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Dissemination and Implementation of Survivorship Care Plans: *Benefits, Challenges and Future*

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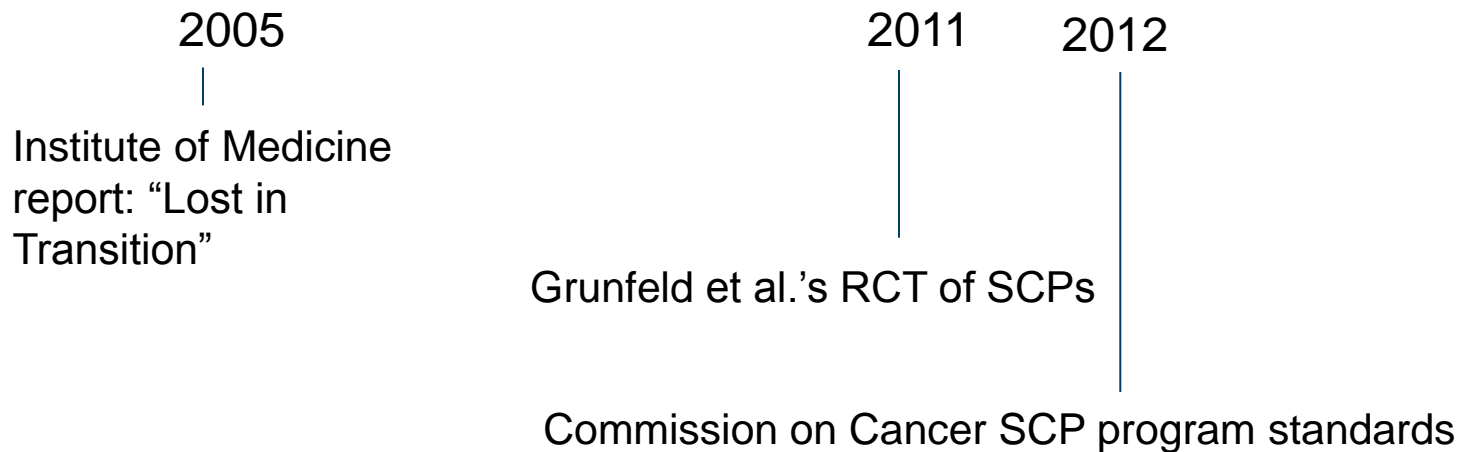


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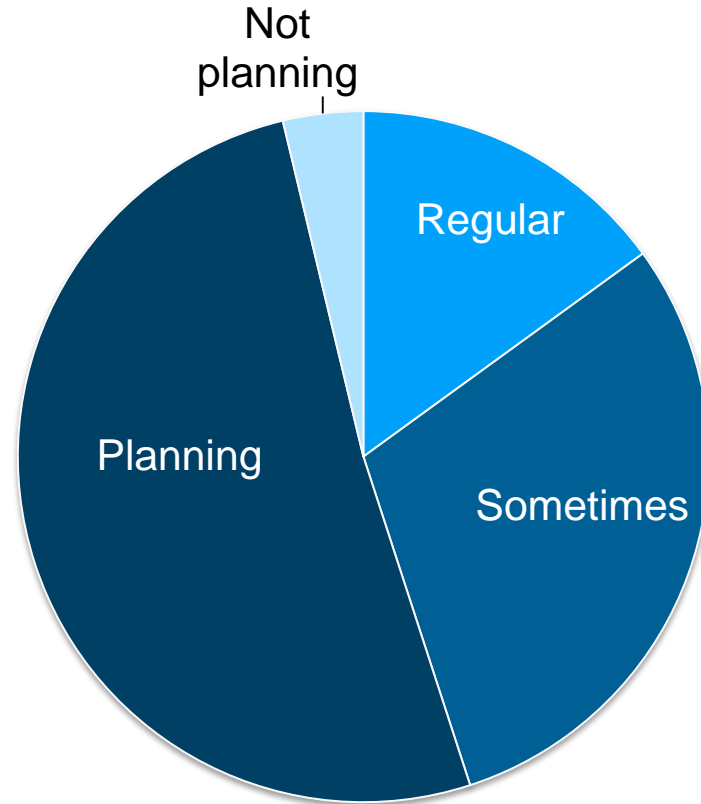
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A brief history of survivorship care plans (SCPs)



SCP use in 2013

Which of the following best describes SCP use in your cancer program?



Determinants of SCP use

Organizational

Reimbursement
Requirements (e.g., Commission on Cancer)
Electronic health records
Time
Staff
Training
Survivor demand
Rural location

Individual

Training in late & long-term effects of cancer
Beliefs about the benefits of SCP use
Competing time demands
Colleagues' advocacy



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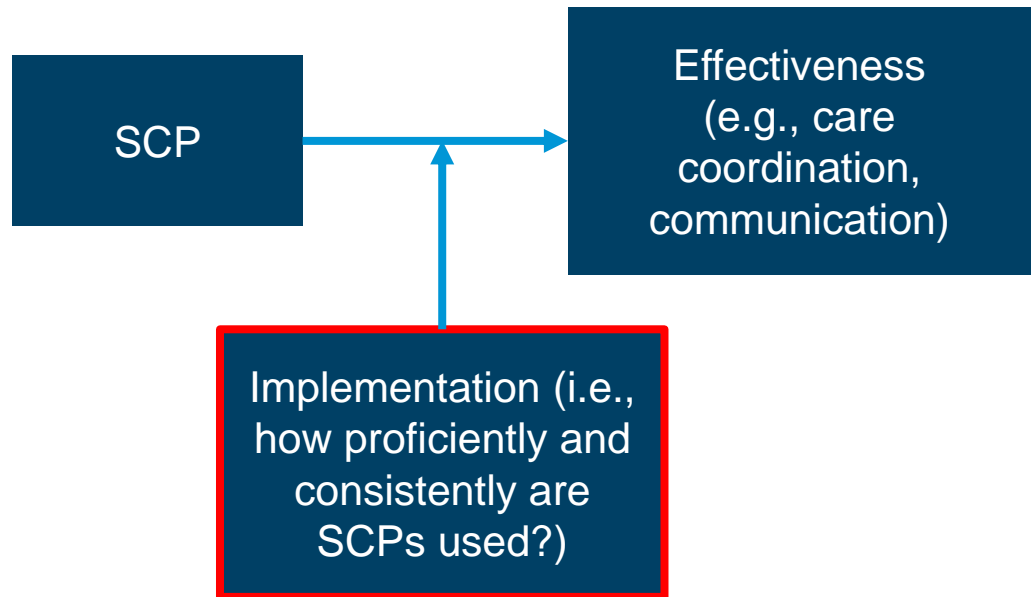
Current challenges and future directions

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E D I T O R I A L

Avoiding Implementation Errors in Cancer Survivorship Care Plan Effectiveness Studies

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See accompanying article doi:10.1200/JCO.2014.60.3399



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Survivorship Care Planning: *Standards, Resources and Delivery*

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Standards for SCP Delivery

- Commission on Cancer (CoC)
 - Phased in implementation: 25% in 2016
 - Survivors treated with curative intent
- National Accreditation Program for Breast Centers (NAPBC)
 - Requiring delivery to 100% in 2016
 - Delivered within 6 months from end of treatment, 1 year from diagnosis
 - 18 months for those receiving Herceptin
 - Not required for those diagnosed with Stage IV, consider providing summary of treatment and possible effects to patient and primary care provider (PCP)



Survivorship Care Plan Requirements

- Treatment summary
 - American Society of Clinical Oncology (ASCO) data elements
- Follow up plan
 - Surveillance, screening recommendations
 - Possible late and long-term effects including sexual & psychological
 - Referral for services (rehabilitation, financial counseling, smoking cessation, etc.)
 - Recommendations for lifestyle changes and health maintenance
- Provide SCP to survivor, treatment team, PCP



Resources for Survivorship Care Planning

- Templates
 - ASCO
 - Journey Forward
 - Electronic Medical Record
- Software
- Guidelines
 - National Comprehensive Cancer Network (NCCN)
 - American Cancer Society (ACS)



Delivery of SCPs

- Delivery > Document
- Comprehensive educational and clinical visit to ensure survivor understanding and maximize effectiveness of plan
- Providers utilize SCP for care coordination
- Next steps: Follow up on outcomes



Resources

- **CoC Standard:** <https://www.facs.org/publications/Newsletters/coc-source/special-source/standard33>
- **NAPBC Standard:** <https://www.facs.org/~media/files/quality%20programs/napbc/2014%20napbc%20standards%20manual.ashx#page=59>
- **Comparison of CoC and NAPBC standards:** https://www.ons.org/sites/default/files/Comparison_CoC_NAPBC_SurvivorshipStandards.pdf
- **ASCO Template:** <http://www.cancer.net/survivorship/follow-care-after-cancer-treatment/asco-cancer-treatment-and-survivorship-care-plans>
- **Journey Forward:** <http://www.journeyforward.org/>
- **NCCN Guidelines:** http://www.nccn.org/professionals/physician_gls/f_guidelines.asp#supportive
- **ACS Guidelines:** <http://www.cancer.org/treatment/survivorshipduringandaftertreatment/nationalcancersurvivorshpresourcecenter/toolsforhealthcareprofessionals/index>



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The Importance of Survivorship Care Plans: *A Survivor's Perspective*

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Patient Advocate

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Potential Late Effects

Treatment	Effect
Mastectomy	Numbness/tightness in chest, arm, or armpit
Removal of lymph nodes	Lymphedema
Chemotherapy: Adriamycin	Congestive heart failure
Chemotherapy: Methotrexate	Abnormal liver function/liver failure; problems with thinking, learning, memory
Other Late Effects	
Second Primary Cancer	
Cancer Recurrence	



Components of a Survivorship Care Plan

- Treatment Summary
 - Details of Cancer Diagnosis
 - Diagnosis date
 - Type of cancer
 - Location
 - Stage
 - Histology
 - Providers/treatment facilities contact information
 - Treatments administered



Components of a Survivorship Care Plan, Continued

- Follow-up Care Plan
 - Specific recommendations for ongoing care
 - Schedule of visits with oncology specialist
 - Surveillance testing for recurrence
 - Identify and manage long-term and late effects
 - Health promotional strategies

*Source: Memorial Sloan Kettering Cancer Center,
www.mskcc.org/referring-physicians/survivorship/survivorship-care-plan*



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Online Resources for Survivorship Planning

American Society of Clinical Oncology

[Care plan templates, guidelines for breast and colorectal cancer follow-up](#)

Journey Forward

[Tool for developing care plans based on ASCO recommendations](#)

National Coalition for Cancer Survivorship

[Information for developing care plans](#)

National Comprehensive Cancer Network

[Disease-specific treatment follow-up guidelines](#)

Registration is required, but access to these guidelines is free.

Live**Strong** Care Plan

[Patients can develop their own care plan to be reviewed by their healthcare team](#)

Powered by Penn Medicine's OncoLink

Memorial Sloan Kettering Cancer Center

[Treatment summary and care plan](#)

*Modified from Memorial Sloan Kettering Cancer Center,
<https://www.mskcc.org/referring-physicians/survivorship/survivorship-care-plan>*



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Thank you!

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