



GW Medicine Notes

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Match 2013

Our match list is included in this issue, and we are pleased with the results since this is the fewest number of applicants that we listed to fill all our programs. The unusual aspect of this year is the fact that no GW student matched with us in the categorical program although three students will be doing their preliminary year here. The Primary Care program did exceptionally well.

The number of US graduates going unmatched increased this year from 4.9 to 6.3%. US citizens graduating from international schools and applying for PGY-1 positions have increased from 3,390 in 2009 to 5,095 in 2013. 52% of them went unmatched in 2009 and 46.9% went unmatched this year. Positions in primary care (335) rose slightly again this year by 1.3%, consistent with prior years. Of these 335 positions, only four were unmatched and 200 (60%) were filled by US seniors.

It is truly remarkable that only 14 categorical internal medicine programs in the Match did not fill this year. In absolute numbers, it amounted to only 35 unfilled positions of the 6,277 offered. If more positions are not allowed soon, we can expect to see more unmatched US grads.

SAVE THE DATE

FRIDAY, JUNE 14TH, 2013

END-OF-THE-YEAR PARTY

**THE RITZ-CARLTON
WASHINGTON, DC HOTEL**

From the Chairman

The modern medical residency program was started around 1889 by William Osler. The word "resident" probably was derived from the fact that at that time trainees were expected to take care of their patients 24 hours a day, 7 days a week. There were no limits to duty hours. That slowly changed and morphed into specialty specific routines that varied from every other to every third or fourth night on call. A New England Journal article in 1971 reported that fatigued interns more often misinterpreted ECG's. This ONE article is quoted in every paper ever written about hours and safety. As far as I can tell, it was never challenged and never repeated. It also had no effect on practices and it wasn't until the Libby Zion case in 1989 that any changes were implemented, starting in NY state.

In 2003 the Accreditation Council on Graduate Medical Education (ACGME) mandated that house staff could work no more than 24 consecutive hours, 80 total hours and 10 hours off between shifts. This was revised in 2011 requiring a 16-hour limit on continuous duty hours for interns and a 24 hour limit for residents. (Strategic **napping**, especially after 16 hours of continuous duty and between the hours of 10:00 PM and 8:00 AM, is strongly suggested.) At-home call must not be so frequent or taxing to preclude rest or reasonable personal time for each resident. Can you believe they put this nonsense in writing?

Well that should have taken care of medical errors secondary to fatigue; except, two recent articles didn't quite agree. These studies found that interns working under the new rules reported more errors, not enough sleep and symptoms of depression. They certainly spent fewer hours in the hospital but not necessarily sleeping more. The medical errors were self-reported and the risk of depression was unchanged. Now don't believe for a minute that these are Nobel Prize winning studies but still how could this be?

Is it possible that not all things can be regulated? Just because you aren't working doesn't mean you are sleeping more. In fact, I bet 25 year olds can find a lot of things to do with their free time other than sleeping. Or possibly we are still asking house staff to do the same amount of work in fewer hours, leading to more stress and possibly more errors? Or as many of us predicted, the more times you "hand-off" patients the more room there is for errors as the patients are often not well known. How many different trainees are seeing a patient from Friday to Monday if you also count the subspecialty services seeing patients in consult?

And did anyone give any thought to the fact that we are trying to teach an increasing body of medical knowledge in significantly less time? When hours are reduced, teaching time has to be affected. How stressed out would you be if you were managing a complicated patient with a limited knowledge base? Why isn't anyone calling for increasing the training time? Which gets me back to the three year medical school. Get rid of year four and we could increase the residency duration without increasing the total education burden. But that's a subject for a previous newsletter.

Alan G. Wasserman, M.D.

Department of Medicine April 2013 Grand Rounds

Dornfeld Endowed Lecture

SPECIAL LOCATION: Ross Hall 101

Apr 4 **"The Medical Consequences of Nuclear Energy, Nuclear Accidents and Nuclear War"**

Robert Peter Gale, M.D., Ph.D., D.Sc. (Hon), F.A.C.P.)

Visiting Professor of Haematology, Imperial College London
Section of Haematology, Division of Experimental Medicine
Department of Medicine, London, UK
Executive Director of Clinical Research, Hematology & Oncology
Celgene Corp., Summit, New Jersey

Apr 11 **"A New Era of the Diagnosis and Treatment of the Nephrotic Syndrome"**

Scott Cohen, M.D., M.P.H., F.A.S.N.

Assistant Professor of Medicine
Division of Renal Diseases & Hypertension
Department of Medicine
The George Washington Medical Faculty Associates

Understein Endowed Lecture

Apr 19 **"Beyond Statins: PCSK9 Inhibitors"**

Evan Stein, M.D., Ph.D.

Founder, Metabolic and Atherosclerosis Research Center
Chief Scientific Officer, Medpace Reference Laboratories
Cincinnati, Ohio

Apr 26 **"EMR-Based Genomic Studies: Challenges and Opportunities"**

Iftikhar Kullo, MD

Professor of Medicine
Division of Cardiovascular Diseases and the
Gonda Vascular Center
Department of Medicine
Mayo Clinic
Rochester, Minnesota

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician's Recognition Award of the American Medical Association.

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ADMITTING RESIDENT 741-0161 pager

Cardiology Grand Rounds

5:00 PM, GWU Hospital, Conference Room 6-116

- April 3 Mortality & Morbidity Conference
- April 10 **Niv Ad, MD**
Cardiac, Vascular and Thoracic Surgery Assoc.
Inova Fairfax Hospital
Surgical Ablation for Atrial Fibrillation: Past, Present & Future
- April 17 **Evan Stein, MD, PhD**
Founder, Metabolic and Atherosclerosis
Research Center
Chief Scientific Officer,
Medpace Reference Laboratories
Cincinnati, Ohio
Lipids
- April 24 **Joseph Babrowicz, MD**
Assistant Professor of Surgery
Division of Vascular Surgery
Department of Surgery
The George Washington Medical Faculty Associates
Endovascular Repair of Aortic Aneurysms



Resident Lecture Series April 2013 Noon Conference

- Apr 1 **Research Conference**
- Apr 2 **Journal Club**
- Apr 3 **GME Core Curriculum**
- Apr 4 **Medicine Grand Rounds**
- Apr 5 **Chairman's Rounds**
- Apr 8 **"Hepatorenal Syndrome" - Dr. Ashte' Collins**
- Apr 9 **Hospitalist Lecture Series**
"C. diff" - Dr. Suzanne Chang
- Apr 10 **"Drug Hypersensitivity" - Dr. Richard Nicklas**
- Apr 11 **Medicine Grand Rounds**
- Apr 12 **Chairman's Rounds**
- Apr 15 **(HVCCC) - "High Risk Prescribing"**
- Dr. Paul Silver
- Apr 16 **CPC**
- Apr 17 **Chiefs - EM/IM Conference**
- Apr 18 **Medicine Grand Rounds**
- Apr 19 **Chairman's Rounds**
- Apr 22 **Primary Care Lecture Series**
- Apr 23 **Chairman's Rounds**
- Apr 24 **TBA**
- Apr 25 **Medicine Grand Rounds**
- Apr 26 **Chairman's Rounds**
- Apr 29 **"Endocarditis" - Dr. Marco Mercader**
- Apr 30 **Mortality & Morbidity**

2013 Internal Medicine Match

Categorical

Tyler Basen	Drexel University
Paul Blair	Wright State University
Shuo Chen	University of Connecticut
Jacob Elkon	Mercer University
Suneeta Ganji	Tulane University
Jason Gendell	VCU
Margaret Gloria	University of Arizona
James Howard	Wayne State University
Charlie Lee	University of Michigan
Nishant Magar	VCU
Erica McBride	Loyola University, Chicago Stritch School of Medicine
Mitali Mehta	University of Michigan
Aung Myint	Nova Southeastern University
Ashley Noisette	Medical University of SC
Angela Pham	Drexel University
Nathan Punwani	Drexel University
Brandon Rieders	University of Miami
Nika Safaie	Drexel University
Shalenee Singh	Drexel University
Raza Yunus	Northeastern Ohio Med. Univ.

Primary Care

Nathan Calabro	Albany Medical College
Sruti Chintamaneni	Drexel University
Kelli Copeland	UC San Francisco
Saria Izzeldin	UVA
Emily Lo	Brown University

Preliminary

Musaddiq Awan	University of Maryland
Ahmareen Baten	NYU
James Davidson	Mercer University
Georgina Ferzli	SUNY Downstate
Brian Kim	GWU
Jordan Ruby	GWU
Al Sardari	University of South Florida
Mary Shaffer	GWU

Kudos and Congratulations

(continued on page 4)

Congratulations ... to Dr. Sidney Fu, Research Professor of Medicine, Division of Genomic Medicine, who is the 2012 recipient of the Elaine H. Snyder Cancer Research Award given by the SMHS Faculty Committee on Research. Dr. Paul J. Brindley, PhD, Professor, Department of Microbiology, Immunology & Tropical Medicine and Chair of the Committee on Research, said that the committee was "tremendously impressed with (Dr. Fu's) dedication and contribution to cancer research, and applauds (his) accomplishments in the field."

Congratulations ... to Dr. Jillian Catalanotti, Assistant Professor, and **Dr. Hope Ferdowsian**, Assistant Professor, both of the Division of General Internal Medicine, who have each been elected to the Fellowship in the American College of Physicians.

Kudos ... to Dr. Gurusher Panjrath, Assistant Professor, Cardiology, who won the Young Investigators Competition at the American College of Cardiology Scientific Meetings in March.

Kudos ... to Dr. Akilah Jefferson, PGY2, on whom we received a letter of recognition from an attending at an affiliate hospital praising her for her "efficiency and responsiveness as a medicine TR ... I wanted to pass along that she did a really great job."

HEALing Clinic Auction on April 11th

The HEALing Clinic, run by GW medical students and funded totally by their efforts, is holding its annual auction on April 11th at 5:00 pm in Ross Hall. The organizers are in need of contributions for the event. Please contact the HEALing Clinic Auction Committee at: clinauction2013@gmail.com or call (202) 994-3176 if you can make a donation or monetary contribution.

The HEALing Clinic (Healthcare, Education and Active Living) has strived to help expand access to primary health care for the vulnerable residents of Washington, DC, regardless of insurance status or ability to pay. This entirely student-run effort shapes the education of GW's future medical professionals and provides a much needed service for the local community. The HEALing Clinic has provided more than 300 patient visits in the past year alone.

This auction helps to provide much needed resources for the clinics, so your ability to contribute to and/or attend the auction will be greatly appreciated.



Chairman's Rounds

GWU Hospital Auditorium, 12:00 Noon

All Faculty Invited to Attend

Apr 5	Dr. Pia Prakash & Dr. Jun Shoji
Apr 12	Dr. Nisha Nathan & Dr. Dipti Patel
Apr 19	Dr. Bianca Ummat & Dr. Casey Watkins
Apr 23	Dr. Shelton McMullan & Dr. Wes Fiser

Rheumatology Academic Conference Schedule April 2013

ACC Building 1-401 (8:00 am - 9:00 am)
Questions? Call (202) 741-2488

- Apr 4 **Journal Club**
Dr. Tina Shah
- Apr 4 Didactic Sessions
1:30 - 3:30 p.m., GW Hospital, Rm 6108
- Apr 11 **“Hypocomplementemic Vasculitis”**
Dr. Janine Van Lancker, Assistant Professor of Medicine
Allergy & Sinus Center
- Apr 11 Didactic Sessions
1:30 - 3:30 p.m., GWU Hospital, Rm 6108
- Apr 18 **Intra-City Grand Rounds**
Note Time: 7:30 AM - 9:00 AM
Note Location: Washington Hospital Center
- Apr 18 Didactic Sessions
1:30 - 3:30 p.m., GW Hospital, Rm 6108
- Apr 25 **Radiology Conference**
Dr. Kathleen Brindle, Associate Professor of Radiology
Chief, Musculoskeletal Radiology
- Apr 25 Didactic Sessions
1:30 - 3:30 p.m., GW Hospital, Rm 6108

Kudos & Congratulations

Congratulations ... to Maria Wing, PhD and **Dr. Shari Lewis**, nephrology fellow, who won two of the four awards in the clinical research category at the recent Mid-Atlantic Young Investigators Forum. Presentations were also given by fellows **Dr. Janis Lawrence-Jackson** and **Dr. Alejandro Solano Bayardo**. **Dr. Dominic Raj**, Director, Renal Diseases and Hypertension, thanks everyone “for an outstanding job representing GW, the faculty for helping to shape their presentations and the fellows who stayed back to cover clinic so that others could shine.”

More Kudos ... to Dr. Ishita Prakash, PGY3, for praise passed along from medical students on her team, included, the following; a strong leader, set example for the team in terms of expectations, assigned relevant topics that were valuable for the whole team, corrected us when needed, but gave positive feedback. Now that’s how its done!

Congratulations ... to Dr. Laura Perry, PGY2, who has been selected by the leadership of the Southeast Center of Excellence in Geriatric Medicine to participate in the 10th Annual SCEGM Resident Award Summit, to be held April 19th and 20th at Emory University. This conference provides an opportunity to learn about the impact of an aging society on the practice of medicine and provides sessions to broaden knowledge of geriatric medicine and the potential benefits of fellowship training in geriatrics and subsequent academic practice opportunities.

See you next month! The Editor



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