

THE ART OF PRESENCE

9th Annual Healthcare Renewal Retreat

in Assisi, Italy

August 14-20, 2014

Facilitated by:

Christina Puchalski, M.D.

Physician, Educator and Leader
in spirituality and health

Michael Stillwater

Musical Artist and Educator

Doris Laesser Stillwater, Dipl. Psych. FH

Contemplative Psychologist

Edward O'Donnell

Spiritual Director and Educator

Participants will do individual and group work on the following topics and learn practical tools for integrating them into their personal and professional lives:

Awareness of the Call

Relieving stress and understanding/renewing call to service

Awareness of the Sacred

Ability to integrate contemplative practices in their lives

Boundaries and Intimacy

Practice attentive listening and setting boundaries in patient care

Compassionate Presence

Ability to practice compassionate presence

Attending to Patient Spiritual Needs

Integration of spiritual care in the clinical setting

Keeping the Call Alive

Plan to integrate learnings from retreat in one's profession



photo by Uwe Buehler

Health professionals and providers from many disciplines involved in caring for patients and families, from all faiths, beliefs, and cultures are invited to participate in an interdisciplinary retreat designed to provide respite and renewal, reflection and nourishment, and to re-ignite one's original call to serve others.

Retreat leaders act as guides, drawing from their medical, psychological, spiritual, and artistic backgrounds to provide a learning and healing environment integrating spirit, heart, mind, and body.

The retreat will be held at a monastery in the heart of Assisi, providing sanctuary and a place of reflection with other professionals from around the world.

Physician CMEs and nursing CEUs are available through The George Washington University.

For more information and registration, visit **www.gwish.org** or call **(202) 994-6220**.

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