



GW Medicine Notes

A Monthly Publication of the GW Department of Medicine

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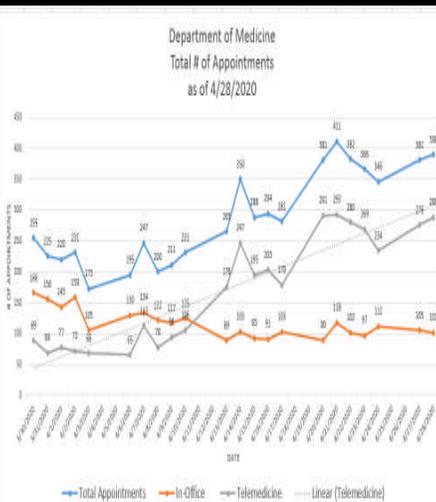
May 2020

AOA

We want to congratulate the following department of medicine residents who have been chosen to be inducted into AOA by the students and faculty of the GW AOA chapter. This is a distinct honor based on teaching, clinical acumen, professionalism, research and leadership. It is one of the highest honors our profession and school can award.

- ◆ Matthew Cichocki, MD (PGY-3)
- ◆ Ghazal Kango, MD (PGY-3)

Telemedicine



Thank you for all of your efforts in helping us move forward with telemedicine. We are starting to see an increase in the number of telemedicine appointments throughout the entire department. If you have any Zoom questions, please contact your practice manager.

SAVE THE DATE

(Do miracles happen?)
**FACULTY/HOUSESTAFF
 END-OF-THE-YEAR
 CELEBRATION**
FRIDAY JUNE 5, 2020
THE RITZ-CARLTON
Washington, DC

From the Chairman

“Almost Cut My Hair” (CSNY 1970 Déjà Vu album) “happened just the other day. It’s getting kind of long” Who would have thought that 50 years later this would be one of (for some of us anyway) our major problems? I can’t even get my dog’s hair groomed and she is a bearded collie with lots of hair. Every time my wife takes out the scissors she flees. Hairy but not stupid. Unfortunately, now I know how she feels. But the rest of the lyrics are a little spooky, at least they appear so today.



For example:
 “must be because I had the **flu** this Christmas” or
 “Well, well, I’m not, I’m not giving in an inch to **fear**” or
 “Oh, yes when I **get myself together**”
 “Yeah, you can find me in that sunny southern weather, yeah”

I have heard that men are shaving their heads, so they don’t have to worry about this. Of course, you can always go to YouTube if you have a partner and try “*how to cut my boyfriend’s hair.*” Or try “*I let my boyfriend cut my hair.*” Both sound like horror shows, but there are hundreds of them, so it is something to watch while cringing.



My two favorites were “*I cut my boyfriend’s hair, he cried*” and “*I cut my boyfriend’s hair, bad idea.*” There are even video’s that will attempt to show you how to cut your own hair (and then how to shave it clean).

If it wasn’t for Zoom, WebEx, etc. it wouldn’t matter. No one could see your hair over the phone but it’s hard to angle the camera to only have people see your forehead and not your hair. Can’t angle too low because if it’s an early meeting you may not be wearing pants. What a dilemma. That’s why you should always have slides at these meetings, so no one looks at anyone. Who wants to stare at someone for an hour anyway?

Do you think it would be too much to ask to have your barber or hairdresser to don full PPE while cutting your hair? At least it would keep the small talk to a minimum. I don’t think you can get infected through hair follicles, can you?

I’m surprised no one is out there selling wigs. I always like watching a British crime series and see the magistrates still wearing their George Washington mop wigs. Good thing we revolted when we did. I guess they do that, so you know who the lawyers are. In this country we do it differently, we just look for the Ferrari’s.

Maybe you should just “let your Freak **Alan G. Wasserman, M.D.** Flag Fly.”

Department of Medicine May 2020 Noon Grand Rounds

Occurs every Thursday

Join by phone +1-415-655-0001 Access Code: 475 023 900

or <https://mfa.webex.com/mfa/j.php?>

[MTID=me1a9fc60338d1653d8163fea4e198281](https://mfa.webex.com/mfa/j.php?MTID=me1a9fc60338d1653d8163fea4e198281)

Password: DOMGrandRounds

- MAY 7** "Plagues and Pestilences"
Glenn W. Geelhoed, MD
Professor of Surgery
GW MFA
- MAY 14** "Bedside Ultrasound"
Jim Croffoot, MD
Assistant Professor of Medicine
Medicine Clerkship Site Co-Director
DC VA Medical Center
- MAY 21** "Health disparities and the Rodham Center "
Jehan (Gigi) El Bayoumi, MD
Professor of Medicine
Founding Director, Rodham Institute
GW MFA
- MAY 28** "Social Media and Medicine"
Hope Jackson, MD
Assistant Professor of Surgery
GW MFA

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician's Recognition Award of the American Medical Association. (AMA).

Medicine Team Contacts

Need to find a Resident on an inpatient team?

Please use Tiger text to reach the appropriate physician. Go to gwu.medhub.com/paging; password: GWUPublicCall; Select Internal Medicine.

Alternatively

GWUH Defining Medicine Intranet: Go to Applications \ Inactive-Non-Production \ Directory Contact System

GWUH Citrix Portal—<https://gwportal.gwu-hospital.com/vpn/index.html>

MFA URL— <http://192.168.254.132/miTeamWebWA/Home> (Logon) - <http://192.168.254.132/miTeamWebAL/Home> (View Only)

*If you have trouble with your MedHub account, please contact
Anna Sufczynski at asufczynski@mfa.gwu.edu.*

Cardiology Grand Rounds

Join by phone +1-415-655-0001 Access Code: 626 048 800

or <https://meetingsamer.webex.com/meetingsamer/j.php?>

[MTID=mc1f10d618330cf519001019eb20c8510](https://meetingsamer.webex.com/meetingsamer/j.php?MTID=mc1f10d618330cf519001019eb20c8510)

Password: u5BeV3y3vQx

- May 6:** *COVID-19 and HF- First hand experience*
Dr. Anuradha Lala Trindade
Mount Sinai
- May 13:** *Left atrial Appendage occlusion; Devices and Anticoagulation Strategies*
Dr. Dhananjay Lakkireddy
MidWest Heart and Vascular
- May 20:** *Quantitative Myocardial Perfusion*
Dr. Andrew Bradley
NIH
- May 27:** *Topic TBD*
Dr. Salim Lala
GW

Rheumatology Grand Rounds

Rheumatology Grand Rounds are suspended until further notice

Chairman's Rounds et al.

All Faculty Invited to Attend

12 Noon

Join by phone +1-415-655-0001 Access code: 739 912 912

or <https://mfa.webex.com/mfa/j.php?>

[MTID=m0a9fcb5540f4a6dc3ea0918af35b9b7d](https://mfa.webex.com/mfa/j.php?MTID=m0a9fcb5540f4a6dc3ea0918af35b9b7d)

Meeting password: PeaceLoveCOVID

- MAY 1** **Chairman's Rounds:** Drs. Alsaggaf & Epling
- MAY 8** **Chairman's Rounds:** Dr. Doran
- MAY 12** **Patient Safety Conference:** Drs. Czeresnia & Doran
- MAY 19** **Clinical Pathology Conference:** Drs. Chawla & Carro Cruz

At 8:00 am with a different WebEx Link

Join by phone +1-415-655-0001 Access Code: 851 330 106

or <https://mfa.webex.com/mfa/j.php?>

[MTID=m066b9a18381c56e8957e19f97de8d58a](https://mfa.webex.com/mfa/j.php?MTID=m066b9a18381c56e8957e19f97de8d58a)

Meeting password: PeaceLoveCOVID

- MAY 8** **Out Patient Safety Conference:** Drs. Imasuen & Tayeb



President Elect:

MONICA L. LYPSON, MD, MHPE

Professor, Medicine; The George Washington University School of Medical and Health Sciences

*Congratulations...to **Dr. Monica Lypson** for being named President Elect of the Society of General Internal Medicine (SGIM) for 2020-2023. She serves as a professor, vice-chair of medicine and division director of Gen-*

eral Internal Medicine for the MFA. The SGIM is a member-based internal medical association of over 3,300 of the world's leading academic general internists, who are dedicated to improving the access to care for all populations, eliminating healthcare disparities and enhancing medical education.

"Fantastic news - congratulations! Great to know that our GW leaders are also recognized as leaders by their national peers. Well done!" (Dean Barbara Bass)

CONGRATULATIONS

Dr. Mohammad Alarfaj, PGY1 Resident, for winning Best Case Report during the Annual GME Resident Research Award competition, "Transcatheter Mitral Valve Thrombosis"

Dr. Adebayo Atanda, Cardiology Fellow, for winning the Base Science award during the Annual GME Resident Research Award competition, "The association between heavy metal and serum cholesterol levels in the US population: National Health and Nutrition Examination Survey"

CHAD CAPULE

FORMER MEMBER OF MFA IT GROUP



It is with great sadness that we learned of Chad Capule's passing. We send our heartfelt thoughts to his family.

<https://www.nbcnews.com/news/us-news/he-traveled-hospital-set-their-new-computer-system-3-weeks-n1189611>

RAMBLING FROM THE PAST

Dr. Wasserman emailed the message below to our housestaff on April 14th, but we thought you'd like to read it too...

Having had some time over the last weekend not to be on a conference call or editing surge lists for faculty, I had time to reflect on what our Department has been going through. First, I felt lucky that so far we are not experiencing what some of my friends and our colleagues are going through in NYC and I hope DC started early enough with social distancing to not allow things to get that bad. Time, probably the next week or so will tell.

Second, this entire experience has been surreal and stressful. It started to bring back many memories from when I was a Junior Attending in Cardiology covering the CCU and consult services. It was the mid80's and HIV was starting to surge. In the beginning we didn't know what we were dealing with but once we did things got worse. Seeing patients dying in the hospital that were mostly my age or younger was a traumatic experience for everyone. Concerns about becoming infected through needle sticks or other sources of contagion which we weren't sure about led some to refuse to treat (mostly surgical specialties) but thankfully those numbers were small. Most of us felt a dedication to our patients that transcended those fears. I was seeing pathology in patients that I never saw again and hopefully never will. Pericardial tumors, cardiomyopathies, cardiac tumors, pulmonary hypertension and congestive heart failure. In the beginning, there was no treatment other than treating secondary conditions like PCP and heart failure and it was a death sentence. We did some crazy things like myocardial biopsies looking for etiology (and not finding any). As an attending it affected me greatly, but I was always aware that it was the house staff that carried the greater burden and did what I could to mitigate that.

It wasn't until 1987, 3 full years after HIV was discovered, that a the first antiretroviral drug AZT started to be used for treatment and we are still waiting for the vaccine.

So the parallels, to me are startling. I am not on the front lines this time but I know how it feels. Fear of the unknown, fear of becoming infected, sadness for those infected, frustration for lack of treatment, etc. etc. I remember being mentally exhausted every day and I would expect the same is true today for those on the wards. There is just no break, and there is nothing that takes your mind off of what is going on. We know this is the field we chose to work in but we never thought we would lose all semblance of control. I felt at the time that the burden all fell to us on the medical services and I suspect that is the same now.

I survived and probably became stronger and more dedicated for the experience but never thought I would see a recurrence in an even more traumatic way. Is there a light at the end of the tunnel? HIV turned out to be a treatable disease, with most patients who get treatment living normal lives. Is that what is going to happen with Covid19?

I have no great words of wisdom to get us through this. I wish I did. I do know my experience in the 80's has left me in awe of all of you, especially the house staff, who are on the front lines in dealing with the pandemic. I can only hope that all of you, 35 or so years later are writing about your experience which never happened again.

With much appreciation and gratitude.

**Great article in JAMA by Dr. Jillian Catalanotti
(General Internal Medicine) et al.**

**Association Between Nocturnist Supervision
and Perceived Overnight Supervision Adequacy Among Internal
Medicine Residents in the US**

Jillian S. Catalanotti, MD, MPH; Alec B. O'Connor, MD, MPH;
Michael Kisielewski, MA; et al

Overnight supervision of internal medicine residents has traditionally been indirect and provided by a physician outside the hospital. During the past 15 years, the complexity and volume of overnight inpatient medical services have increased. This, coupled with data that increased resident supervision is associated with improved patient safety has led many teaching hospitals to employ hospitalists in-house overnight (nocturnists).

Continue reading: <https://jamanetwork.com/journals/jama/article-abstract/2764447>

Condolences

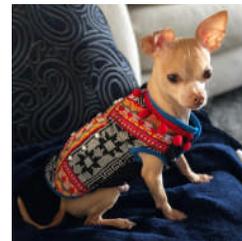
*Our deepest condolences to **Dr. Sharon Baratz** (Former General Internal Medicine) and her family on the passing of her mother. You are in all of our thoughts.*

Kudos & Congratulations

*Kudos...to Pulmonary Fellows and **Dr. Jalil Ahari** for providing overnight coverage and oversight for our housestaff in the VAMICU, "residents in the VAMICU are very appreciative of having the fellows overnight"*

*Kudos...to **Drs. Juan Reyes** (Hospital Medicine), **Mihir Patel** (General Internal Medicine) and **Afsoon Roberts** (Infectious Diseases), on patient comment "Thanks to you and your staff of angels"*

*One of our faculty members gave a shout out to the **Entire MFA and Faculty Members**, "thank you for how MFA has been handling these difficult times. I have spoken to other colleagues in the area and I don't think other organizations have had as strong management. So many of our faculty have stepped up and provided great ideas during our staff meetings"*



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