



**THE GEORGE  
WASHINGTON  
UNIVERSITY**  
WASHINGTON, DC

**Responsible University Official:**  
Associate Dean for Student Affairs  
**Responsible Office:** Office of Student  
Affairs, SMHS  
**Most Recent Revision:**  
**10/23**

## **RESOURCES FOR STUDENTS NEEDING ACADEMIC, PERSONAL, OR MENTAL HEALTH COUNSELING**

### **Policy Statement**

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All students at the GW School of Medicine and Health Sciences can receive CONFIDENTIAL assistance for academic, personal, or mental health issues through the various resources listed below. Many of these services are FREE or provided at very low cost, and referral to low cost

#### **Academic Counseling and Support:**

Students who need assistance adjusting to the academic demands of medical school can seek a broad range of individualized, group, or on-line assistance through the following resources:

- SMHS Office of Student Support: 112B Ross Hall 202-994-2818, smhsstudents@wu.edu
- University Office of Disability Support Services: Rome Hall, 801 22<sup>nd</sup> Street, Suite 102, **202-944-8250**, <http://gwired.gwu.edu/dss/students/services>
- Dean Rhonda Goldberg: , 7<sup>th</sup> Floor Ross Hall, 708D, **202-994-3176**

#### **Mental Health or Personal Counseling and Support:**

Students who need assistance with personal or mental health concerns can receive CONFIDENTIAL assistance through one of the following resources :

- Counseling and Psychological Services (CAPS):  
All students, regardless of their insurance plan, can seek personal counseling from the University Counseling and Psychological Services (CAPS) team. Emergency counseling services are offered 24/7 for students in crisis, and these services can be reached by calling a CAPS team member. CAPS is located on the University Student Center, Ground Floor, 800 21<sup>st</sup> Street NW 202-994-5300. Walk ins welcome between 12-4 Appointments available  
Counselor-on-Call: There is a CONFIDENTIAL counselor-on-call from CAPS 24/7. You can reach the counselor by calling the center at **202-994-5300**
- Student Health Center Psychiatric Services (SHC):  
All students, regardless of their insurance plan, can seek psychiatric services from The Student Health Center (SHC), which provides short-term psychiatric treatment and referral services to GW students. The SHC Psychiatric Services is staffed by four psychiatrists, one full-time, and three part-time. Psychiatric services are provided primarily by telemedicine. SHC located on the University Student Center, Ground Floor, 800 21<sup>st</sup> Street NW, **202-994-1621**. <https://healthcenter.gwu.edu/psychiatric-services>

- **The SMHS Resiliency and Well-Being Center:**  
The R&WC provides whole person care and education at all levels of the GW medical enterprise. The R&WC actively partners with OSS to support the wellbeing of GW-SMHS students in the following formats: Lectures, Workshops, Safe Spaces, and Emergency triage of acute mental health issues. The R&WC is located 2600 Virginia Ave NW 202-994-2502. Students can contact the R&WC via email [rwg@gwu.edu](mailto:rwg@gwu.edu), or by filling out a [consultation request form](#)
- **Dean Rhonda Goldberg:** SMHS Student Affairs Office, 7<sup>th</sup> Floor Ross Hall, **202- 994-3176**.  
Dean Goldberg can provide CONFIDENTIAL assistance and referral to University resources. Dean Goldberg is NOT involved in student evaluation or the preparation of your Medical Student Performance Evaluation (MSPE, aka Dean's Letter).
- ***Crisis Hotlines, 24/7:***
  - ***GW Counselor-on-Call: 202-994-5300***
  - ***USA National Suicide Hotline: 1-800-SUICIDE or 1-800-273-TALK***
  - ***Washington, DC Crisis Helpline: 1-888-793-4357***

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## **Who Needs to Know**

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Faculty and students

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## **Contacts**

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Office of Student Affairs      202-994-2202

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