Medical School Timeline for the HPSP Student

• MSI and MSII Year
• MSIII and MSIV Year

by Remigio Flor, 2LT, USAR, MSC
GWU SMHS, Class of 2015
Updated June 2013
**General Medical School Timeline for the HPSP Student**

- **MSI**: Study, MMSA, Networking
- **MSII**: Step 1
- **MSIII**: MSIII Orientation
- **MSIV**: July-Oct: Participate in Away Rotations
- **M.D.**: Aug: Residency Interviews
- **Step 1**: Dec-Jan: Contact Desired Away Rotation Sites
- **Step 2**: Oct: Apply for Match
- **March**: Civilian Residency Match
- **Dec**: Military Residency Match
- **June-July**: Basic Officer Training
- **July-Oct**: Participate in Away Rotations
1st and 2nd Year

1) Study and Network
2) Reimbursements
3) Basic Training for Officers
1st and 2nd Year: Study & Network

- Get Good Grades & Explore Your Interests

- Begin Networking
  - Join the Military in Medicine Student Association (MMSA)
  - Participate in MMSA Events
  - Get to Know Fellow HPSP Students
  - Go to the Specialty Night at Walter Reed (see below)
  - Try to get a Military CAP
    - Contact Dr. Adam Possner (apossner@mfa.gwu.edu)

- Military Specialty Night at Walter Reed National Military Medical Center
  - In November, the Military Residency Program Directors from the GME selection board host a student specialty night to put them in contact with HPSP students from around the country who are interested in their specialties.
  - Great networking event and one of the best places to ask questions and get points of contact
  - Attend in formal military attire.

- Research may be done during the summer after MSI. Preferably should be done with a military physician/researcher.
  - Same experience can be used during MSIII and MSIV

- MAIN GOAL: BE A GREAT STUDENT!
1st and 2nd Year: Reimbursements

• The Military Will Reimburse:
  • Your Health Insurance
  • Any Required Equipment
  • Any Required Books

• Save Your Receipts

• If the Book is Not Listed on the Syllabus, the Professor Will Write a Letter With Their Requirements
1st and 2nd Year: Basic Training

- **Best Time to Go:**
  - Summer before Start of Medical school
  - or Summer After 1st Year (more common)

- **Dates Are Available Online September-October on the Air Force, Army, or Navy HPSP Website**

- **Stay Up To Date on the Basic Training Application Process**
  - Email HPSP Department
  - Speak to your assigned HPSP advisor (branch specific)
MSIII and MSIV Year

1) MSIII Year Rotations
2) MSIV Away Rotations
3) Interviews
4) The Match
MSIII Year Rotations

• If You Are Able to Work with a Military CAP, Try to Work with them for Primary Care or Use Them as a Resource

• Try and Work with the Military Team at the VA During Your Internal Medicine Month

• Letters of Recommendation From Military Physicians Carry More “Weight” in the Application Process
**MSIV Away Rotations**

- **Recommendation:**
  - **Do Your Away Rotations Early in MSIV Year**
    - Rotations serve as “extended interviews” for residency and are great resources for Letters of Recommendation.

- During Dec-Jan of MSIII Year, apply to Away Rotations to the Military Hospitals of you choice.
  - Contact the medical student coordinator specific to your desired site no later than the January before the MSIV year.
  - Contact information should be available through the hospital’s website or via your branch specific HPSP advisor.
  - Ideally it should be done at a site that is of choice for residency. Although this is not critical for match.

- Step 2 should be taken after MSIII Year ends and begin Away Rotation
Residency Interviews

• Mock Interviews (Highly Recommended)
  • June & July

• Actual Interviews in August
The Match

- Military Residency Match in Mid-December
- Apply through ERAS
- Final Application and Rank List Due **Mid-October**
- Deferring and Civilian Programs
- Meet with Dean Advisor and MMSA Advisor (Dr. Lough) early in MSIV Year
  - Discuss Application to Programs
Important Points of Contact

**Military in Medicine Faculty Leader/Advisor**
Dr. Fred Lough: rangr70@aol.com
Office Number: (202) 775-9371
Office Fax: (202) 775-1599

**Military in Medicine Dean Emeritus**
Dr. Richard Southby: Southby@gwu.edu

**2012-2013 Military in Medicine Student Association Leaders**
Remy Flor: rflor@gwu.edu
Sarah Zader: sarahzader@gmail.com

**Branch Specific HPSP Contacts**

Air Force HPSP Office: arpc.dpaah@arpc.denver.af.mil
Army HPSP Office: GME@AMEDD.ARMY.MIL
Navy HPSP Office: OH@med.navy.mil
Important Resources

- **Air Force**

- **Army**
  - Army HPSP Website: [http://www.goarmy.com/amedd/education/hpsp.html](http://www.goarmy.com/amedd/education/hpsp.html)

- **Navy**
Special Thanks

- Dr. Frederick Lough, COL, USA, MC
  - (MMSA Faculty Leader/Advisor)
- Dr. Allison Bush, ENS, USN, MC
  - (GWU SMHS Class of 2013)
- Veronica Murciano
- Sarah Zader, 2LT, USAF, MC
  - (GWU SMHS Class of 2015)

For further and more detailed information please refer to “The Health Professions Scholarship Program: A Guide for HPSP Students at GW” by Dr. Allison Bush. The content in this presentation was derived from here and a number of other sources including the HPSP websites, and through the generous guidance of Dr. Lough.