr. Marco Mercader
- Aug 14 **Medicine Grand Rounds**
- Aug 15 **Chairman's Rounds**
- Aug 18 **TBD**
- Aug 19 "Thyroid Disorders"- Dr. Michael Irwig
- Aug 20 "Intro to Vasculitis"- Dr. Mandana Hashefi
- Aug 21 **Medicine Grand Rounds**
- Aug 22 "GI Bleeding"- Dr. Anita Kumar
- Aug 25 "AKI"- Dr. Jun Shoji
- Aug 26 **Clinicopathologic Conference**  
Drs. Lenny Genovese and Margaret Gloria
- Aug 27 "Rodham Institute"- Dr. Jehan El-Bayoumi
- Aug 28 **Medicine Grand Rounds**
- Aug 29 **Chairman's Rounds**

## Please Join Us In Welcoming Our Newest Additions to the Medicine Faculty

**Dr. William Borden** joins the Division of Cardiology and is also our new Director of Healthcare Transformation for the MFA. Dr. Borden received his bachelor's degree at the University of Pennsylvania, his MD at Johns Hopkins University and his MBA at the University of Chicago. He completed a residency in Internal Medicine and Fellowship in General Cardiology at the University of Chicago. He is board certified in Internal Medicine, Clinical Lipidology and Cardiovascular Disease.

Dr. Borden boasts a national reputation as a health policy researcher and cardiologist, with a number of scholarly publications related to health services and research. He has been the principal investigator or co-principal investigator on a number of research grants. He also has a strong background in medical education and has led many conferences for cardiology fellows on preventative and clinical cardiology. He developed a cardiovascular risk screening clinic staffed by students and faculty.

Dr. Borden will lead the Medical Faculty Associates Accountable Care Organization (ACO) and other clinical care transformation efforts under the direction of Dr. April Barbour. He will also partner with Dr. Jesse Pines in the Office of Clinical Practice Innovation (OCPI) in the School of Medicine and Health Sciences. The mission of the OCPI will be to engage in health services research. Health services research is a multidisciplinary field of inquiry, both basic and applied, which examines the use, costs, quality, accessibility, delivery, organization, financing, and outcomes of health care services to increase knowledge and understanding of health services for individuals and populations.



**Chairman's Rounds**  
 GWU Hospital Auditorium, 12:00  
 Noon  
**All Faculty Invited to Attend**

**Aug 15** Dr. Jess Davis  
 Dr. Maram Alkhatib

**Aug 29** Dr. Niharika Tipirneni  
 Dr. Yevgenly Vayntrub

**Dr. Victoria Shanmugam** joins the Department of Medicine as our new Director for the Division of Rheumatology. Dr. Shanmugam received her medical degree from Imperial College School of Medicine in London, England. She completed her residency training in Internal Medicine and fellowship training in Rheumatology at Georgetown University Hospital in 2007. Dr. Shanmugam joined the faculty at Georgetown University Hospital right out of her fellowship.

She has been an Associate Professor at Georgetown University Hospital since July 2013, and prior to that was on faculty as an Assistant Professor since July 2007.

Dr. Shanmugam is an active investigator who brings with her to GWU an R01 award studying, "*Genomics and Biomarkers in Chronic Wounds*". She was the recipient of a K award entitled, "*Cu VES Study: Cutaneous Vasculopathy Etiology Study*". She has published 19 articles or abstracts, 10 of which she is first author.

She is board certified in Internal Medicine and Rheumatology.

### Associate Chairman for Finance and Operations

I am pleased to announce that I have appointed Delores Jewell, RN, MSN, as the Associate Chairman of Medicine for Finance and Operations. Delores has been the Administrator of the Department for the last 15 years and has continuously taken on a greater degree of responsibility.

She has overseen and helped grow the largest Department in the Medical School with over 175 Full Time Faculty and 400 Voluntary or limited service faculty. She is responsible for 13 separate Divisions, 3 Clinical Floors in the ACC building as well as services at other sites such as the Internal Medicine and Allergy groups on M St, the Sleep Center on K St. and the MFA Pharmacy. Delores also maintains oversight on the management and finances of the Department's over 120 Interns, Residents and Fellows as well as the Departments Research endeavors. She has direct reporting responsibility for over 300 staff in the Department of Medicine.

During her tenure, the Department has grown from Yearly Charges of \$43 million dollars to this year reaching \$115 million.

Given her growing Clinical, Research, Educational, Financial and Management role I feel that is overdue that she receive an appropriate Academic title acknowledging her leadership role in the Department.

## Kudos & Congratulations

**Congratulations...** to **Dr. Lawrence DuBuske**, Allergy, on being selected to present at the European Academy of Allergy, Asthma and Immunology in Copenhagen with 22 posters, an oral abstract, and 2 lectures. Way to go!

**More Congratulations...**to **Drs. Jeanny Aragon-Ching**, Hematology/Oncology, **Angel Yu**, Heme/Onc Fellow, and **Adam Kittai**, PGY2, on their publication of their book chapter, "Leiomyosarcomas of the Genitourinary Tract."

**More, More Congratulations...**to **Dr. Christina Puchalski**, Geriatrics, on her Outstanding Achievement Award from the Association of Professional Chaplains and also for the Platinum Award from The European Society of Person Centered HealthCare.

**Also, Congratulations....** to **Dr. Jalil Ahari** who will be replacing Dr. Vinayak Jha as the new Pulmonary/Critical Care Program Director.

**Even more Congratulations...** to **Dr. Jun Shoji, PGY5**, in the Renal and Hypertension Division. Her research examining the association between inflammation and atrial fibrillation in patients with chronic kidney disease was selected for an award by the National Kidney Foundation.

Our condolence to the family of **Dr. Robert Jayes**, Geriatrics, on the passing of his mother in June. We are saddened by your loss.

**Kudos ...** to **Mary Grace Floriza, RN** for receiving the Golden Badger Award. Way to go!

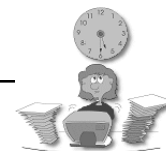
**More Kudos...**to **Dr. Katalin Roth**, Geriatrics, on her stellar feedback from the fellows about their experience with her, "Great teacher, gives autonomy to residents", "an excellent physician, great clinical experience".

**More, More Kudos...** to **Dr. Samir Patel**, Renal, on nice feedback from one of the residents, "Dr. Patel is one of the standout attending teachers... he goes out of his way to help fellows and residents learn and understand what they are encountering in their Nephrology experience... he is patient and a great motivator."

**Even more Kudos...**to **Dr. Meena Hasan**, PGY2, on winning 1<sup>st</sup> place in the GME essay contest, titled "The Affordable Care Act, what it means for me and my practice." Great job!

**Also, Kudos...** to **Dr. Lisa Martin**, Cardiology, on a letter she received from a CAP student on the invaluable lessons she has learned from her, "it's so inspiring for me as a student to see all of the skills we learn in DPS come alive in you!"

*See you next month! The Editor*



The George Washington University Medical Faculty Associates  
Department of Medicine, Suite 8-416  
2150 Pennsylvania Avenue, NW  
Washington, DC 20037