A retreat-like workshop designed to improve the quality of care that clinicians provide while improving their own resilience and well-being. It offers an experiential learning environment, with a focus on developing the capacity for self-awareness in stressful and demanding situations.

Designed for medical practitioners (physicians, NP's, PA's) and others involved in medical practice and education. No prior experience is required, however, experience with meditation or other contemplative practices is desirable.

Session themes include communication with patients/families, responding to suffering, difficult decisions, errors, professionalism, medical education, compassion, self-care, resilience and burnout.

Course Directors: Ronald Epstein, MD & Mick Krasner, MD

Mindful Practice: Enhancing Quality of Care, Quality of Caring and Resilience

WHEN
Wednesday, October 14, 2015 3:00 PM
thru
Saturday, October 17, 2015 2:30 PM

WHERE
Chapin Mill Retreat Center
8603 Seven Springs Road, Batavia, New York 14020

Additional Program Details and Online Registration