



GW Medicine Notes

A Monthly Publication of the GW Department of Medicine

Volume 24, Issue 2

February 2020

End of Intern Recruitment

Another successful interview season has come to a close.

I want to extend my thanks to all of you who took time to interview, especially our VA faculty who come across town to help out .

Below is a thank you from Tori (who wanted her name to appear in the Newsletter for a second time).

“Thank you all for taking time out of your busy schedules to help us with interviews this year. We truly appreciate the time and dedication you put into our program! You are the reason we are able to recruit such amazing Residents. Our next step is to take all of the applicant evaluations you provided to us throughout the season to help create our rank list. We look forward to reading your feedback!”

Anna (Tori) Sufczynski
Residency Coordinator

**SAVE THE DATE
FACULTY/HOUSESTAFF
END-OF-THE-YEAR
CELEBRATION
FRIDAY JUNE 5, 2020
RITZ-CARLTON DC**

From the Chairman

I don't believe it is much of a secret that I am disdainful of any specialty that has only a few small, easily treated microbes to be concerned about. How hard can it be to memorize a few treatment modalities for a limited number of pathogens? How many infectious diseases are there? I am glad you asked; bacterial, fungal, viral, protozoan, parasitic, and prion disease. Many organisms live in and on our bodies. They're normally harmless or even helpful. But under certain conditions, some organisms may cause disease. For this we need an entire specialty?

So imagine my bewilderment when I read a recent article by the University of Minnesota ID group that suggested that patients with common bloodstream infections who did not have an infectious disease consultation had a fourfold increase of death at 3 months. They identified 229 bloodstream infections between 2016 and 2018 — 99 with MRSA, 69 with Candida and 61 with Pseudomonas. Of these, 181 had an ID consultation.

Among MRSA infections, mortality with ID consultation was 22% compared with 67% without. Among patients with candidemia infection, the researchers found that without ID consultation, 63% died, compared with 32% of patients who received an ID consultation. The rate of mortality at 3 months was 63% among patients with Pseudomonas bacteremia infection who did not receive an ID consultation, compared with 32% who did, according to the study. Who were treating these patients without consults? Chimpanzees? I doubt it as they would have better outcomes.

Additionally, the researchers found that patients who received ID consultation were nine times more likely to receive appropriate antibiotics or antifungals, six times more likely to have central lines removed and four times more likely to have echocardiography performed to evaluate patients for endocarditis.

And then I got it! There was the answer buried in the 10th paragraph. The patients with an ID consult also saw a Cardiologist. Just the comfort and knowledge of having a compassionate, caring, knowledgeable consultant on the case must have contributed to the patient's well-being. As well of course, that some number of patients were being correctly diagnosed with endocarditis and appropriately treated. Although the manuscript somehow omitted those numbers. Another vigorously scrutinized study. Who reviewed this, Ann Hornaday from the Washington Post?

It also must be noted that the study was a retrospective chart review subject to much bias. As an example, patients without an ID consult were most likely to be the most seriously ill with a malignancy that may have resulted in more palliative care, hence a predetermined outcome.

So get an ID consult if you must, but don't forget the echo.

Alan G. Wasserman, M.D.

Department of Medicine February 2020 Grand Rounds

FEB 6	<p>Monica L. Lypson, MD, MHPE Professor of Medicine Division Director, General Internal Medicine Vice-Chair, Faculty Affairs <i>Medical Marriages: We Must Focus on Our Relationships as part of Physician Wellness</i></p>
FEB 13	<p>Nehal Mehta, MD, MSCE FAHA Clinical Professor of Medicine National Heart, Lung and Blood Institute <i>Inflammation, Cardiovascular and Cardiometabolic Diseases: 2020</i></p>
FEB 20	<p>Salim Lala, MD Assistant Professor of Surgery Division, Vascular Surgery <i>Vascular Disease</i></p>
FEB 27	<p>Wendy Ellis, DrPH, MPH Project Director, Building Community Resilience The George Washington University <i>Adverse Childhood Experiences and Chronic Disease in Our Patients</i></p>

Cardiology Grand Rounds

5:00 PM, Ross Hall, Room # 227

FEB 5	<i>M&M</i>
FEB 12	<p>David Mendelowitz, MD Professor & Interim Chair, Pharmacology and Physiology & Anesthesiology and Critical Care Medicine <i>Can Intranasal Oxytocin be beneficial in treating Heart Failure</i></p>
FEB 19	<p>Vivek Jain, MD Associate Professor of Medicine Director, GW Sleep Disorder Center Department of Medicine <i>Sleep Apnea and Heart</i></p>
FEB 26	TBD



Resident Lecture Series February 2020 Noon Conference

FEB 3	Dr. Akselrod - Tick Borne Infections
FEB 4	Journal Club - Drs. Aldahri & Ishola
FEB 5	GME Core Lecture
FEB 6	Medicine Grand Rounds
FEB 7	Dr. Lewis - Hypertrophic Cardiomyopathy
FEB 10	Neil Wasserman - Block Chain and Medicine
FEB 11	PSC - Drs. Patel & Khan
FEB 12	Dr. Ghosh - Parkinsons in the Hospital Setting
FEB 13	Medicine Grand Rounds
FEB 14	PSC - Drs. Salva & Marlow/Chairman's Rounds
FEB 17	Holiday
FEB 18	CPC - Drs. Garza & Wilkinson
FEB 19	Dr. Mbuyi - Gout
FEB 20	Medicine Grand Rounds
FEB 21	Chairman's Rounds
FEB 24	Dr. Grewal - Myasthenia gravis
FEB 25	Dr. Cohen - Minimal Change Disease
FEB 26	Dr. Paulson - Thyroid Disease in the Elderly
FEB 27	Medicine Grand Rounds
FEB 28	Dr. Nobakht - Renal Failure & Dialysis

The George Washington University Medical Center (GWUMC) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians. GWUMC designates this continuing medical education activity on an hour-for-hour basis in Category I of the Physician's Recognition Award of the American Medical Association. (AMA).

Medicine Team Contacts

Need to find a Resident on an
inpatient team?

Please use Tiger text to reach the appropriate physician. Go to
gwu.medhub.com/paging; password: GWUPublicCall; Select Internal
Medicine.

Alternatively

GWUH Defining Medicine Intranet: Go to Applications \ Inactive-Non-
Production \ Directory Contact System

GWUH Citrix Portal—<https://gwportal.gwu-hospital.com/vpn/index.html>

MFA URL— <http://192.168.254.132/miTeamWebWA/Home> (Logon) -
<http://192.168.254.132/miTeamWebAL/Home> (View Only)

If you have trouble with your MedHub account, please contact Deborah
Corvalan at dcorvalan@mfa.gwu.edu.

**SMHS & GW MFA Welcome the New Dean and CEO
Barbara L. Bass, MD, RESD '86**



Barbara L. Bass, MD, RESD '86, is the new Vice President for Health Affairs, Dean of the George Washington University (GW) School of Medicine and Health Sciences, and Chief Executive Officer of the GW Medical Faculty Associates (GW MFA).

As Dean Bass said, "I am thrilled to return to GW, where I became a surgeon and began my career in academic surgery. GW is an institution made up of individuals committed to doing the right thing for patients, always."

Her focus will be on the core principals of SMHS and the GW MFA, including: the development of physicians and health care providers who will become future leaders, driving forward scientific discovery, and working with energy and passion to improve the health of the citizens and communities served by GW. Dean Bass will provide strategic direction on all aspects of GW's medical enterprise.

In the coming months, Dean Bass will begin meeting with various groups, departments, and organizations within the SMHS and the GW MFA to get a closer look at the day-to-day workings, which will help define her top priorities and develop a plan for the future.

Please Join Us In Welcoming Our Newest Additions to the Department of Medicine

Sally Balkovic joins the GW MFA as a Doctorate Nurse Practitioner, Division of Gastroenterology.

Sally received her Bachelor of Science Degree in Nursing from the Pennsylvania State University, School of Nursing and her Doctorate of Nursing Practice with concentration in Family Practice at the Robert Morris University. She is Board certified by the American Association of Nurse Practitioners (AANP) and licensed in the District of Columbia.

Julie Kocemba joins the GW MFA as a Certified Nurse Practitioner Division of Endocrinology.

Julie received her BS in Nursing at the Queen's University of Charlotte 2014 and her Masters Degree in Family Nurse Practitioner from Chamberlain University in 2019. She is Board certified by the American Association of Nurse Practitioners (AANP) and licensed in the State of Virginia and District of Columbia.

Prior to joining the MFA, Julie practiced as a Registered Nurse for five years with the last four years being at Suburban Hospital Emergency Department/Trauma Center.

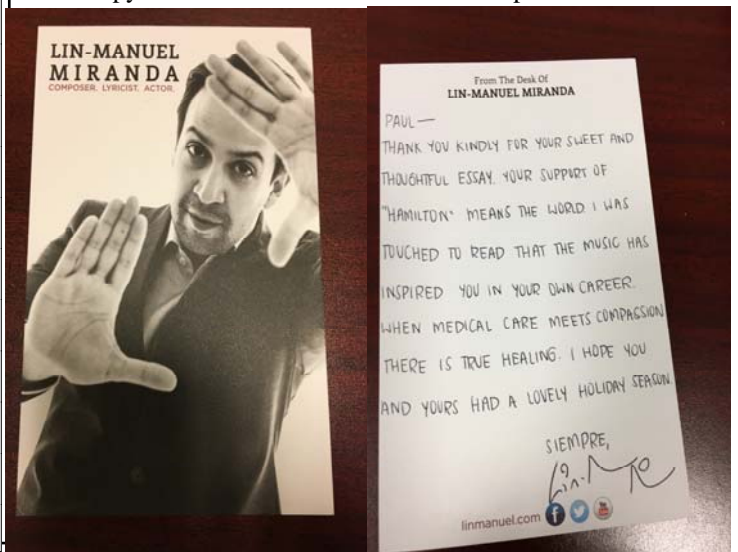
Moazma Shahid is a certified Nurse Practitioner at The GW Medical Faculty Associates (MFA), Department of Medicine, Division of General Internal Medicine.

Moazma received her Bachelor's Degree in Nursing from Chamberlain college of Nursing, 2014 and a Master of Science in Nursing, 2019 – Family Nurse Practitioner. She is board certified by the American College of Nurse Practitioners (AANP) and licensed in the state of Virginia and the District of Columbia.

Prior to joining The GW Medical Faculty Associates, Moazma started her career in the Inova Hospital's Cardiac Unit. She then transitioned her profession towards Kaiser Permanente as a Registered Nurse in the Skin Cancer Surgery and Internal Medicine Department. She spent majority of her time in the high-volume Internal Medicine Department caring for acute and chronic-care patients.

Paul Silver, MD.....WOW!!!

Dr. Silver wrote an essay last year for Cuentos relating how lyrics from Hamilton might inform medical practice and education. He sent a copy to Lin-Manuel Mirandahis response is below.



**Chairman's Rounds
GWU Hospital Auditorium, 12:00
All Faculty Invited to Attend**

FEB 14 Drs. Czeresnia & Khalid

FEB 21 Drs. Yue & Dickinson

Rheumatology Academic Conference Schedule February 2020

2300 M Street, N.W., Suite 3-332
8AM—11:30 AM
Questions: Call (202) 741-2488

- FEB 5: 8:00 AM Intracity Grand Rounds— WHC**
- FEB 5: 10:30AM Signout Rounds**
Drs. Chand, Almackenzie and Aggarwal
- FEB 13: 8:30 AM Journal Club**
Dr. Chand and Dr. Almackenzie
- FEB 13: 9:30 AM Research Project Update**
Drs. Chand, Almackenzie and Aggarwal
- FEB 13: 10:30 AM Clinical Case Conference and Signout**
Drs. Chand, Almackenzie and Aggarwal
- FEB 20: 8:30 AM Update in CoronaVirus (2019-nCoV)**
Hana Akselrod, MD
- FEB 20: 9:30 AM Patient Safety Conference**
Adam Kilian, MD
- FEB 20: 10:30 AM Clinical Case Conference and Signout**
Drs. Chand, Almackenzie and Aggarwal
- FEB 27: 8:30 AM Intracity Grand Rounds - NIH**
- FEB 27: 9:30 AM Division Meeting - All**
- FEB 27: 10:30 AM Clinical Case Conference and Signout**
Drs. Chand, Almackenzie and Aggarwal

Kudos, Congratulations, Commiserations & Goodbyes

Goodbye....Dr. Michael Irwig, left us for a prestigious job as Director of Transgender Medicine at Brigham.....we wish him well.

Farewell.....Dr. Joshua Cohen retired from the GW MFA on January 31, 2020.....Thank you for your years of service.

Kudos.....Dr. Richard Simons was selected by the ACP Awards Committee for Fellowship of the Royal College of Physicians (RCP).

Congratulations.....Chase and Meghan Houghton, who welcomed their 6 lbs. 4oz daughter, Piper Francis Houghton to the world at 6:34PM on January 7, 2020.

Commiserations.....A memorial service was held on January 16, 2020 at the National Cathedral for the wife of Dr. Samuel Spagnolo, The Honorable Dorcas R. Hardy. She served as the 10th Commissioner of the United States Social Security Administration (SSA) from 1986 to 1989. She was the first woman to serve as SSA Commissioner.

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