The Art of PRESENCE
10th Annual
Healthcare Renewal Retreat
in Assisi, Italy
August 13-19, 2015

Facilitated by:

Christina Puchalski, M.D.FACP,FAAHPM
Physician, Educator and Leader in spirituality and health

Michael Stillwater
Musical Artist and Educator

Doris Laesser Stillwater, Dipl. Psych. FH
Contemplative Psychologist

Edward O’Donnell, MA
Spiritual Director and Educator

Participants will do individual and group work on the following topics and learn practical tools for integrating them into their personal and professional lives:

Awareness of the Call
Relieving stress and understanding/renewing call to service

Awareness of the Sacred
Ability to integrate contemplative practices in their lives

Boundaries and Intimacy
Practice attentive listening and setting boundaries in patient care

Compassionate Presence
Ability to practice compassionate presence

Attending to Patient Spiritual Needs
Integration of spiritual care in the clinical setting

Keeping the Call Alive
Plan to integrate learnings from retreat in one’s profession

Health professionals and providers from many disciplines involved in caring for patients and families, from all faiths, beliefs, and cultures are invited to participate in an interdisciplinary retreat designed to provide respite and renewal, reflection and nourishment, and to re-ignite one’s original call to serve others.

Retreat leaders act as guides, drawing from their medical, psychological, spiritual, and artistic backgrounds to provide a learning and healing environment integrating spirit, heart, mind, and body.

The retreat will be held at a monastery in the heart of Assisi, providing sanctuary and a place of reflection with other professionals from around the world.

Physician CMEs and nursing CEUs are available through The George Washington University.

For more information and registration, visit www.gwish.org or call (202) 994-6220.